

CEL MEDIA REQUEST FORM

Four (4) videos is the maximum allowance per order*

Date: _____

Contact: _____

County Department/Agency: _____

Phone # () _____ - _____

Email address _____

Tapes Requested

Alternate Tapes

UPS Mailing Address: _____

*All videos must be returned within 10 working days upon receipt.

Forward the completed form to the CEL Video Library Coordinator

Fax: 856-552-4741

Phone: 856-552-4900

E-mail: afelip@jamontgomery.com

**Address: *CEL Media Library c/o J.A. Montgomery Risk Control*
40 Lake Center Executive Park, 401 Rt. 73 North,
Suite 300, PO Box 177, Marlton, NJ 08053**

MEL MEDIA LIBRARY CATALOG

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Also available as separate listing

*** Police Department ***
In-The-Line-Of-Duty Video Series
available as separate listing

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
ACCIDENT AWARENESS			
100 <i>DVD</i>	“The First Step” - DVD This is the story about how one wrong action can change your life forever. Candace Carnahan, a young college student, worked summers at a paper mill in her home town. She had worked at the mill for three years and was comfortable with the work and familiar with the environment; so familiar that she thought nothing of taking an often used shortcut – stepping over a conveyer system that ran at floor level. Her story will help your employees realize that the first step to not being injured is knowing that you can be injured.	5:00	General Audience
101 <i>DVD</i>	“It Only Takes A Second II” - DVD This video features footage of mistakes and bad choices we often make. Viewers won't forget the powerful accident re enactments and dramatic consequences illustrated in this motivational video. It's a great meeting opener for any safety topic! This program makes you think safety.	4:00	General Audience
102 <i>Avail. in DVD & VHS</i>	“Pedestrian Safety In Industry” Employees can easily recognize the hazards associated with material handling, welding, machine operation, electrical work and other dangerous job tasks, but they tend to overlook more common hazards. These employees all share a common job title: pedestrian. More than 25 million workers suffer some type of injury while walking at work each year. This video shows employees the precautions they must take to avoid incidents while walking. Topics include: <ul style="list-style-type: none"> • Awareness of walking hazards • Workplace signs • Slips and falls • Walking around material handling equipment • Overhead hazards • Traveling through parking lots 	17:00	General Audience
103 <i>DVD</i>	“Field Operations Safety for Public Works & Construction” - DVD As public employees and contractors working for public agencies, we perform many jobs that generally go unnoticed, but are a great benefit to the public by virtue of a safe and reliable water supply, well maintained roadways, and other portions of the public infrastructure. Topics included in this safety video are: supervisors, employees, training, job safety analysis, pre-job planning for safety, traffic control, personal protective equipment (PPE), locations, preventing the most common injuries, digging, heat illness, heat stroke, trenching, confined space entry, back injury prevention, housekeeping, fall prevention, fire prevention, and equipment.	24:00	Public Works Employees
104 <i>DVD</i>	“Stored Energy: The Hidden Hazard” - DVD Many items in our workplace present a hidden hazard. We're talking about the sheer weight or the potential energy of things such as loaded pallets, heavy equipment, doors and cables. When these things move or fall, they release that stored energy and create deadly hazards. This video featuring dramatic reenactments of stored energy mishaps, increases our awareness of stored energy hazards and helps us become more observant of them in our surroundings.	18:00	Public Works; Utilities; Maintenance Personnel

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Tape #	Title/Description	Length	Audience
160	“The Importance of Safety” One should be proud of a safe workplace. The basic safety responsibilities every employee should be responsible for are reviewed.	10:00	General Audience
161	“Pro-Active Safety: The Self-Inspection” Teach employees how to stay safe and healthy by showing them how to keep an eye out for danger signals on the job.	15:00	Supervisors; Management
162	“Human Aspects of Safety: How to Prevent Accidents” The majority of accidents in the workplace or in the home are caused by the unsafe acts of people. This video explores how attitude, awareness, and other aspects of human behavior affect safety and accident prevention.	11:00	General Audience
163	“Cause and Avoidance of Accidents” This video looks at the causes of accidents and how management can develop an "accident avoidance" system. Video is designed for employees to show how their unsafe acts are the cause of most accidents and how they can reduce accidents. Supervisors should see this program for better safety performance results.	15:00	General Audience; Supervisors; Management
164	“What is Carelessness?” Everyone has a tendency to blame most accidents on carelessness, which is really a meaningless term when you're trying to determine the cause of any accident. This program identifies the more common misconceptions about the word "carelessness" and stress the cause(s) of many accidents wrongly identified as carelessness.	5:00	General Audience
165	“Accident Causes and Prevention” (Digital) The Insurance Industry, Governmental agencies, and the National Safety Council have analyzed employee accident investigations over the years and have determined that the overwhelming cause of most industrial accidents and injuries can be attributed to the unsafe acts of employees. Topics included in this safety video are: the definition of “contribute to an accident,” unsafe acts, box cutters, personal protective equipment, forklifts, running at work, “fault,” accident prevention, written documentation, and safety counseling.	11:30	General Audience
166 <i>Avail. in DVD & VHS</i>	“Safety the Good Fight” This video tells tragic story of Patrick Hayes, a young man killed in an avoidable on-the-job accident. Interviews with his family drive home the importance of on-the-job safety.	15:00	General Audience
167	“Accidents: It Can’t Happen To Me” Depicts how accidents are caused and prevention. Emphasis on unsafe acts of employees and their responsibility for injury prevention.	9:00	General Audience
168	“Recognizing Hazards” Training with this dynamic video provides your workers with the observation techniques needed to identify hazards before an incident occurs.	5:00	General Audience
169	“Prevention of Most Common Accidents” This video stresses that for safety to work, management must set a positive example. Examples of safety policies are reviewed.	10:00	General Audience

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Tape #	Title/Description	Length	Audience
170	<p>“Accident Causes and Prevention (2nd Addition)” (AIMS) Identifying risk-producing behaviors can reduce the chance of injury. The program illustrates warning signs that staff and supervisors should be alert to, and encourages workers to look out for one another.</p>	16:00	General Audience
2401 DVD	<p>“Housekeeping and Accident Prevention” - DVD Train employees to keep their workplace clean and safe, and encourage good habits and practices. <u>Topics covered include:</u></p> <ul style="list-style-type: none"> • Clean, accessible, well-lit exits, aisles & stairs • Using tools: choosing, inspecting, storing correctly, importance of lock-out/tag-out • Material storage and handling: best shelves, aisles and lighting for storage areas, care in lifting • Hazardous substances: labels and MSDS, PPE, safe storage/disposal 	13:00	General Audience
4305 DVD	<p>“Developing a Positive Safety Culture” - DVD This video discusses the benefits of developing a positive safety culture including fewer accidents and injuries, improved morale, increased productivity, and better public relations. In addition, methods for establishing a strong culture by communicating with staff, supporting safety items in the budget, setting a good example, holding staff accountable, and implementing cost allocations systems are reviewed.</p>	20:14	Supervisors; Management

ACCIDENT INVESTIGATION

200 DVD	<p>“Accident Investigation” - DVD "Accidents will happen". We have all heard that statement before. In spite of our best efforts, things occasionally do go wrong. While many accidents seem to happen for obvious reasons, there may be things that contribute to an accident which are not always apparent. That is why it is vital to conduct a thorough Accident Investigation. This video shows employees steps in an Accident Investigation, and highlights how important it is for employees to fully cooperate with any inquiry. It also points out that while an investigation's focus is to determine the cause of an accident, the overall goal is to prevent similar accidents. <u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • The goals of an accident investigation. • Securing an accident scene. • “Root-cause” analysis. • The importance of investigative interviews. • Assisting in an accident investigation. • The importance of warning signs in accident. - Reporting “near misses”. • The role of policies, equipment and training on accident prevention. 	13:00	Safety Committee; Supervisors; Management
260 CC	<p>“Incident Reporting - You Can Save A Life” Using an ‘It’s A Wonderful Life’ theme, this video teaches workers the importance of following acceptable safety standards, controlling hazards and reporting unsafe work conditions-before incidents become accidents.</p>	16:00	General Audience
261	<p>“How to Investigate an Accident” Teaches supervisors the basics of accident investigation, the important points to consider when developing facts for an accident report. Goes through a scenario of an accident investigation.</p>	13:00	Supervisors; Management

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Tape #	Title/Description	Length	Audience
262	<p>“Supervisors Guide to Accident Investigation” Explains the importance of accident investigation reports and offers tips on investigation fact finding techniques. Demonstrates the incorrect manner to conduct an employee interview after an accident, and provides human behavior tips.</p>	12:00	Supervisors; Management
263 CC	<p>“Accident Investigation - The Accident: What to Do” This video reviews the basic steps for investigating an accident effectively. This is the key to making sure the same accidents don't happen again!</p>	14:00	General Audience
264 CC	<p>“Accident Investigation: Coaching Safety Performance” This program discusses unsafe working conditions and will help workers explore creative solutions that prevent future accidents.</p> <ul style="list-style-type: none"> • Gathering facts and information • Evaluating accidents • Writing accident reports 	19:00	General Audience

AMERICANS WITH DISABILITIES ACT

300 <i>(2 Tape Series)</i> CC	<p>“ADA: A Tool to Work With” & “ADA: Making It Work For You” <i>(Two Tape Series)</i></p> <p>A Tool to Work With: This program was designed to give supervisors a working knowledge of how the ADA effects the workplace and employees. Topics of discussion include: How the ADA affects your job and specific guidelines set by the ADA.</p> <p>Making it Work For You: Explains what is considered a handicap under the ADA laws, job functions and qualifications for disabled persons and what can be done to help disabled persons adapt to their job.</p>	21:00 21:00	General Audience; Supervisors; Management
301 New 2013 DVD	<p>“ADA & Disability Law” - DVD</p> <p>This video gives you practical, step-by-step guidelines for complying with the Americans with Disabilities Act (ADA). It also helps train your managers to overcome stereotypes so they can interview and hire disabled individuals without bias or discrimination. Managers learn how to supervise disabled employees and develop reasonable accommodations that fit both the individual and the job.</p> <p>Key learning points include:</p> <ul style="list-style-type: none"> • Defining disability. • Legal obligations and procedures. • Who's covered. • Medical issues and exams. • Job descriptions and essential job functions. • Proper documentation. • Hiring and supervision. <p>Employees with disabilities generally have lower absenteeism and accident rates than other employees. They tend to be rated "good" to "excellent" in job performance. An openness to hiring such employees helps you meet legal requirements and expands your employee base to include potentially valuable individuals.</p>	36:00	Supervisors; Management

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Tape #	Title/Description	Length	Audience
3504 CD-ROM	<p>“Planning Accessible SAFE Playgrounds Using the Americans With Disabilities Act” - CD-ROM</p> <p><i>This program is not a video and has no sound track. It is in the format of a Power Point Presentation. It contains important information for playground administrators, planners or those responsible for preparing specifications for future playgrounds. It can be used in conjunction with the listed reference materials to inform meeting participants of crucial information. Some of the information is very detailed and may require presentation by a knowledgeable person, such as a CPSI to be most beneficial.</i></p> <p>This is a self-paced pictorial guide covering all the elements of the Americans with Disabilities Act (ADA) requirements. It is useful for designers, planners, installers, and anyone interested in planning a safe, accessible playground. It offers a clear explanation of the ADA standards for playgrounds.</p> <p><u>The following parts have been outlined in this CD-ROM:</u></p> <p>Part 1: Understanding the Americans with Disabilities Act Part 2: Common Definitions that are Used in the Guidelines Part 3: Designing Inclusive Play Areas for all Children Part 4: Additional Technical Requirements for Play Areas Part 5: Future Directions and Reference List</p>	Instructor Lead	Parks & Rec.; Schools; Management

ASBESTOS AWARENESS

400 DVD	<p>“Asbestos Awareness” - DVD</p> <p>Comply with 29 CFR 1910.1001. Many construction workers & maintenance people come in contact with asbestos.</p> <p><u>This video reviews the following topics:</u></p> <ul style="list-style-type: none"> • Hazards of asbestos. • OSHA's Asbestos Standard. • Composition and nature of asbestos. • Types of materials that may contain asbestos, and where they are encountered. • How to protect yourself when disturbing a material that may contain asbestos. • Air monitoring and decontamination. 	14:00	Vehicle; Maintenance Personnel; Employees working with Asbestos
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Tape #	Title/Description	Length	Audience
401 DVD	<p>“Cutting/Milling Asbestos Cement Pipe” - DVD</p> <p>Asbestos containing materials hidden within existing products have been in use for thousands of years. Asbestos has been used for many products such as fire proofing, pipe insulation, theatre curtains, siding, roofing, gaskets and packing, water and sewer pipe, and more. In water and waste water applications, asbestos cement pipe may contain as much as 20% asbestos or more which is used as re-enforcement for the pipe, much in the same way steel is used to re-enforce concrete in bridges and buildings. However, we must understand that the cement used in the pipe can degrade over time therefore increasing the risk of fiber release. The types of asbestos used are both the serpentine (Chrysotile) and amphibole (Amosite and Crocidolite).</p> <p>Topics included in this safety video are: employer responsibilities, physical characteristics, health effects, important regulations, personal protective equipment (PPE), planning, pipe removal, pipe cutting, field lathes, wet tapping, dry tapping, abrasive disk tools and saws, housekeeping and waste disposal, and unacceptable work practices for asbestos cement pipe.</p>	19:00	Utilities; Public Works; Supervisors
460	<p>“Asbestos: Managing Problems, Addressing Concerns”</p> <p>Over the years, with more stringent regulations in place concerning the use of asbestos and greater awareness of the health effects of the materials, many buildings with asbestos problems were simply abandoned. These buildings still present a threat due to large amounts of asbestos containing materials. Using examples from around the country, this video illustrates the containment process used to prevent the spread of the asbestos during abatement, techniques used to clean and reuse the water necessary for removal operations, and strategies for working with the local communities to increase communication between all the concerned parties.</p>	12:30	Employees working with Asbestos; Supervisors
2263	<p>“Brake Washer Training”</p> <p>Discusses many of the diseases, which can develop from inhaling brake dust, as well as suggestions of what to look for when purchasing equipment.</p>	30:38	Vehicle Maintenance Personnel

BACK SAFETY / LIFTING

500 <u>Avail. in</u> DVD & VHS	<p>“Back Safety: Lift Well, Live Well”</p> <p>Almost everyone has had back pain at one time. Sometimes it hurts a lot. But you're much better off taking care of your back before pain sets in. This video shows how you can "head off back pain" when you use your head and remember to protect your back from injury.</p> <ul style="list-style-type: none"> • Back basics • Warning signs • Positive steps • Proper lifting • Exercise 	15:00	General Audience
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Tape #	Title/Description	Length	Audience
501 DVD CC	<p>“Back Injury Prevention Through Exercise” - DVD</p> <p>This program will outline a pro-active approach to back injury prevention. Specifically, a routine of exercise that will build up the strength and endurance of your back. Remember, a strong healthy back is less prone to injury.</p> <p>Topics covered in this video are:</p> <ul style="list-style-type: none"> • Exercises to do before work • Exercises to do at home. 	7:00	General Audience
560 CC	<p>“Back Safety-For Landscape, Maintenance & Custodial Workers”</p> <p>Most back injuries are the result of workers not following safe lifting and carrying procedures.</p> <p>This program is a guide to the basic steps that landscape, maintenance, warehouse and custodial workers should follow to avoid back injuries.</p>	20:00	Landscape; Maintenance; Custodial Workers; Schools
561 CC	<p>“Back At Work”</p> <p>This video reviews proper lifting procedures and helps workers realize how important lifestyle is when it comes to avoiding back injuries. In fact, this program should make a positive impact on every aspect of your employees’ performance at work and at home. Dramatizations to emphasize importance of lifestyle, proper lifting procedures, consequences of shortcuts, posture, exercise & physical fitness.</p>	16:00	General Audience
562	<p>“Avoiding Back Pain”</p> <p>A back injury prevention video for utility, maintenance & construction personnel. With medical and ergonomic causes & effects explained in plain English, this program shows specific techniques and work practices viewers can use on the job including, the correct use of shovels & digging bars, safely loading/unloading trucks & utility vehicles and operating vehicles and heavy equipment safely.</p>	23:00	Utilities; Maintenance; Construction Personnel
563	<p>“Back Care”</p> <p>Most back care videos address lifting nice, clean boxes in a non-strenuous environment. In the real world, many injuries result from shoveling, operating breakers, lifting pipe and bags of concrete, etc. This program offers ways to avoid back strain.</p>	11:00	Utilities; Public Works
564 CC	<p>“Back Safety A User’s Guide”</p> <p>This high-energy back-safety training program covers proper lifting procedures and workplace scenarios. Plus, it addresses how lifestyle choices and everyday activities can contribute to back injuries and problems using an approach called the "Whole Life/Health Cycle".</p>	15:00	General Audience
565	<p>“Back & Neck Injury Prevention”</p> <p>So many employees today experience painful and disabling back and neck injuries, that these disorders are now considered to be the primary musculoskeletal disorders that lead to disability. Most employees do not understand that back and neck problems often develop without warning. Dr. Bunch will explain the underlying causes of these disorders and how traditional reactive medical approaches that address only symptoms rather than the cause are ineffective and often doomed to failure.</p>	20:00	General Audience

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Tape #	Title/Description	Length	Audience
566	<p>“Back Safety”</p> <p>This video emphasizes the importance of overall back care, both at work and at home, including exercises and weight control. For many employees, back injuries are something that "happens to the other person... not to me." Yet four out of five people will experience some type of back problem during their lives. And many back injuries are caused by common activities experienced both on and off the job... such as lifting, climbing, reaching, etc.</p>	21:00	General Audience
567	<p>“Preventing Back Injuries”</p> <p>Residential pick-up, maintenance personnel, office employees, drivers, and landfill operators are potential victims of back injuries. This program provides tips on safe lifting and is an excellent way to enhance your "hands-on" training.</p>	9:00	Sanitation Operators; General Audience
1300 DVD	<p>“Back Safety for EMS/Fire–The Principles & Strengthening” - DVD</p> <p>It is estimated that there are 4.75 million people affected with some form of back pain annually. EMS Providers are at an even greater risk for work related back injuries due to heavy lifting, unpredictable rescue environments and the need for quick response. This DVD provides EMS personnel with guidelines and exercises that can reduce the chance of back pain.</p> <ul style="list-style-type: none"> • Part One, “EMS Back Safety Principles” • Part Two, “EMS Back Strengthening” 	30:00	First Responders; Command Staff
1301 <i>Avail. in DVD & VHS</i>	<p>“EMS Patient Lifting – Preventing Back Injuries”</p> <p>This program takes a look at the unusual situations you encounter on a daily basis, to see if we can make the job easier and less likely to cause an injury. To do this, we have to start at the beginning of your shift. Bear with us because you know the anatomy of the back in a professional manner and we're certainly not trying to teach anatomy, but we do want to make a few points that may help you be more aware of your own personal safety.</p> <p>Topics discussed in this training video include: spinal column, discs, good back mechanics, 10 to 1 ratio, safety awareness.</p>	13:00	EMS Personnel; Command Staff
1302 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	<p>“Back Safety For First Responders”</p> <p>While your EMTs, firefighters and law enforcement officers take care of others, you have to take care of them. To keep them healthy, lean on these solid safety techniques and exercises to keep their back muscles strong and flexible.</p> <ul style="list-style-type: none"> • Back structure • Repetitive stress illnesses/reverse stretching • Common first responder back injuries • Proper lifting techniques • Training points for handling stretchers, gurneys and fire hoses 	20:00	First Responders
1960 (2 Part Series)	<p>“Back Injury Prevention for Firefighters” <i>(Two Part Series)</i></p> <p>Series covers the basic structure of the back, methods to reduce back stress, correct posture and lifting techniques and exercises to strengthen the back. This program demonstrates the ergonomically correct way to perform typical firefighting duties.</p>	40:00	Firefighters
2261	<p>“Automotive Industry: Preventing Back Injuries”</p> <p>Provides an understanding of how the back functions, and safe lifting techniques.</p>	10:00	Vehicle Maintenance Personnel

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
3202 <i>New 2013 DVD</i>	“Safe Lifting for Office Workers” - DVD This lifting safety training video was developed for office workers who need to be trained in safe lifting techniques. The back safety video educates on how the back functions, and using safe lifting techniques. Help your employees learn the OSHA lifting techniques and make sure that they are lifting safely from now on.	8:00	Office Personnel
3264	“Lifting Safely in Office Environments” Developed for office workers who need to be trained in safe lifting techniques. Explains how the back functions, and using proper lifting techniques.	8:27	Office Personnel

BEHAVIORAL SAFETY / EMPLOYEE RELATIONS

600 <i>Avail in: DVD & VHS</i>	“What Would You Say?” This video features three potentially hazardous workplace incidents in which workers confront each other about the hazards. In each incident, examples of poor communication that we can all relate to are demonstrated. Next, examples of effective communication techniques are demonstrated that correct the unsafe behavior.	17:00	General Audience; Management
660 <i>CC</i>	“Coaching Safe Behavior” Each person in the workplace should be responsible for safety. This video deals with on-the-job safety strategies, making safety a part of your daily routine, and how safety benefits everyone.	10:00	General Audience
661	“Observation & Feedback: Creating Positive Consequences” This program describes behavior-based observation and feedback and the skills and steps necessary to gather data and create positive consequences for safe behavior.	11:00	General Audience
662	“How to Excel at Verbal Intervention” Sharpens viewer’s skills on how to handle verbal conflict. Topics discussed are: Differences among techniques, strategies and goals; how to develop an intervention strategy; and the differences between legal, personal and institutional limits.	15:00	General Audience
663	“Proactive Safety: Looking out for number 1” This video takes a unique look at safety training. It underscores the importance of safety equipment and habits and demands that all employees take responsibility for safety.	19:00	General Audience
664 <i>CC</i>	“Proactive Safety: The Total Quality Approach” The workplace is loaded with dangers, and your safety measures must cover all the bases. Strike out the dangers and slam a homerun for safety through the principles of Total Quality Safety Management. Presents these unique method of training: <ul style="list-style-type: none"> • Examines small oversights that might exist • Teaches employees and supervisors to value safety training 	17:00	General Audience; Supervisors
665	“Communications” Emphasis on developing effective communications between management and employees. Explains two-way communication, feedback, openness, honesty with employees, and how to gain respect of employees.	21:00	General Audience; Supervisors; Management

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Tape #	Title/Description	Length	Audience
666 (2 part series)	<p>“Compliance is Just the Beginning” (Two Part Series)</p> <p>*Program One – 3 Steps to Ethical Decisions. (24 Minutes) Program One will introduce you to the fundamental approach of this two part series. It will present a three-step decision-making process and offer clear guidelines for implementing each step.</p> <p>*Program Two – 8 Dramatizations (32 Minutes) Program Two consists of eight scenarios representing different kinds of ethical decisions and dilemmas.</p> <p>Both programs grapple with the gray areas, the really tough decisions, applying the 3 Step process to situations that participants can actively discuss.</p>	56:00	Office Personnel; Management
1101 New 2013 DVD	<p>“Drugs in the Workplace: America in Jeopardy” - DVD Protect your workers and their employer with this video on how to avoid and overcome drug abuse in the workplace.</p>	20:00	Supervisors; Management
1504 New 2013 DVD	<p>“Personal Liability in the Workplace Pranks & Harassment” - DVD Liability for pranks and harassment in the workplace is extremely high, with record lawsuits stemming from not only the practice of such actions, but from companies ignoring the problem and not taking action to prevent it. This training demonstrates to all employees that there could be personal liability for such action, as well as company liability. Program explains the problem and provides the steps to take to prevent such actions in the workplace. This program should be viewed by all employees, supervisors and management, to reduce individual and company liability.</p> <p>The training includes: phone calls, broadcasting derogatory jokes, calls, postings on the Internet and social media outlets.</p>	12:00	General Audience; Supervisors, Management
1505 New 2013 DVD	<p>“Workplace Violence: Employee Training” - DVD This video discusses the increase in violence in the last decade, and reviews the various identified causes and symptoms. It stresses the need for recognition and early intervention. It uses several case studies to clarify the issues and provides a profile of the typical person who commits violence. It also reviews the flee and hide responses when the violence erupts. While focused on employee recognition it is a good review of supervisor and managerial responses and responsibilities.</p>	17:00	General Audience; Supervisors; Management
4000 New 2013 DVD	<p>“Preventing Sexual Harassment...For Employees” - DVD Discuss various forms of sexual harassment, explain how to avoid inadvertently sexually harassing someone and review the procedures employees should follow if they feel that they or a coworker are being sexually harassed.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> • What constitutes sexual harassment • Behaviors to avoid • Recognizing victims and harassers • Avoiding "accidental" harassment • How to handle a sexual harassment incident • Reporting sexual harassment to management 	16:00	General Audience; Supervisors, Management

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
BLOODBORNE PATHOGENS & DISEASES			
700 <i>New 2013 DVD</i>	“Bloodborne Pathogens” – DVD This program focuses on the potential hazards of bloodborne pathogens and the precautions to take in protecting yourself and reviews the 14 Elements required to fully comply with the BBP Standard. Bloodborne Pathogens program’s focus on being aware of exposure. Accidents can happen anywhere. We should be prepared to assist in an emergency but take precautions to protect ourselves from potential hazards such as bloodborne pathogens. Persons working in the healthcare field and rescue operations are at risk for being exposed to these hazards. Wearing personal protective equipment will reduce these hazards. The company is responsible for developing a bloodborne pathogen policy and procedure according to local, state and Federal regulations and standards. Advice from medical and legal professionals must be obtained when developing a bloodborne pathogen policy and procedure.	18:00	General Audience
701 <i>New 2013 DVD</i>	“BBP for First Response Environments” – DVD This training program has been specifically created to assist first responders in fulfilling the OSHA Bloodborne Pathogens Standard's (29 CFR Part 1910.1030) training requirements. The program addresses the areas needed to comply with the Standard, including; <ul style="list-style-type: none"> • The contents of the Standard. • Epidemiology and symptoms of bloodborne diseases. • Modes by which bloodborne disease is transmitted. • The Exposure Control Plan. • Recognition of exposure situations. • Practices to prevent exposure. • HBV vaccine. • Emergency procedures. • Signs and labels. • Selection and use of personal protective equipment. 	10:00	First Responders
702 <i>New 2013 DVD</i>	“Bloodborne Pathogens for Custodians” – DVD Maintenance and custodial workers regularly encounter situations where they could be exposed to a bloodborne pathogen. This video, produced especially for custodian and maintenance staff, demonstrates how these workers can safely clean up spills of blood or other potentially infectious materials without risking exposure.	12:00	Schools; Custodians; Administrative Personnel
703 <i>New 2013 DVD</i>	“Bloodborne Pathogens for Schoolteachers” – DVD Schoolteachers can often find themselves in a situation where they could be exposed to a bloodborne pathogen. This video serves as a practical guide designed for teachers and other school employees on how to deal with a situation when a potential bloodborne pathogen exposure occurs. Using scenes filmed in an actual classroom, this high-quality program explains how staff can protect themselves and how they can keep the classroom safe.	10:00	Schools; Teachers; Administrative Personnel

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
760	<p>“Bloodborne Pathogens: Workplace Precautions for Industry”</p> <p>A program designed to inform employees of the “universal precautions” that have been established to prevent the transmission of bloodborne diseases.</p>	18:00	General Audience
761	<p>“Bloodborne Pathogens: Protect Yourself”</p> <p>The importance of following safe work practices to reduce exposure to bloodborne pathogens is discussed.</p>	10:00	General Audience
762	<p>“Controlling Exposure to Bloodborne Pathogens”</p> <p>Developed to meet training requirements for employees who reasonably anticipate exposure to blood or body fluids on the job and applies to anyone who is trained in first aid/CPR.</p>	18:00	First Aid; CPR Personnel
763	<p>“Bloodborne Pathogens in the Workplace”</p> <p>Designed as an information/training video for employees who normally are not exposed to blood or body fluids, but provides precautionary information to employees.</p>	9:00	General Audience; Sanitation; Utilities
1303	<p>“Bloodborne Pathogens for Fire and Rescue”</p> <p>Firefighters and rescue workers face the greatest risk of exposure to bloodborne pathogens. This program examines the threat on the job and offers precautions and guidelines to follow, so that saving someone's life doesn't endanger the lives of your personnel.</p> <ul style="list-style-type: none"> • Protective barriers • HIV, hepatitis B and C • Minimizing risk • Preventive work practices 	16:00	First Responders
<p><i>Avail. in: DVD - CC 2nd lang. & VHS</i></p>			
1360	<p>“Silent Wars BBP for Emergency Responders” <i>(Six Part Series)</i></p> <p>For first responders, the risk of being exposed to communicable diseases while on the job is real and serious. Silent War helps reduce this threat by training first responders in all aspects of infection control and by preparing them for anything from patient contact to bioterrorist attacks.</p>	8 hrs	Emergency Responders; Command Staff
<p><i>(6 Part Series)</i></p>			
1361	<p>“Emergency Responders Bloodborne Pathogens”</p> <p>Designed for paramedics, EMTs, fire, police, correctional officers, first-aid/CPR, and other emergency personnel who might be exposed to blood and other potential hazards relating to BBP. Meets training requirements for Categories I and II employees who anticipate becoming occupationally exposed to blood and blood-contaminated products.</p>	16:00	First Responders
3162	<p>“Hidden Enemy: Bloodborne Pathogens in Lifeguarding”</p> <p>The importance of recognizing the dangers of bloodborne pathogens in water rescue and ways of prevention are discussed.</p>	12:00	Lifeguards
3667	<p>“Silent Wars: Infection Control for Law Enforcement Personnel.” <i>(Three part series)</i></p> <p>Part 1 - Discusses contagious diseases and the importance of infection control.</p> <p>Part 2 - Covers actions officers can take to protect themselves from exposure and handling suggestions during arrests, searches and vehicle deacon.</p> <p>Part 3 - Deals with post-incident procedures such as bookings and legal issues.</p>	1 hr	Law Enforcement
<p><i>(3 part series)</i></p>			

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Tape #	Title/Description	Length	Audience
4709 DVD	<p>"AIDS-What Everyone Needs to Know" - DVD</p> <p>Information, interviews, animation and live-action illustrate facts and misconceptions about HIV and AIDS, the progression from HIV to AIDS, the important role of supportive family and friends, a focus on women and HIV, correct condom use for safer sex, and changing perceptions of HIV positive people and their quality of life.</p>	22:00	General Audience

CONFINED SPACE ENTRY

800 <i>Avail. in DVD & VHS</i>	<p>"Confined Space Hotwork: Checklist to Safety"</p> <p>The safety procedures for confined space hotwork, including entry permits and hotwork permits, are covered in this program.</p> <ul style="list-style-type: none"> • The hotwork permit • Fire watch • Emergency rescue 	20:00	Utilities; Public Works; Welders
801 DVD	<p>"Confined Space Entry Retraining" - DVD</p> <p>Hazardous materials and waste are part of many work situations, and can be found on many job sites. OSHA feels that it is so important for employees to know how to recognize these potentially dangerous exposures they have mandated that anyone working around confined spaces receive comprehensive training in this area.</p> <ul style="list-style-type: none"> • Definitions of confined spaces. • Hazards encountered in confined spaces. • OSHA's Permit-Space Entry Program. • Duties and responsibilities of the entry team. • Atmospheric testing. • Protecting entrants in hazardous atmospheres. • The use of lifelines in rescue operations. 	15:00	Utilities; Public Works
802 <i>New 2013 DVD</i>	<p>"Survive Inside: Employee Safety in Confined Spaces" – DVD</p> <p>Confined spaces can be dangerous, but they don't have to be. No matter what role employees play in their organization's confined space entry program, they must understand their responsibilities and have the knowledge and skills to perform them properly. This program explains why entering confined spaces can be so hazardous and how those hazards can be controlled by following proper confined space entry procedures. Viewers will also learn valuable lessons from a reenactment of a poorly-conducted confined space entry in which three lives are needlessly lost.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • The definition of non-permit and permit-required confined spaces • The entry permit system • The four types of atmospheric hazards • Atmospheric testing and monitoring • Controlling confined space hazards • Responsibilities of the entry supervisor, the attendant and the entrants 	20:00	Utilities; Public Works
803 <i>New 2013 DVD</i>	<p>"Confined Space in Construction" – DVD</p> <p>Produced in conjunction with National Utility Contractors Association (NUCA), this video covers working safely in a confined space. Preparation begins with this overview. Identifying confined spaces and their hazards. Topics for the entire excavation crew to be aware of duties of confined space entry team.</p>	17:00	Utilities; Public Works; Competent Person

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Tape #	Title/Description	Length	Audience
860	"Confined Space Rescue" This video reviews OSHA rescue requirements and technical rescue procedures.	31:00	Utilities; Public Works
861	"Underground Safety: Job-Site Hazards" This film points out key job-site hazards which can be found on almost every underground site. Learn 10 guidelines for a safe job-site.	10:00	Utilities; Public Works
862 CC	"Confined Space Atmospheric Testing" This video not only reviews how and when to test, but also discusses what to do when air is unsafe.	17:00	Utilities; Public Works; Supervisors
863 CC	"Confined Space Ventilation" Special safety precautions required for confined space ventilation are reviewed in this program, along with how and when to ventilate.	18:00	Utilities; Public Works; Supervisors
864	"Confined Space Entry - Permit Required" This video will help protect your employees from the dangers of working in confined spaces.	21:00	Utilities; Public Works
865	"Confined Space Entry" Confined spaces are responsible for many deaths every year. This video addresses the risks and operational safety standards for confined spaces commonly found in public works and construction such as testing, ventilation, and rescue procedures.	14:00	Utilities; Public Works
866	"Confined Spaces" This video shows confined space entries, emphasizing underground vault entries. Opening with a worker collapsing in a hazardous atmosphere, the program uses plain English to show how and where the hazards in confined space entries come from and how to control those hazards	26:00	Utilities; Public Works

CROSSING GUARD SAFETY

900 <i>Avail in: DVD & VHS</i>	"Crossing Guard: Street Smart is Street Safe" - DVD <u>Video Produced by the Municipal Excess Liability Fund (MEL).</u> This program covers the components of safe street-crossing for children, and contains important information to help protect the safety of both school children and school crossing guards. <i>This program is also available on the MEL Website as an on-line resource</i>	14:34	Crossing Guards; Schools
901 <i>DVD 2nd lang.</i>	"School Zone... Danger Zone" - DVD <u>Produced by the MEL & JA Montgomery Risk Control.</u> Traffic accidents are a leading cause of death among children, while crashes involving crossing guards are on the rise. This program features interviews with teachers, parents, school administrators, police officers, and crossing guards who experience school zone driving challenges day in and day out. In memory of 120 crossing guards nationwide who have given their lives in the last 15 years while protecting our children. <i>This program is also available on the MEL Website as an on-line resource.</i>	10:47	Crossing Guards; Schools

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Tape #	Title/Description	Length	Audience
902 DVD 2 nd lang.	<p>“Pedestrian Safety” - DVD Produced by the MEL & JA Montgomery Risk Control. Three important programs on one DVD!</p> <ul style="list-style-type: none"> • Walk the Walk: There’s something to learn from communities that have made significant gains in pedestrian safety. This program presents the facts about pedestrian safety and clearly describes the steps that need to be taken to reduce pedestrian injuries and fatalities. • School Zone...Danger Zone: Traffic accidents are a leading cause of death among children, while crashes involving crossing guards are on the rise. This program features interviews with teachers, parents, school administrators, police officers, and crossing guards who experience school zone driving challenges day in and day out. • Street Smart is Street Safe: This program covers the components of safe street-crossing for children, and contains important information to help protect the safety of both school children and school crossing guards. <p><i>All 3 programs are available on the MEL Website as an on-line resource.</i></p>	30:00	Crossing Guards; Schools
960	<p>“School Crossing Guards: Recommended Procedures & A Safety Primer” Recommended procedures & safety for school crossing guards.</p>	12:00	Crossing Guards; Schools
961	<p>“School Crossing Guards and Traffic Control” This program is designed to reinforce the safety training of persons working as crossing guards or other traffic control persons, including students.</p>	9:00	Crossing Guards; Schools
962	<p>“Safety Crossing’s: Adult School Crossing Guard Training” Developed by the Mid-Atlantic Foundation for Safety & Education, affiliated with AAA Mid-Atlantic., this video is designed to supplement local and state training requirements, reviewing use of the whistle , hand signals, stop paddle and student safety.</p>	14:00	Crossing Guards; Schools

DRIVING SAFETY / HIGHWAY SAFETY

1000 DVD	<p>“The Blindfold Effect” - DVD This video focuses on three driving situations that involve more than half of all collisions: following too closely, intersections and backing. Through collision reenactments and demonstrations of safe driving procedures, the video teaches tactical driving techniques that will improve every driver's skill and awareness. Designed to get employee participation. Features a unique interactive format.</p>	20:00	All Drivers
1001 <u>Avail. in</u> DVD & VHS	<p>“Backing & Parking” Carelessness often leads to accidents. Give your employees a reminder course in safe driving practices with this video that discusses safe backing and parking techniques, common blind spots and how to avoid being the victim of someone else’s carelessness.</p>	6:50	All Drivers

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Tape #	Title/Description	Length	Audience
1002 <u>Avail. in</u> DVD & VHS	“Intersections - Among the Most Dangerous Places on Earth” This presentation explores the many threats in and around intersections and uses Smith System’s “5 Keys” to provide drivers with simple-to-learn and easy to use techniques to dramatically reduce these threats. The show concludes with an engaging animated reenactment of an intersection collision which the audience is asked to analyze based on the knowledge learned earlier.	24:00	All Drivers
1003 <u>Avail. in</u> DVD & VHS	“A Better Way - Small Vehicle Version” Simply stated, the Smith System is “A Better Way” to drive. Hosted by actor George Kennedy, this video explores the effectiveness of the “5 Keys” system and our Space, Visibility and Time concepts as they relate to protecting drivers from the many dangers and hazards associated with the operation of a motor vehicle.	22:00	All Drivers
1004 <u>Avail. in:</u> DVD & VHS	“Reversing The Trend” - Small Vehicle Version” This video provides dozens of tips that make a difference in drivers approach to backing a vehicle. This presentation can be utilized as an interactive training device, where viewers are called upon to quickly use what they have learned in a discussion format.	23:00	All Drivers
1005 <u>Avail. in</u> DVD & VHS	“The Driver’s E.D.G.E” As traffic congestion continues to increase, so too has the anger, aggravation and frustration experienced by motorists. This video uses four driver interviews to outline and identify the most frequent sources of these potentially dangerous behind-the-wheel emotions. This presentation will minimize the viewer’s collision potential, while providing a foundation for a more relaxed driving experience. Driving behavior and attitude can be positively influenced when an understanding of the Big Picture is realized.	17:00	All Drivers
1006 <u>Avail. in:</u> DVD & VHS	“The Keys To Foul Weather Driving” Safe foul weather driving is a challenge that can be met with experience and driver education. This video demonstrates the many dangerous situations that arise when confronted with driving in foul weather. The video succeeds in teaching the proven methods from the Smith System that provides the skills necessary to drive as safely as possible during inclement weather.	17:00	All Drivers
1007 DVD	“Fatigue Management” - DVD In our 21st Century world, business runs on a 24-hour clock, 7 days a week. As a result, fatigue has become a major concern for drivers and motor carriers alike. Nearly 60,000 collisions occur each year due to sleepy drivers. These crashes result in the deaths of almost 1600 people and cause over 40,000 serious injuries annually. The federal Department of Transportation estimates that there are nearly 8000 fatigue-related crashes each year. These accidents result in the deaths of almost 400 truck drivers and cost about two and a half billion dollars. <u>Topics covered in this safety video include:</u> reduced vigilance, accident characteristics, sleep loss, Circadian Rhythm, medications, sleep apnea, caffeine use and rule compliance.	15:00	General Audience; Shift Workers

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Tape #	Title/Description	Length	Audience
1008 New 2013 DVD	<p>“Hang Up and Drive – The Jacy Good Story” - DVD</p> <p>In May 2008, Jacy Good and her parents were enjoying a great day of accomplishment - Jacy's college graduation. But that day was shattered when a young man on a cell phone caused a devastating collision that took the lives of Jacy's parents and left her in a coma. Her brain injury has left her with physical, speech, and cognitive impairment. But Jacy's story is an inspiration also. Since the collision Jacy has worked tirelessly to raise awareness about the dangers of cell phone use while driving. Fifteen people die everyday in North America because of cell phone use while driving.</p> <p>This is a story that can help you change the culture of cell phone use and driving at your organization. This is a story that can save lives.</p>	20:00	General Audience
1060	<p>“Defensive Driving - A Crash Course”</p> <p>This important video program discusses how to be a defensive driver, recognizing hazards and staying alert.</p>	16:00	All Drivers
1061 CC	<p>“Defensive Driving - Prepared for the Worst”</p> <p>Defensive drivers anticipate how to deal with road hazards, poor weather conditions, vehicle collisions and crime. This program shows how to stay in control by being prepared for the worst!</p>	18:00	All Drivers
1062 CC	<p>“Defensive Driving for Government Employees”</p> <p>This video looks at techniques to help prevent accidents from happening, and in the case of unavoidable accidents, help lessen their severity.</p> <p><u>What is defensive driving?</u></p> <ul style="list-style-type: none"> • Respect for the vehicle • Your responsibility as a driver • Proper/safe driving techniques • Seat belts • Driving in poor weather • Speeding • Right-of-way, passing, tailgating • Distractions and road rage 	19:00	Local Government Employees
1063	<p>“Think Ahead: Driver’s Safety”</p> <p>Safe driving practices for construction workers required to operate motor vehicles while on the job.</p>	14:00	Utilities
1064	<p>“Distracted Driving: At What Cost”</p> <p>A study shows that up to 50% of crashes involve some sort of driver distraction. This video helps us become aware of this increasingly dangerous behavior.</p> <p>The video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family's lives were changed by the crash.</p>	15:00	All Drivers
1065	<p>“The Most Common Collision”</p> <p>This program showcases three distinct backing collisions as described by the drivers involved in each. The ability to hear and see the drivers’ perspectives helps viewers dig into the root causes of each incident. Animated recreations of each collision help to further illustrate and identify both cause and prevention respectively. Mastering the principles covered in this video provides viewers with the skills to significantly reduce their potential for backing and parking mistakes.</p>	23:00	All Drivers

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Tape #	Title/Description	Length	Audience
1066	<p>“5 Keys to Safe Driving - The Smith System”</p> <p>This program is designed to illustrate safe driving techniques. It covers the five keys to safe driving using the Smith System. A must see for any employee who operates trucks or vehicles on the road.</p>	19:00	All Drivers
1067	<p>“Key to Safe Lane Changing and Merging”</p> <p>Collisions caused by improper lane changing and merging are frequent, costly and often deadly. These risky actions are also the most common complaint from aggravated motorists. This video offers dozens of real-world tips and techniques that will have an instant and lasting impact on drivers of any type of vehicle.</p>	15:00	All Drivers
1068	<p>“Road Rage”</p> <p>This video will help maintain control over vehicles, as well as people’s emotions during even the most challenging traffic situations. The purpose of Road Rage is to help drivers avoid being victimized by “road ragers” or becoming “road ragers” themselves.</p>	20:00	All Drivers
1069	<p>“Icy Road Ahead”</p> <p>Former auto racing champion Jean-Paul Luc, Director of the Ice Driving School at Steamboat Springs, Colorado, introduces this informative program on how to drive safely and confidently in difficult winter weather conditions. Cheryl Lemke of The Weather Channel and Dan Chandler explain and demonstrate how to operate and control a vehicle so that drivers can overcome their winter driving fears. Before driving, the vehicle should be properly prepared for winter conditions---windshield and headlights free of ice, winter tires in place, brakes checked, etc. The driver should feel comfortable in his or her seat and be able to reach interior controls easily. Extensive winter driving demonstrations show how to control and correct a skid on ice, and the importance of tire grip and traction, vehicle behavior, driving techniques, and emergency techniques.</p>	23:00	All Drivers
1070	<p>“Winter Driving Safety”</p> <p>This program was developed with a group of international experts. The film covers types of winter driving hazards with footage in real winter conditions around the country. Informs the viewer on recognizing hazards and avoiding accidents. This is an excellent film for those having to drive in winter conditions.</p> <p><i>Two videos in one. (Short – 12 min & Long – 31 min)</i></p>	52:00	All Drivers
1071	<p>“Winter Driving: When the Rules Change”</p> <p>This video dramatically illustrates the importance of adjusting our driving techniques when winter rolls around. Character appears in this video making one winter driving mistake after another; mistakes we can all learn from. This video also includes a powerful interview with a woman who was involved in a fatal wintertime crash - an event that changed her life forever.</p>	15:00	All Drivers
1072 CC	<p>“Safe Winter Driving”</p> <p>Winter driving presents special driving hazards. This video reviews special safety techniques to help employees overcome winter driving hazards.</p>	17:00	All Drivers

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Tape #	Title/Description	Length	Audience
1073	<p>“Shift Work and Preventing Fatigue”</p> <p>More than 68 percent of all shift workers complain of lack of sleep and fatigue. This excellent training program is for those employees who work on swing, graveyard and/or changing shifts. Developed with assistance from the Department of Transportation (DOT) research. Designed to explain the necessity for sleep, repayment of sleep debt, how circadian rhythms work, and what people can do to reduce the effects of shift work fatigue due to disruption of sleep cycles.</p>	17:00	General Audience; Shift Workers

DRUG AWARENESS

1100 <i>New 2013 DVD</i>	<p>“Drug Free Workplace: Supervisor Version” - DVD</p> <p>This EAP training video covers a supervisor’s view and responsibility in identifying, creating and enforcing a drug free workplace program. This video has become a standard in the realm of employee assistance programs.</p>	33:00	Supervisors; Management
1101 <i>New 2013 DVD</i>	<p>“Drugs in the Workplace: America in Jeopardy” - DVD</p> <p>Protect your workers and their employer with this video on how to avoid and overcome drug abuse in the workplace.</p>	20:00	Supervisors; Management
1160	<p>“Drug Free Workplace: Employee Version”</p> <p>Creating a safer & healthier work environment. Protect non-users from the effects of substance abuse, identifying users, reducing financial loss and ways to become a crucial part of the solution.</p>	35:00	General Audience
1161	<p>“Dealing with Drug & Alcohol Abuse... for Employees”</p> <p>This discusses the various types of substance abuse that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help keep their workplace drug and alcohol free.</p>	19:00	General Audience
1162	<p>“Recognizing Chemical Dependency and What to Do About It”</p> <p>Emphasizes symptom recognition, evaluation, and how to handle employees whose work behavior is below performance standards due to substance abuse. This program is designed to interface with any company's existing policy on drug/alcohol abuse in the workplace.</p>	21:30	General Audience; Supervisors; Management
1163	<p>“Substance Abuse Awareness & Intervention”</p> <p>Helping fellow employees overcome substance abuse is the focus of this video program. It teaches how abusers endanger themselves and their co-workers, and it teaches supervisors how to help employees.</p>	25:00	General Audience; Supervisors; Management
1164	<p>“Drug Free Workplace: Supervisor Version”</p> <p>Understanding the effects of alcohol & drug abuse in the workplace. Job performance behaviors of indication of drug abuse, how to use constructive confrontation, details about drug & alcohol testing procedures, and disciplinary measures on how to handle it.</p>	33:00	Supervisors Management
1165	<p>“Dealing with Drug & Alcohol Abuse... for Managers & Supervisors”</p> <p>This video discusses the various forms of substance abuse that are typically found in the workplace, how managers and supervisors can detect substance abuse problems, and what they should... and shouldn't... do if they discover a worker with a substance abuse problem.</p>	19:00	Supervisors; Management

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
ELECTRICAL / LOTO / ARC FLASH			
1200 DVD	“Electrical Safety: NFPA 70E” - DVD Every year in the United States electrical contact causes 3,600 disabling injuries and kills an average of one worker per day, making electrocution the fourth leading cause of industrial fatalities. Electrical Safety: NFPA 70E train employees on the hazards of working with electrical currents. Make sure your employees understand and can apply the strengthened safeguards in NFPA 70E that can prevent electrical injuries and deaths <u>This Program Covers:</u> <ul style="list-style-type: none"> • Electrical Hazards • Energized Equipment • Approach Boundaries • Personal Protective Equipment 	18:00	Personnel working around Electrical Hazards
1201 Avail. in: DVD & VHS	“Electrical Safety for Non-Electricians” This program is designed for general employees to raise awareness about electrical hazards and help prevent common electrical injuries. The valuable information helps protect employees on and off the job. Included are several brief reenactments of electrical mishaps that will be reviewed to determine the primary contributing factors and to identify safe work practices that would prevent the mishap. Short interviews with people who have actually experienced electrical mishaps will help reinforce the safety message. <u>Topics include:</u> <ul style="list-style-type: none"> • Basic Electrical Terms and Definitions • Common Electrical Hazards • Safety Practices to Prevent Injury 	18:00	General Employees
1202 Avail. in: DVD & VHS	“Electrical Safety: Safe Work Practice” This program emphasizes best safety practices and teaches employees how to safely work with or near electricity. Prevent these electrical accidents and fatalities from occurring at your site with this video on electrical safety. Featuring real footage from actual electrical sites, this program is designed for workers who are exposed or come into contact with electrical equipment. <ul style="list-style-type: none"> • Personal protective equipment • Proper tool selection and use • Grounding • Best safety practices 	14:00	Personnel working around Electrical Hazards
1203 Avail. in: DVD - CC 2nd Lang. & VHS	“Arc-Flash Safety Awareness” Every day, 16 workers are injured in electrical accidents - some fatally. Give your workers comprehensive grounding on safety measures that comply with NFPA Standard 70E. This program explains the facts on electrical shock, arc flash and arc blast. <ul style="list-style-type: none"> • Arc flash hazards • Electrical safety program • Hazard analysis • PPE • Safe work practices 	24:00	Personnel working around Electrical Hazards; Authorized Personnel

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
1204 New 2013 DVD	<p>“Lockout / Tag Out: Mobile Construction Equipment” - DVD</p> <p>Industrial and manufacturing Lockout Tagout procedures do not directly relate to repair work done on mobile construction equipment. This DVD is created to provide a simple straight-forward process designed to meet OSHA requirements as they relate to work on mobile construction equipment of all types.</p> <p>Reference to the specific OSHA regulations effecting this process:</p> <ul style="list-style-type: none"> • Training requirements • Types of energy effected by lockout/tagout procedures • Areas where hazardous energy may be stored • The six steps of the lockout/tagout process 	25:00	Personnel working with mobile equipment; Authorized Personnel.
1205 New 2013 DVD	<p>“More High Impact Lockout / Tagout Safety Training” - DVD</p> <p>Nearly 200 employees are killed and thousands of others injured each year when they are exposed to the sudden, unexpected release of hazardous energy. To protect workers from such incidents, a set of procedures known as lockout/tagout is used to disconnect and isolate all of the hazardous energy sources to a machine, piece of equipment or other device.</p> <p>This program stresses the importance of controlling hazardous energy in all required situations while providing viewers with a basic understanding of the key elements in the lockout/tagout process. Also featured are six workplace injury reenactments that illustrate the devastating consequences of improper lockout/tagout operations.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Situations that require lockout/tagout • Authorized, affected and other employees • Proper use of locks and tags • Steps involved in performing a lockout procedure • Verifying a zero energy state • Returning equipment to service • Group lockout procedures 	33:00	Personnel working with energized equipment; Authorized Personnel.
1260	<p>“Electrical Safety: Safe Work Practices for Qualified Personnel”</p> <p>This video discusses personal protective equipment, proper tool selection and use, grounding, safety procedures, and authorized personnel on low and high voltage.</p>	24:00	Personnel working around Electrical Hazards
1261	<p>“Electricity: Unseen Dangers”</p> <p>To provide an understanding of potential electrical hazards. This video defines commonly used terms and explains the fundamentals of electricity. It also discusses sources of electrical injury, how electrical shock affects the human body, and steps to be taken should an electrical fire or electrical shock take place.</p>	22:00	Personnel working around Electrical Hazards
1262	<p>“Electrical Safety-Related Work Practices”</p> <p>This video provides an overview of the OSHA Electrical Standard and demonstrates how it differentiates between qualified and unqualified workers. The program emphasizes critical safe work practices, such as LOTO, minimum clearance distances and the use of personal protective equipment.</p>	24:00	Personnel working around Electrical Hazards

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Tape #	Title/Description	Length	Audience
1263	<p>“Electrical Maintenance” Instructional video geared for people who work with or around electrical equipment. Topics include: hazards, proper protection measures, equipment checks and correct tool use.</p>	10:00	Personnel working around Electrical Hazards
1264	<p>“Electrical Safety: Down to the Wire” This film discusses electrical hazards and associated safety rules. How electrical hazards can cause fires, burns, shock and other injuries are discussed, as well as prevention methods.</p>	15:00	Personnel working around Electrical Hazards
1265	<p>“Electrical High Voltage: Know the Hazards” This video explains most of the OSHA standards. The opening scenario supports a “real life” story told by someone who was injured. Topics include: training, power tools, mechanical equipment, and overhead lines.</p>	28:00	Personnel working around Electrical Hazards
1266	<p>“Electrical Safety: Working Around Live Circuits” This video was designed to provide vital lessons for qualified electrical workers, and discusses requirements for qualification as specified by OSHA. The video also highlights ways of reducing risk of injury by adhering to the rules and guidelines of the National Electrical Code.</p>	7:00	Personnel working around Electrical Hazards
1267	<p>“Electrical Safety: Basic Principles” When working around electricity, maintaining personal safety requires knowledge and application of basic electrical safety principles, safe work practices, and correct emergency response procedures. This video program also provides definitions for several terms commonly used among electrical workers.</p>	15:00	Personnel working around Electrical Hazards
1268	<p>“Power Line Hazards” A video versions of the Power Line Hazard Awareness Guide that explains the dangers of power lines and how to recognize and avoid power line hazards while on the job.</p>	18:00	Personnel working around Power Lines
1269	<p>“Lockout/Tagout” This reference for lockout-tagout instruction clearly shows and describes OSHA requirements for safe shutdowns of electrical equipment for repair or maintenance.</p>	15:00	Personnel working with Energized Equipment; Authorized Personnel
1270	<p>“Lockout/Tagout: Authorized Employees” For authorized employees, following lockout/tagout procedures is critical when repairing or performing maintenance on machinery. Your employees will learn what exactly an authorized employee is as well as:</p> <ul style="list-style-type: none"> • Preparing for lockout • Best safety practices • Additional procedures 	14:55	Personnel working with Energized Equipment; Authorized Personnel
1271	<p>“Lockout/Tagout: Controlling the Beast” This video includes just what you need to help protect employees from the hazards of uncontrolled energy. It covers:</p> <ul style="list-style-type: none"> • Covers OSHA-mandated training • Reviews vital lockout/tagout procedures • Graphically demonstrates hazards of uncontrolled energy • Explains how and why to lockout 	20:00	Personnel working with Energized Equipment; Authorized Personnel

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
1272	<p>“Lockout/Tagout: Lightning in a Bottle” Fatal injuries occur in workplaces when hazardous energy is released and lockout/tagout procedures are not in place. Don't let that happen in your workplace. Use this program to train workers on the proper lockout/tagout procedures.</p>	15:00	Personnel working with Energized Equipment; Authorized Personnel
1273	<p>“The Mark Standifer Story: Lessons Learned from Arc Flash Tragedy” Mark Standifer received 2nd and 3rd degree burns over 40 percent of his body and was nearly killed when he was engulfed in an arc blast while performing an electrical task at a wastewater treatment plant. In this program, viewers will see the mistakes Mark made and learn the lifesaving lessons from the incident. The importance of understanding all hazards of a job task and taking the necessary precautions to protect yourself from them is stressed throughout the video. <u>Topics include:</u> always following safe electrical work practices, the dangers of complacency when performing electrical work, hazards of jewelry and flammable clothing and the purpose of an arc hazard analysis. The video also explains the reasons for arc flash regulations and the various clothing and personal protection required for hazard risk categories zero through four.</p>	19:00	Personnel working around Electrical Hazards

EMERGENCY MEDICAL SERVICES (EMS)

<p>1300 DVD</p>	<p>“Back Safety for EMS/Fire-The Principles & Strengthening” - DVD It is estimated that there are 4.75 million people affected with some form of back pain annually. EMS Providers are at an even greater risk for work related back injuries due to heavy lifting, unpredictable rescue environments and the need for quick response. This DVD provides EMS personnel with guidelines and exercises that can reduce the chance of back pain.</p> <ul style="list-style-type: none"> • Part One, “EMS Back Safety Principles” • Part Two, “EMS Back Strengthening” 	30:00	First Responders; Command Staff
<p>1301 <u>Avail. in</u> DVD & VHS</p>	<p>“EMS Patient Lifting - Preventing Back Injuries” This program takes a look at the unusual situations you encounter on a daily basis, to see if we can make the job easier and less likely to cause an injury. To do this, we have to start at the beginning of your shift. Bear with us because you know the anatomy of the back in a professional manner and we're certainly not trying to teach anatomy, but we do want to make a few points that may help you be more aware of your own personal safety. <u>Topics discussed in this training video include:</u> spinal column, discs, good back mechanics, 10 to 1 ratio, safety awareness.</p>	13:00	EMS Personnel; Command Staff

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Tape #	Title/Description	Length	Audience
1302 <u>Avail. in:</u> DVD - CC 2nd lang. & VHS	“Back Safety For First Responders” While your EMTs, firefighters and law enforcement officers take care of others, you have to take care of them. To keep them healthy, lean on these solid safety techniques and exercises to keep their back muscles strong and flexible. <ul style="list-style-type: none"> • Back structure • Repetitive stress illnesses/reverse stretching • Common first responder back injuries • Proper lifting techniques • Training points for handling stretchers, gurneys and fire hoses 	20:00	First Responders
1303 <u>Avail. in:</u> DVD - CC 2nd lang. & VHS	“Bloodborne Pathogens for Fire and Rescue” Firefighters and rescue workers face the greatest risk of exposure to bloodborne pathogens. This program examines the threat on the job and offers precautions and guidelines to follow, so that saving someone's life doesn't endanger the lives of your personnel. <ul style="list-style-type: none"> • Protective barriers • HIV, hepatitis B and C • Minimizing risk • Preventive work practices 	16:00	First Responders
1360 (6 Part Series)	“Silent Wars BBP for Emergency Responders” <i>(Six Part Series)</i> For first responders, the risk of being exposed to communicable diseases while on the job is real and serious. Silent War helps reduce this threat by training first responders in all aspects of infection control and by preparing them for anything from patient contact to bioterrorist attacks.	8 hrs	Emergency Responders; Command Staff
1361	“Emergency Responders Bloodborne Pathogens” Designed for paramedics, EMTs, fire, police, correctional officers, first-aid/CPR, and other emergency personnel who might be exposed to blood and other potential hazards relating to BBP. Meets training requirements for Categories I and II employees who anticipate becoming occupationally exposed to blood and blood-contaminated products.	16:00	First Responders
1362	“Respirators: Your TB Defense & TB Respiratory Protection: Administrator’s Review” Emmy award winner Loretta Swit hosts this presentation of two NIOSH programs. * <i>Respirators: Your TB Defense</i> is designed to educate health care workers on proper respiratory protection. * <i>TB Respiratory Protection: Administrator’s Review</i> takes you step-by-step through developing a respiratory protection program for tuberculosis.	48:00	First Responders; Command Staff
1363	“EMT Self Defense and the Aggressive Patient” Describes proper self defense techniques to use when dealing with aggressive patients.	22:00	EMS Personnel

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Tape #	Title/Description	Length	Audience
701 <i>New 2013 DVD</i>	“BBP for First Response Environments” – DVD This training program has been specifically created to assist first responders in fulfilling the OSHA Bloodborne Pathogens Standard's (29 CFR Part 1910.1030) training requirements. The program addresses the areas needed to comply with the Standard, including; <ul style="list-style-type: none"> • The contents of the Standard. • Epidemiology and symptoms of bloodborne diseases. • Modes by which bloodborne disease is transmitted. • The Exposure Control Plan. • Recognition of exposure situations. • Practices to prevent exposure. • HBV vaccine. • Emergency procedures. • Signs and labels. • Selection and use of personal protective equipment. 	10:00	First Responders
1467	“CPR & AED... The Chain To Survival” Every 2 minutes someone dies of sudden cardiac arrest. Make sure your workers are equipped to help a co-worker survive such an event.	12:00	General Audience; Safety Committee
1468	“AED’s Understanding the Basics” The primary goal of an AED program, early defibrillation – a critical link in the chain of survival, recent recommendations concerning AED use in health/fitness facilities, how exercise professionals can minimize their potential legal risk involving AED use, turn-key and practical resources for implementing an AED program in health club.	40:00	General Audience; Safety Committee
3600 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	“Emergency Response Driving” There are risks when you're at the wheel, but when you're driving an emergency vehicle -- with lights and sirens blaring -- the risks multiply! This program shows what it means to drive during emergencies and includes tips to ensure that drivers reach their destinations - ON TIME, SMOOTHLY and SAFELY. <ul style="list-style-type: none"> • Driving basics -- stop signs, red lights and school zones • Speed limits, traffic flow and turn lanes • Stopping, parking and standing • Passing other vehicles • Highway driving • Police chases • Accidents • Planning ahead • Communication • Maintenance 	17:00	Emergency Vehicle Operators
4706 <i>DVD - CC 2nd lang.</i>	“Why Don’t We Do It In Our Sleeves? - DVD This short video was designed to encourage people to cough and sneeze according to the infection control guidelines put forth by the Centers for Disease Control and Prevention. It is aimed at the common citizen. Its message is serious, but it is presented with humor in such a way that it engages the viewer's attention while the message is repeated in interesting new ways. It can be enjoyed by individuals, but it is even more fun to watch in groups, resulting in community reinforcement. It has been used in hospitals and schools with great success. It actually makes people change the way they cough and sneeze.	5:00	General Audience

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Tape #	Title/Description	Length	Audience
EMERGENCY PREPAREDNESS			
1400 DVD	<p>“Anthrax: Remediating the Effects of Bioterrorism” - DVD</p> <p>On October 5, 2001, a man in Boca Raton Florida died of inhalation anthrax. 17 more people were diagnosed in the following days and anthrax spores were found in buildings in New York City, Senate office buildings in Washington, DC, and several post offices along the east coast. Sampling to determine the extent of contamination in the Florida building revealed that the anthrax contamination had been spread through the mail.</p>	24:00	General Audience; Supervisors; Management
1401 <u>Avail. in:</u> DVD - 2 nd lang. & VHS	<p>“Emergency Evacuation: Getting Out Alive”</p> <p>In an emergency situation, survival hinges on adequate training, preparation and an emergency action plan. This program explains several emergency situation responses, the importance of drills and the principles of RACE. It prepares your employees to handle any disaster - natural or otherwise and covers:</p> <ul style="list-style-type: none"> • How to respond in several emergency situations • The importance of drills • RACE (Rescue, Alert, Contain & Evacuate) 	16:00	Safety Committee; General Audience
1402 <u>Avail in:</u> DVD & VHS	<p>“Severe Weather Alert: Are You Prepared?”</p> <p>Would you know what to do if a severe weather event occurred in your area? Severe weather can happen anywhere at any time. You must be prepared, because you often have to respond with little or no notice. This program offers some facts, tips and warnings that can help you survive serious weather emergencies.</p> <p>Topics include: severe weather watches and warnings, hazards posed by thunderstorms, flooding and moving water, being prepared for tornadoes, emergency response plans and precautions to take once a storm has passed.</p>	15:00	General Audience
1403 <u>Avail in:</u> DVD & VHS	<p>“Introduction to Incident Command System (ICS)”</p> <p>On February 2, 2003, President Bush requested the development of an Incident Command System for Federal, state and local agencies to use for any type emergency. ICS allow all responding agencies to use a common organizational structure and “language” for any situation, resulting in more effective response during multiagency missions.</p>	8:30	Emergency Response Team
1404 DVD	<p>“Earthquake Safety” - DVD</p> <p>Damage from a major earthquake can be wide spread, devastating to our homes, industry, to our complex roadways and to some large public buildings. Earthquakes cannot be prevented, but knowing what to do before, during and after an earthquake can make all the difference.</p> <p>The most crucial element in surviving any type of natural disaster is preparation. Effective preparation can save your life, the lives of family members or of co-workers.</p> <p>This program explains how to prepare for earthquakes and other emergencies at work. Designed to mitigate property damage and prevent injuries during emergencies.</p>	13:00	Emergency Response Team
1405 DVD	<p>“Emergency Evacuation” - DVD</p> <p>Explains the essentials of evacuations, precautions to take, and what to do in case of an emergency. Although designed for large buildings, it can be adapted to any size facility.</p>	12:00	Safety Committee; General Audience

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Tape #	Title/Description	Length	Audience
1406 VHS Only	“Swept Away... A Guide To Water Rescue Operations.” In emergency situations, swift-flowing water can become a deadly adversary for both victims and rescuers alike. Now, for the first time, there is a comprehensive training film that clearly explains through demonstrations the safest and most effective water rescue techniques. This video is a resource for any emergency personnel who are called upon to respond to water-related emergencies.	30:00	Emergency Response Team; Fire Dept.
1407 New 2013 DVD	“Are You Ready? - Regional Disaster Preparedness” - DVD In order to encourage Houston area citizens to prepare themselves, their families, and their communities, an instructional video has been developed to help educate and empower <u>everyone</u> to prepare for and respond to all kinds of emergencies. The video is designed to detail how families can make a family emergency plan, build an emergency supply kit, and be informed about the different types of emergencies in our community. http://www.readyhouston.tx.gov/videos.html This DVD also contains other featured videos: -Disaster Preparedness for Kids – 12 mins -Make the Call – Terrorism Prevention – 6 mins -Together Against the Weather Hurricane Readiness for Persons w/Access & Functional Needs – 7 mins Hurricane Readiness for Children w/Access & Functional Needs – 7 mins -Run, Hide, Fight – 6 mins	15:00	General Audience
1408 New 2013 DVD Multiple Language	“Are You Ready? - Regional Disaster Preparedness” - Multiple Languages DVD In order to encourage Houston area citizens to prepare themselves, their families, and their communities, an instructional video has been developed to help educate and empower <u>everyone</u> to prepare for and respond to all kinds of emergencies. The video is designed to detail how families can make a family emergency plan, build an emergency supply kit, and be informed about the different types of emergencies in our community. http://www.readyhouston.tx.gov/videos.html This DVD also contains other featured videos: -Disaster Preparedness for Kids – 12 mins -Make the Call – Terrorism Prevention – 6 mins -Together Against the Weather Hurricane Readiness for Persons w/Access & Functional Needs – 7 mins Hurricane Readiness for Children w/Access & Functional Needs – 7 mins -Run, Hide, Fight – 6 mins	15:00	General Audience
1460 CC	“Facility Security: The Critical Link” Most emergency situations arise with very little warning, and we now know that a terrorist attack can strike in any form. This video highlights important points in maintaining facility security and explains that in an emergency situation, <i>human intelligence</i> is the critical link.	18:00	Safety Committee; General Audience
1461 CC	“Emergency Action Plan” This program will teach your employees the basic aspects of emergency action planning. They will learn evacuation procedures as well as the importance of simulations and the responsibilities of all personnel.	15:00	Safety Committee; General Audience

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Tape #	Title/Description	Length	Audience
1462	<p>“Spiral to Disaster”</p> <p>You’ll learn what makes a good Emergency Action Plan (EAP), and see what could potentially happen without an EAP in place. This video contains actual footage of the destruction of one of the largest off-shore oil and gas production platforms in the North Sea – the Piper Alpha.</p>	24:00	Emergency Response Team
1463	<p>“Disaster Worker Code of Safe Practices”</p> <p>Describes safety procedures and personal protective equipment guidelines and tips. Great orientation training program for volunteer fire department and emergency response personnel.</p>	16:30	Disaster Clean-Up Crews
1464	<p>“Incident Safety”</p> <p>Examines safety considerations in an emergency response. Discusses disaster worker safety, as well as civilian security and safety concerns.</p>	18:00	Emergency Response Team
1465	<p>“Incident Command Safety (ICS)”</p> <p>Defines the basic structure and function of the Incident Command System which can be used at any size incident. The ICS is nationally recognized as the best emergency management system</p>	15:00	Emergency Response Team
1466	<p>“Local Emergency Planning Committees”</p> <p>Hazardous chemicals are a part of modern life. While chemicals are generally handled safely, serious accidents in the mid-1980’s led Congress to create Local Emergency Planning Committees (LEPCs). LEPCs prevent and plan the response to accidental or deliberate chemical incidents. This program tells the story of LEPCs, the history behind their creation, the community members who belong to them, and what LEPCs do to guard the safety of your community.</p>	23:00	Emergency Response Team
1467	<p>“CPR & AED... The Chain To Survival”</p> <p>Every 2 minutes someone dies of sudden cardiac arrest. Make sure your workers are equipped to help a co-worker survive such an event.</p>	12:00	General Audience; Safety Committee
1468	<p>“AED’s Understanding the Basics”</p> <p>The primary goal of an AED program, early defibrillation – a critical link in the chain of survival, recent recommendations concerning AED use in health/fitness facilities, how exercise professionals can minimize their potential legal risk involving AED use, turn-key and practical resources for implementing an AED program in health club.</p>	40:00	General Audience; Safety Committee
1469	<p>“Public Building Safety – It’s Everyone’s Concern”</p> <p>Buildings are not as safe and secure as they once were. They are vulnerable to more dangers, including terrorist attacks. It is thus more important than ever NOT to let safety standards crumble down. Build a solid foundation of safety with this program, which examines vital building security measures to ensure the safety of everyone.</p> <ul style="list-style-type: none"> • International and domestic terrorism vs. criminal activity vs. workplace violence • Specific security measures • Communicating important information 	17:00	Safety Committee; General Audience
1470	<p>“What to do in Case of an Emergency”</p> <p>Whether it is fire, earthquake, tornado, or even bomb threat, there are some basic things that every employee must now in order to respond properly. This video gives solid guidelines for dealing with emergencies, including surviving an earthquake, fire evacuations, chemical spills in an emergency, and fire extinguishers.</p>	17:00	General Audience; Safety Committee

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Tape #	Title/Description	Length	Audience
1471	<p>“Tire Fires”</p> <p>Mountains of scrap tires might not sound like an emergency response situations, but for the past 40 years this type of environmental problem has been growing, and tire fires have become a serious problem throughout the country. This video identifies and discusses the health and environmental threats that result from tire fires. Practical suggestions are offered on how to combat tire-laden landfill fires, the advantages and disadvantages of the various extinguishing methods, and what can be done on a community level to safeguard against this type of environmental hazard.</p>	15:00	First Responders; Command Staff
1506 <i>New 2013 DVD</i>	<p>“Run, Hide, Fight: Surviving An Active Shooter Event” - DVD</p> <p>It may feel like another day at the office, the authoritative voice announces in the video, but life sometimes can feel more like an action movie than reality. So begins the narration in the instructional video that just might save your life - if a crazed gunman ever opened fire at your workplace.</p> <p>After the mass shooting at a movie theater in Aurora, Colo., the city of Houston released a short video depicting a fictional shooting incident at an office building, the most likely locale for a mass shooting.</p> <p>The Mayor's Office of Public Safety and Homeland Security Department produced the video, which offers a three-step guide on confronting such an unthinkable scenario: run, hide, fight. The key to survive such a live-or-die scenario is mirrored in the video's title: run, hide and fight.</p> <p>This video was produced to educate everyone on how to best handle an Active Shooter situation in the workplace or in public. While we encourage you to watch this video and learn how best to react to such an event, we also warn you, this content, like it's subject matter, is violent in nature. We share this educational video with the goal of saving lives.</p> <p>http://www.readyhouston.gov/videos.html</p>	6:00	General Audience; Supervisors; Management
1507 <i>New 2013 DVD</i> <i>Multiple Language</i>	<p>“Run, Hide, Fight: Surviving An Active Shooter Event” – Multiple Languages DVD</p> <p>It may feel like another day at the office, the authoritative voice announces in the video, but life sometimes can feel more like an action movie than reality. So begins the narration in the instructional video that just might save your life - if a crazed gunman ever opened fire at your workplace.</p> <p>After the mass shooting at a movie theater in Aurora, Colo., the city of Houston released a short video depicting a fictional shooting incident at an office building, the most likely locale for a mass shooting.</p> <p>The Mayor's Office of Public Safety and Homeland Security Department produced the video, which offers a three-step guide on confronting such an unthinkable scenario: run, hide, fight. The key to survive such a live-or-die scenario is mirrored in the video's title: run, hide and fight.</p> <p>This video was produced to educate everyone on how to best handle an Active Shooter situation in the workplace or in public. While we encourage you to watch this video and learn how best to react to such an event, we also warn you, this content, like it's subject matter, is violent in nature. We share this educational video with the goal of saving lives.</p> <p>http://www.readyhouston.gov/videos.html</p>	6:00	General Audience; Supervisors; Management

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Tape #	Title/Description	Length	Audience
762	<p>“Controlling Exposure to Bloodborne Pathogens” Developed to meet training requirements for employees who reasonably anticipate exposure to blood or body fluids on the job and applies to anyone who is trained in first aid/CPR.</p>	18:00	First Aid; CPR Personnel
860	<p>“Confined Space Rescue” This video reviews OSHA rescue requirements and technical rescue procedures.</p>	31:00	Utilities; Public Works
2001 DVD	<p>“Fire Prevention and Safety” - DVD Teach employees the importance of preventing and dealing with fire emergencies.</p> <ul style="list-style-type: none"> • Causes of industrial and office fires • Fire fighting tools including extinguishers • Prevention, including good housekeeping • Early detection, escape plans 	17:00	General Audience
2704 DVD	<p>“Hazardous Material Labels” - DVD One important method for identifying hazardous materials is through the use of container labels. From bottles and drums to trucks and railcars, labels and placards provide information about the contents of a container, as well as what to do and who to call in case of an emergency. Because this information is so critical for the safe handling and transporting of these potentially dangerous substances, several organizations have developed labeling and placarding systems to communicate to employees about a container's contents. This training program is designed to help employees understand the characteristics of different labeling systems and the ways that each convey information. By recognizing the differences and similarities of these systems, employees will be better prepared to work safely around hazardous materials. Areas covered in the program include:</p> <ul style="list-style-type: none"> • OSHA's Hazard Communication Standard. • Types of containers requiring labels. • Information required on labels. • Department of Transportation(DOT) Hazardous Material Classifications. • DOT label and placard requirements. • United Nations Identification Numbers. • The Hazardous Materials Identification System (HMIS). • The National Fire Prevention Association (NFPA) Labeling System. • Hazardous waste labeling. 	22:00	Utilities; Public Works; Those working with MSDS's
2762 CC	<p>“Chemical Emergency Preparedness and Procedures” Chemical spills can become life threatening if not handled properly. What to do in the event of a chemical emergency is the main focus of this program.</p>	10:00	Public Works; Utilities; Emergency Responders
2763 CC	<p>“Hazmat Spills: Are You Ready?” Who is responsible for handling a chemical spill, how to recognize them and ways to prevent a spill from occurring are the topics of discussion in this educational film.</p>	10:00	Utilities; First Responders

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Tape #	Title/Description	Length	Audience
4306 DVD	<p>“Critical Incident Stress Debriefing” - DVD</p> <p>This training program stresses the importance of having a program that provides debriefings, how to make best use of these services, when to call, and generally dealing more effectively with Critical Incidents when they occur.</p> <p>Topics discussed in this training video include: What is CISD?, lay-offs, What are some workplace incidents that would require action?, robberies, What is diffusing?, Some managers think CISD is psychological nonsense, terrorist threats, What should you do before an incident?, How soon should some form of CISD take place?</p>	13:00	Supervisors; Management

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Tape #	Title/Description	Length	Audience
EMPLOYEE CONDUCT & VIOLENCE IN THE WORKPLACE			
1500 DVD	<p>“Violence on the Job” - DVD</p> <p>This video will assist you in offering safety and health at work for all people through research into the problem and prevention techniques.</p>	27:00	General Audience
1501 DVD	<p>“Conflict Resolution in the Office” - DVD</p> <p>Conflict in the workplace is inevitable. Anytime two or more people come together, they will eventually disagree about something. While some conflict can be healthy, it is often an indication that there is something wrong. Conflict is frequently a "call to action"... a problem crying out for a solution.</p> <p>The good news about conflict is that it is usually based on "caring". The more someone defends their point of view in an argument, the more they care. But if conflict is allowed to fester and grow without a resolution, it can lead to serious problems such as threats and even physical violence. The effectiveness of an entire organization can be harmed if conflict is allowed to escalate.</p>	17:00	Office Personnel; Supervisors; Management
1502 DVD	<p>“No Tolerance” (2011 Edition) - DVD</p> <p>Presented by the MEL and JA Montgomery Risk Control to discuss EPL issues that municipalities face on a daily basis.</p> <p>Topics to include:</p> <ul style="list-style-type: none"> • Workplace harassment, • Discrimination • Wrongdoing <p><i>This DVD is also available on the MEL Website as an on-line resource.</i></p>	17:00	Office Personnel; Supervisors; Management
1503 New 2013 DVD	<p>“Workplace Harassment in the Office” - DVD</p> <p>Discuss the various types of harassment that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help prevent workplace harassment.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> • The nature of workplace harassment • How to recognize various types of harassment • How to handle verbal abuse and threats • The many forms sexual harassment can take • How to recognize the many variations of "assault" • Knowing what to do, and what not to do, when confronted with a stalker • How fostering a positive workplace environment can increase productivity and safety 	17:00	General Audience; Supervisors, Management

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Tape #	Title/Description	Length	Audience
1504 <i>New 2013 DVD</i>	<p>“Personal Liability in the Workplace Pranks & Harassment” - DVD Liability for pranks and harassment in the workplace is extremely high, with record lawsuits stemming from not only the practice of such actions, but from companies ignoring the problem and not taking action to prevent it. This training demonstrates to all employees that there could be personal liability for such action, as well as company liability. Program explains the problem and provides the steps to take to prevent such actions in the workplace. This program should be viewed by all employees, supervisors and management, to reduce individual and company liability.</p> <p>The training includes: phone calls, broadcasting derogatory jokes, calls, postings on the Internet and social media outlets.</p>	12:00	General Audience; Supervisors, Management
1505 <i>New 2013 DVD</i>	<p>“Workplace Violence: Employee Training” - DVD This video discusses the increase in violence in the last decade, and reviews the various identified causes and symptoms. It stresses the need for recognition and early intervention. It uses several case studies to clarify the issues and provides a profile of the typical person who commits violence. It also reviews the flee and hide responses when the violence erupts. While focused on employee recognition it is a good review of supervisor and managerial responses and responsibilities.</p>	17:00	General Audience; Supervisors; Management
1506 <i>New 2013 DVD</i>	<p>“Run, Hide, Fight: Surviving An Active Shooter Event” - DVD It may feel like another day at the office, the authoritative voice announces in the video, but life sometimes can feel more like an action movie than reality. So begins the narration in the instructional video that just might save your life - if a crazed gunman ever opened fire at your workplace.</p> <p>After the mass shooting at a movie theater in Aurora, Colo., the city of Houston released a short video depicting a fictional shooting incident at an office building, the most likely locale for a mass shooting.</p> <p>The Mayor's Office of Public Safety and Homeland Security Department produced the video, which offers a three-step guide on confronting such an unthinkable scenario: run, hide, fight. The key to survive such a live-or-die scenario is mirrored in the video's title: run, hide and fight.</p> <p>This video was produced to educate everyone on how to best handle an Active Shooter situation in the workplace or in public. While we encourage you to watch this video and learn how best to react to such an event, we also warn you, this content, like it's subject matter, is violent in nature. We share this educational video with the goal of saving lives.</p> <p>http://www.readyhoustontx.gov/videos.html</p>	6:00	General Audience; Supervisors; Management

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Tape #	Title/Description	Length	Audience
<p>1507</p> <p><i>New 2013 DVD</i></p> <p><i>Multiple Language</i></p>	<p>“Run, Hide, Fight: Surviving An Active Shooter Event” – Multiple Languages DVD</p> <p>It may feel like another day at the office, the authoritative voice announces in the video, but life sometimes can feel more like an action movie than reality. So begins the narration in the instructional video that just might save your life - if a crazed gunman ever opened fire at your workplace.</p> <p>After the mass shooting at a movie theater in Aurora, Colo., the city of Houston released a short video depicting a fictional shooting incident at an office building, the most likely locale for a mass shooting.</p> <p>The Mayor's Office of Public Safety and Homeland Security Department produced the video, which offers a three-step guide on confronting such an unthinkable scenario: run, hide, fight. The key to survive such a live-or-die scenario is mirrored in the video's title: run, hide and fight.</p> <p>This video was produced to educate everyone on how to best handle an Active Shooter situation in the workplace or in public. While we encourage you to watch this video and learn how best to react to such an event, we also warn you, this content, like it's subject matter, is violent in nature. We share this educational video with the goal of saving lives.</p> <p>http://www.readyhoustontx.gov/videos.html</p>	6:00	General Audience; Supervisors; Management
1560	<p>“Preventing Violence in the Workplace”</p> <p>Preventing violence in the workplace takes more than just awareness and policies which prohibit it. Employees and managers must be able to recognize and contain situations before they escalate into violent events.</p>	17:00	General Audience
1561	<p>“Violence in the Workplace”</p> <p>Designed to provide an overview on how to prevent workplace violence. Some covered topics are: recognizing the problem, recognizing warning signs and development of a crisis program.</p>	10:00	General Audience
1562	<p>“Workplace Violence: Recognizing and Defusing Aggressive Behavior”</p> <p>Incidents of workplace violence have become so common, that only the most shocking make national news. This program is designed to make supervisors more aware of the issues related to workplace violence.</p>	26:00	General Audience
<p>1563</p> <p><i>CC</i></p>	<p>“Workplace Violence The Calm Before the Storm”</p> <p>In one year alone, workplace violence accounted for one out of five work-related deaths in the U.S. This video program is designed to help supervisors and employees identify the warning signs of workplace violence and prevent it.</p>	23:00	General Audience
1564	<p>“Workplace Violence”</p> <p>This program shows employees how to recognize the warning signs of possible violent behavior, as well as how to avoid or defuse potentially dangerous situations. Includes information on the nature of workplace violence, underlying causes, the warning signs, aggressive behavior, threats and verbal abuse, sexual harassment, physical assault, armed assailants, fostering a positive workplace environment, and more.</p>	14:00	General Audience

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Tape #	Title/Description	Length	Audience
1469	<p>“Public Building Safety – It’s Everyone’s Concern”</p> <p>Buildings are not as safe and secure as they once were. They are vulnerable to more dangers, including terrorist attacks. It is thus more important than ever NOT to let safety standards crumble down. Build a solid foundation of safety with this program, which examines vital building security measures to ensure the safety of everyone.</p> <ul style="list-style-type: none"> • International and domestic terrorism vs. criminal activity vs. workplace violence • Specific security measures • Communicating important information 	17:00	Safety Committee; General Audience

EXCAVATION & TRENCHING SAFETY

1600 <i>DVD</i>	<p>“The Competent Person & Soil Classification” - DVD</p> <p>If you have been around construction or public works for any length of time, you know that working around trenches can be dangerous. A person buried under only a couple of feet of soil can experience enough pressure to the chest to prevent the lungs from expanding causing suffocation. Heavier soil and boulders can crush us in an instant. Of course we must remember that the average cave-in can drop five yards or soil or more. That’s 13,500 pounds of dirt!</p> <p>Topics included in this video are: competent person, inspections, soil classification, and manual testing.</p>	20:00	Utilities; Public Works; Parks & Rec.
1601 <i>DVD</i>	<p>“Trench Safety for Field Personnel” - DVD</p> <p>This training program has been developed specifically for those persons actually working in or around trenches, excavations. An excellent refresher course for anyone in this category. Basic information stresses trenching safety, equipment, different types of soils and the competent person job responsibilities. Discusses pre-planning, how heavy soil is, cave-ins and other day to day risks and hazards.</p>	14:00	Utilities; Public Works
1602 <i>DVD</i>	<p>“Seeing is Believing: Safely Exposing Buried Utilities” - DVD</p> <p>Knowing the colors and meaning of utility markers is only part of the answer to safe, damage-free digging. Physically exposing buried utilities in a safe, efficient way is absolutely vital to any installation or repair. Learn the most efficient and cost effective means through this video.</p> <p>Topics Reviewed:</p> <ul style="list-style-type: none"> • One-call requirements • Open trench & trenchless • Vacuum systems • Hand digging • Damage response 	23:00	Utilities; Public Works; Parks & Rec.

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Tape #	Title/Description	Length	Audience
1603 DVD	<p>“Digging Dangers XVI: Excavation Tragedies” – DVD</p> <p>This video covers some of the worst excavation accidents of 2004. Viewers see an on-the-scene portrayal of a backhoe hit on a jet fuel line in Walnut Creek CA that killed five workers. This video also covers a Belgium pipeline explosion that killed 24 and injured 100, a gas pipeline explosion near Madrid IA, two Dallas TX firefighters overcome by gas while responding to pipeline damage, an Evansville IN gas explosion that killed two, a water main hit that flooded streets in Ft. Lauderdale, FL, a gas explosion in Hammond IN, a worker injured by gas explosion near Detroit, a Philadelphia gas main inferno that made national news, and two homes destroyed in a gas explosion in Fairfax, OK. The video also revisits the 2003 gas explosion that killed seven in Toronto. The son of one of the victims appears on camera to give his personal account of the accident and its aftermath.</p>	20:00	Utilities; Public Works
1604 DVD	<p>“Competent Person - Trenching & Shoring” - DVD</p> <p>It occurs year after year, workers needlessly dying in trench cave-ins. The tragedy lies with the fact that these workers should have never have been in a situation in which their lives were on the line. Based on National Institute for Occupational Safety and Health statistics, an average of 60 workers die in cave-ins annually. According to NIOSH, these deaths are entirely preventable.</p> <p>Topics included in this video are: causes of fatalities, soil, causes of cave-ins, what is a trench, OSHA standards, what the competent person must do, inspections, hazardous atmospheres, water control, soil classification, manual testing, and the pocket penetrometer.</p>	29:00	Utilities; Public Works
1605 DVD CC	<p>“Trenching & Shoring” - DVD</p> <p>Topics included in this safety video are:</p> <p>Causes of fatalities, Soil, Causes of cave-ins, What is a trench, OSHA standards, What the competent person must do, Inspections, Hazardous atmospheres, Water control, Soil classification, Manual testing, and the pocket penetrometer.</p>	14:00	Utilities; Public Works; Parks & Rec.
1660 CC	<p>“Cave-in Trenching and Shoring Safety”</p> <p>Every year about 400 U.S. workers die in trenches and 6,400 workers are seriously injured in trench cave-ins. That’s why your people need to understand trench hazards – and how to prevent cave-ins. Complies with OSHA 1926.650-652. Walls, easy to install, is easily pressure checked and can be used around crossing utilities. Make sure your workers know how to install hydraulic shoring – and use it right.</p> <p>Topics Include:</p> <ul style="list-style-type: none"> • Grain size and saturation • Cohesion and soil testing • Protective systems 	18:00	Utilities; Public Works
1661	<p>“Cave-In Response”</p> <p>Knowing safe response methods for cave-ins can make the difference between life and death.</p>	24:00	Utilities; Public Works
1662	<p>“The Competent Person & Solis Analysis”</p> <p>Ensure your employees know their responsibilities and are prepared for inspection.</p>	27:00	Utilities; Public Works; Parks & Rec.

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Tape #	Title/Description	Length	Audience
803 New 2013 DVD	<p>“Confined Space in Construction” – DVD</p> <p>Produced in conjunction with National Utility Contractors Association (NUCA), this video covers working safely in a confined space. Preparation begins with this overview. Identifying confined spaces and their hazards. Topics for the entire excavation crew to be aware of duties of confined space entry team.</p>	17:00	Utilities; Public Works; Competent Person

EYE SAFETY

1700 DVD	<p>“Eye Safety Update” - DVD</p> <p>Most employees take “healthy eyes” for granted. But our eyes are very fragile and statistics show that eye injuries occur frequently in the workplace. This updated training program shows employees that many eye problems are caused by not paying attention to the work that they are doing or not wearing appropriate PPE.</p> <p><u>This video includes information on the following:</u></p> <ul style="list-style-type: none"> • Common eye injuries and how they are caused • Short and long-term effects of eye injuries • Eye care and safety practices • The selection and use of PPE and more 	15:00	Utilities; Public Works; Shop Personnel
1701 DVD	<p>“Safety Showers & Eye Washes”- DVD</p> <p>No matter how many precautions employees take, accidents sometimes happen. In these situations quick action is essential, and if the incident involves a hazardous material, using a safety shower or eye wash can be extremely important.</p> <p>This program reviews situations where safety showers and eye washes should be used, as well as how to properly use them.</p> <p><u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • Types of showers and eye washes • How to operate showers and eye washes correctly • Chemical splashes • Appropriate shower and eye wash techniques • Helping an accident victim use a shower/eye wash • First aid • Maintenance and testing of showers and eye washes 	13:00	Utilities; Public Works; Shop Personnel; Parks & Rec.; Employees working with chemicals
1702 DVD	<p>“The Horror of Losing an Eye” - DVD</p> <p>This video is a <i>graphic</i> display of eye diseases, eye injuries and eye traumas. It covers solid information on eye injury prevention and emergency treatments.</p> <p><i>Graphic Photographs – Viewer Discretion</i></p>	13:00	Utilities; Public Works; Shop Personnel
1703 DVD - 2 nd lang.	<p>“The Eyedeology of Safety” - DVD</p> <p>Reviews how to avoid injury as well as emergency procedures to follow if an accident should occur.</p> <p><u>Topics:</u></p> <ul style="list-style-type: none"> • Protective eyewear • Avoiding injury • Emergency procedures 	20:00	Utilities; Public Works; Shop Personnel

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Tape #	Title/Description	Length	Audience
1704 DVD	"Eye Safety" - DVD This video delivers important information on eye protection with a unique emphasis on personal responsibility. The viewer is provided with three steps to eye safety that is extremely easy to relate to and understand. Interviews with "real" people who would have lost their eyesight if they hadn't been wearing eye protection provide powerful reinforcement for safe behavior.	12:00	Utilities; Public Works; Shop Personnel
1760 CC	"Eye Protection – Why Gamble?" Compliance with OSHA's Eye Protection Standard (1910.113). It reviews how to avoid injury as well as emergency procedures to follow if an accident should occur.	14:00	Utilities; Public Works; Shop Personnel

FALL PROTECTION / LADDER / SCAFFOLD SAFETY

1800 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	"Personal Fall Protection: One Step Beyond" Each year around 150 to 200 workers are killed and more than 100,000 are injured because of falls. When your workers are working at heights, you cannot let safety standards come crashing down. This training program, based on Subpart M of OSHA Standard 1926, highlights fall protection measures for general industry employees. It covers: <ul style="list-style-type: none"> • Personal fall protection systems • Lifelines, snaphooks and harnesses • Rescue • Equipment care and inspection 	13:00	Employees working at heights
1801 DVD	"Ladder Safety" (Aurora) - DVD This video is designed for step and straight ladders. Topics include: <ul style="list-style-type: none"> • Defines safety requirements • Belt buckle rule • 4:1 ratio of straight ladders • How to reduce ladder injuries • Unsafe behavior 	7:00	Employees working at heights

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Tape #	Title/Description	Length	Audience
1802 DVD	<p>“Supported Scaffolding Safety” - DVD</p> <p>Whenever a worker leaves the ground, the risk of an accident occurring increases dramatically. With more than 10,000 scaffold related injuries reported each year, OSHA has mandated that workers be trained on how to safely erect and use these work platforms. This program will help employers meet the training requirements of OSHA's Scaffolding regulation.</p> <p>This program helps employees understand the dangers of working with scaffolds, and how these risks can be minimized by knowing the correct ways to erect, maintain and use scaffolding equipment.</p> <p>Areas covered in the program include:</p> <ul style="list-style-type: none"> • Responsibilities of a "scaffold expert". • Creating a level and stable foundation. • Platforms and planking. • The danger of power lines. • Ramps and walkways. • Platform hazards. • Personal fall arrest systems. • Guarding against falling objects. 	23:00	Scaffold Workers
1803 New 2013 DVD	<p>“Surviving the Fall” - DVD</p> <p>Falling just a short distance can generate huge forces and cause injury, even if you don't hit the ground. The proper use of fall protection equipment reduces these forces and prevents injuries. In this program, viewers will see fall protection equipment deployed in actual fall events and learn the proper selection and use of these devices. In addition to safe work practices, such as 100 percent tie-off techniques, emphasis is placed on having a rescue plan in place should a fall occur.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Selecting an anchor point • Inspecting the harness and lanyard • Proper calculation of fall distance • Specialized connection devices • The pros and cons of lanyards vs. retractable lifelines 	20:00	Employees working at heights
1860 CC	<p>“Fall Protection: What’s Required and Beyond”</p> <p>As of February 6, 1995, fall protection is required whenever employees are potentially exposed to falls from 6’ or greater. This video shows supervisors and employees various approaches to achieving 100 percent fall protection under the Revised Subpart M ruling.</p> <ul style="list-style-type: none"> • Fall protection guidelines • Positive fall protection • Safety nets 	21:00	Employees working at heights
1861	<p>“Fall Protection in the Workplace”</p> <p>Reviews guidelines for prevention of falls in the workplace. Safety checks, personal protective equipment are highlighted.</p>	15:35	Employees working at heights
1862	<p>“Fall Protection”</p> <p>Even a short fall can cause serious injury or even death. This great training tool covers body harnesses, shock absorbing lanyards, swing effect, rope grabs, retractable lanyards, and more.</p>	21:00	Employees working at heights
1863	<p>“Personal Fall Protection”</p> <p>Establishing a personal fall protection system, as well as different types of fall protection equipment is reviewed.</p>	10:00	Employees working at heights

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Tape #	Title/Description	Length	Audience
1864 CC	“Stairways & Ladders: The First Step” Safety on ladders and stairways at your workplace involves understanding what they are designed for and how to use them. This video will teach you how to inspect, set up and use ladders properly. You'll also learn work practices that will enable you to climb stairways safely.	18:00	Employees working at heights
1865	“Ladder Safety” (Bauer) The name's Monday, Joe Monday... By following the exploits of Detective Joe Monday on "The Case of the Wrong Ladder", workers learn the do's and don't of working above ground. Set in plant and on the job site, this video is relevant to those in industrial and construction environments.	18:00	Employees working at heights
1866	“Scaffold Safety” Reviews the safety requirements for scaffold usage. Explains who is authorized to design/build a scaffold, things to look for before getting on a scaffold and fall protection requirements and safety guidelines.	16:50	Scaffold Workers
1867 CC	“Scaffold Safety At All Levels” Scaffold-related incidents result in 4,500 injuries and 50 deaths every year, which is why OSHA recently revised its scaffold standard. This important program covers the new requirements of 1926.450-454.	16:00	Scaffold Workers
4204 New 2013 DVD	“Don't Fall Down on the Job” - DVD This video presents the science behind falls and the factors that contribute to slips and falls. It covers multiple worksites with emphasis on walking, using stairs and step ladders as well reviewing specifics on scaffolds set up. It covers equipment inspection and best practices. A bonus is several suggestions to minimize injury should you fall. It is good for maintenance, janitorial people and office personnel.	18:00	General Audience; Maintenance; Janitorial

FIRE DEPARTMENT SAFETY

1900 DVD	“Occupational Disease Prevention for Firefighters” - DVD During the course of their careers, firefighters may be exposed to a number of air contaminants and other environmental factors that can cause cardiovascular disease, cancer, and noise-induced hearing loss. This 25 minute video discusses some of the common exposures firefighters face in the field and in fire stations, and what they can do to reduce their risk of contracting occupational diseases. The need for occupational medical, fitness, and nutrition programs are highlighted. Also, the importance of personal protective equipment and on-scene incident management to reduce adverse exposures is reviewed. This video ends up with a discussion of the problems facing smaller fire departments to acquire the resources needed to implement needed programs, and offers solutions to solve this dilemma.	25:00	Firefighters; Command Staff
1960 (2 Part Series)	“Back Injury Prevention for Firefighters” <i>(Two Part Series)</i> Series covers the basic structure of the back, methods to reduce back stress, correct posture and lifting techniques and exercises to strengthen the back. This program demonstrates the ergonomically correct way to perform typical firefighting duties.	40:00	Firefighters; Command Staff

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Tape #	Title/Description	Length	Audience
1961	<p>“Fire Service Operations: Why Things Go Right, Why Things Go Wrong.”</p> <p>After an incident ends up in injury, policies, procedures and protocols are inspected and adjusted to prevent a recurrence of that type of mistake. Risk Managers do not wait for mistakes to occur. Rather they are proactive, and look for things that are going to go wrong.</p> <p>In this videotape, noted attorney, author and lecturer Gordon Graham clearly presents the issues and answers. This program may assist you in preventing "The Big One" from occurring in your organization. This production highlights the "Five Pillars" of a successful fire department and explores management's role in getting the job done right.</p>	45:00	Firefighters; Command Staff
1962	<p>“Risk Management in the Fire Service”</p> <p>This video describes different ways to minimize the risks involved with being in the Fire Service.</p>	27:00	Command Staff
1963 (6 Part Series)	<p>“Recruiting, Training & Maintaining the Volunteer Firefighter” <i>(Six Part Series)</i></p> <p>An excellent program geared toward fire chiefs for increasing the desire and motivation to improve volunteer firefighting programs. Provides hands-on-tools that will assist in recruitment, training, leading, motivating and maintaining volunteers.</p>	8 Hours	Volunteer Firefighters; Command Staff
1964	<p>“Backdraft & Smoke Explosion”</p> <p>A look into what a back draft really is, how and why it happens, what the warning signs are and what you can do to avoid getting seriously hurt.</p>	15:00	Firefighters; Command Staff
1965	<p>“Collapse of Burning Building - Part III: Truss Roof Collapse”</p> <p>This tape explains what to look for in a size-up, what patterns you can spot, and what the major dangers are both inside and outside the building. The live fire scene footage, still photos and graphics illustrate what you need to know.</p> <p>Part III topics review: What a truss is and identifying types of trusses</p>	22:00	Firefighters; Command Staff
1966	<p>“Collapse of Burning Building - Part IV: Floor Collapse”</p> <p>This tape explains what to look for in a size-up, what patterns you can spot, and what the major dangers are both inside and outside the building. The live fire scene footage, still photos and graphics illustrate what you need to know.</p> <p>Part IV topics review: Classification of structures, girders and columns</p>	22:00	Firefighters; Command Staff
1967	<p>“Collapse of Burning Building - Part V: Wood Frame Building Collapse”</p> <p>This tape explains what to look for in a size-up, what patterns you can spot, and what the major dangers are both inside and outside the building. The live fire scene footage, still photos and graphics illustrate what you need to know.</p> <p>Part V topics review: Definition of wood frame building and types of construction</p>	21:00	Firefighters; Command Staff
1968	<p>“Master Stream”</p> <p>Discusses various types of nozzle applications for fire fighting and using applied techniques.</p>	12:00	Firefighters; Command Staff
1969	<p>“Flashover”</p> <p>Discusses the elements required that cause rooms or entire buildings to explode into fire. Topics include the fire triangle, and at what point during free burning of a structure will it flashover.</p>	16:00	Firefighters; Command Staff

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Tape #	Title/Description	Length	Audience
1970	<p>“Building Construction & Facade Collapse”</p> <p>NFPA 1500 states that fire departments should have a standard operating procedure in writing for all fire and emergency scene operations. FDVT is committed to bringing you training videos that can be the basis for standard operating procedures. The videos will be a primary source of fire ground strategy, tactics and firefighting survival.</p>	19:00	Firefighters; Command Staff
1971	<p>“Bread & Butter Operations: Advancing the Initial Attack Handline”</p> <p>Using fire footage from actual fires, this video discusses the safe and effective movement of the handline team into the fire area; coordinating the attack with the ventilation team; and the methods for keeping the handling moving, with an emphasis on intercompany communication.</p>	17:00	Firefighters; Command Staff
1972	<p>“Bread & Butter Operations: Command & Control of Fires and Emergencies”</p> <p>Safety video concentrating on: Command presence; Life-and-death decision making; Locating a fire, Size-up of a fire; Command and control at a fire; Hose line placement; Preventing fire spread; Changing strategy; Ventilation; Using elevators at fires; Stairways and strategy; High-rise firefighting; Wildfires; Terrorism; Fire ground communications; Demobilization; Fire ground dangers; Products of combustion, Managing fire ground risks and dangers.</p>	60:00	Firefighters; Command Staff
1973	<p>“Bread & Butter Operations: Fighting Car Fires”</p> <p>Captain Bill Gustin, a 26-year veteran of the fire service, demonstrates safe and effective techniques for extinguishing car fires. He discusses the main features and components of late-model cars and how they affect firefighting efforts, as well as what to expect with fires in older makes and models. See from actual car fires how magnesium reacts to water, what happens when the fire reaches the fuel tank, how to spot apparatus, how to approach the scene, and the best ways to open hoods and trunks.</p>	24:14	Firefighters; Command Staff
1974	<p>“Bread & Butter Operations: Methods of Structure Fire Attack”</p> <p>What is the best method of attacking structure fires? This question generates one of the most heated debates in the fire service. Firefighter Andrew A. Fredericks examines the three most widely recognized methods of structure fire attack - the indirect, direct, and combination methods - to help you decide which is the safest and most effective for your operations.</p>	25:00	Firefighters; Command Staff
1975	<p>“Bread & Butter Operations: Peaked-Roof Ventilation”</p> <p>This video describes the basic approach to operating on a peaked-roof and conducting ventilation operations safely and efficiently. Firefighter Pressler discusses roof styles often encountered by fire personnel, equipment needs, roof access, and types of cuts required for successful ventilation. Fireground safety procedures are constantly addressed, along with proper tool use and roof movement.</p>	17:00	Firefighters; Command Staff

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Tape #	Title/Description	Length	Audience
1976	<p>“Bread & Butter Operations: SCBA Safety & Emergency Procedures”</p> <p>Firefighter Pressler lends his experience and expertise to help you maintain the safe operation of your SCBA, the lifeline in the fire service. This video is ideal for training instructors, basic classes, refresher courses, and anyone else who uses SCBA.</p> <p>It includes instructional footage on donning and doffing procedures, handling equipment emergencies, hazard avoidance, and techniques to use in the event of an emergency.</p>	17:00	Firefighters; Command Staff
1977	<p>“Bread & Butter Operations: Search & Rescue in Private Dwellings, Part 1: The Search Plan”</p> <p>Captain Bill Gustin, a 27-year veteran of the fire service, gives you important information to accomplish the search and rescue mission in private and multi-family dwellings. Learn how to plan your searches, coordinate them with other fireground tasks, adapt them to changing conditions, and execute them as safely as possible.</p> <p>Part 1 includes the elements that make for an effective search plan.</p>	30:00	Firefighters; Command Staff
1978	<p>“Bread & Butter Operations: Search & Rescue in Private Dwellings, Part 2: The Search Plan”</p> <p>Captain Bill Gustin, a 27-year veteran of the fire service, gives you important information to accomplish the search and rescue mission in private and multi-family dwellings. Learn how to plan your searches, coordinate them with other fireground tasks, adapt them to changing conditions, and execute them as safely as possible.</p> <p>Part 2 includes fireground coordination, communications, and tactics and procedures.</p>	30:00	Firefighters; Command Staff
1979	<p>“Bread & Butter Operations: Stretching the Initial Attack Handline”</p> <p>This video identifies such important considerations as horizontal vs. vertical stretches and load, a formula for estimating accurate hose lengths based on the building and stair configurations, and how they affect the stretch.</p>	20:00	Firefighters; Command Staff
1980	<p>“Tools of the Trade: Cutting & Striking Tools”</p> <p>Selecting and using the correct hand tools are critical to your performance on the fireground and are the signs of an experienced and well-trained firefighter. This video will demonstrate use of cutting and striking tools. This includes proper stance and swing, carrying techniques, safety considerations, and applications on the fireground.</p>	22:00	Firefighters; Command Staff
1981	<p>“Tools of the Trade: Push/Pull Tools”</p> <p>Selecting and using the correct hand tools are critical to your performance on the fireground and are the signs of an experienced and well-trained firefighter. This video will demonstrate use of push / pull tools. This includes proper stance and swing, carrying techniques, safety considerations, and applications on the fireground.</p>	30:00	Firefighters; Command Staff
1982	<p>“Tools of the Trade: Prying Tools”</p> <p>Selecting and using the correct hand tools are critical to your performance on the fireground and are the signs of an experienced and well-trained firefighter. This video will demonstrate use of prying tools. This includes proper stance and swing, carrying techniques, safety considerations, and applications on the fireground.</p>	25:00	Firefighters; Command Staff

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Tape #	Title/Description	Length	Audience
1983	<p>“Tools of the Trade: Power Saws”</p> <p>Power saws afford the firefighter efficient and effective cutting power over traditional hand tools. They enable the firefighter to make quick cuts into buildings for ventilation, rescue, forcible entry, and other necessary fireground tasks. Richard Fritz, a 26-year veteran of the fire service and longtime instructor, focuses on the two power saws commonly used in the fire service: the rotary saw and the chain saw. He demonstrates proper stance, carrying techniques, safety considerations, and operations.</p>	30:00	Firefighters; Command Staff
1984	<p>“Disabled Vehicle, Accident Procedures & Truck Fires”</p> <p>This video reviews what to do with a disabled vehicle, reporting accidents, accident scene procedures, emergency procedures, vehicle fires and hot loads, procedures for handling hazardous waste.</p>	16:00	Fire Department; Law Enforcement
701 <i>New 2013 DVD</i>	<p>“BBP for First Response Environments” – DVD</p> <p>This training program has been specifically created to assist first responders in fulfilling the OSHA Bloodborne Pathogens Standard's (29 CFR Part 1910.1030) training requirements. The program addresses the areas needed to comply with the Standard, including;</p> <ul style="list-style-type: none"> • The contents of the Standard. • Epidemiology and symptoms of bloodborne diseases. • Modes by which bloodborne disease is transmitted. • The Exposure Control Plan. • Recognition of exposure situations. • Practices to prevent exposure. • HBV vaccine. • Emergency procedures. • Signs and labels. • Selection and use of personal protective equipment. 	10:00	First Responders
1300 <i>DVD</i>	<p>“Back Safety for EMS/Fire–The Principles & Strengthening” - DVD</p> <p>It is estimated that there are 4.75 million people affected with some form of back pain annually. EMS Providers are at an even greater risk for work related back injuries due to heavy lifting, unpredictable rescue environments and the need for quick response. This DVD provides EMS personnel with guidelines and exercises that can reduce the chance of back pain.</p> <ul style="list-style-type: none"> • Part One, “EMS Back Safety Principles” • Part Two, “EMS Back Strengthening” 	30:00	First Responders; Command Staff
1302 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	<p>“Back Safety For First Responders”</p> <p>While your EMTs, firefighters and law enforcement officers take care of others, you have to take care of them. To keep them healthy, lean on these solid safety techniques and exercises to keep their back muscles strong and flexible.</p> <ul style="list-style-type: none"> • Back structure • Repetitive stress illnesses/reverse stretching • Common first responder back injuries • Proper lifting techniques • Training points for handling stretchers, gurneys and fire hoses 	20:00	First Responders

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Tape #	Title/Description	Length	Audience
1303 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	<p>“Bloodborne Pathogens for Fire and Rescue” Firefighters and rescue workers face the greatest risk of exposure to bloodborne pathogens. This program examines the threat on the job and offers precautions and guidelines to follow, so that saving someone's life doesn't endanger the lives of your personnel.</p> <ul style="list-style-type: none"> • Protective barriers • HIV, hepatitis B and C • Minimizing risk • Preventive work practices 	16:00	First Responders
1361	<p>“Emergency Responders Bloodborne Pathogens” Designed for paramedics, EMTs, fire, police, correctional officers, first-aid/CPR, and other emergency personnel who might be exposed to blood and other potential hazards relating to BBP. Meets training requirements for Categories I and II employees who anticipate becoming occupationally exposed to blood and blood-contaminated products.</p>	16:00	Emergency Responders
1362	<p>“Respirators: Your TB Defense & TB Respiratory Protection: Administrator’s Review” Emmy award winner Loretta Swit hosts this presentation of two NIOSH programs. <i>*Respirators: Your TB Defense</i> is designed to educate health care workers on proper respiratory protection. <i>*TB Respiratory Protection: Administrator’s Review</i> takes you step-by-step through developing a respiratory protection program for tuberculosis.</p>	48:00	First Responders; Command Staff
1406 <i>VHS Only</i>	<p>“Swept Away... A Guide To Water Rescue Operations.” In emergency situations, swift-flowing water can become a deadly adversary for both victims and rescuers alike. Now, for the first time, there is a comprehensive training film that clearly explains through demonstrations the safest and most effective water rescue techniques. This video is a resource for any emergency personnel who are called upon to respond to water-related emergencies.</p>	30:00	Emergency Response Team; Fire Dept.
1463	<p>“Disaster Worker Code of Safe Practices” Describes safety procedures and personal protective equipment guidelines and tips. Great orientation training program for volunteer fire department and emergency response personnel.</p>	16:30	Disaster Clean-Up Crews
1471	<p>“Tire Fires” Mountains of scrap tires might not sound like an emergency response situations, but for the past 40 years this type of environmental problem has been growing, and tire fires have become a serious problem throughout the country. This video identifies and discusses the health and environmental threats that result from tire fires. Practical suggestions are offered on how to combat tire-laden landfill fires, the advantages and disadvantages of the various extinguishing methods, and what can be done on a community level to safeguard against this type of environmental hazard.</p>	15:00	First Responders; Command Staff
2368	<p>“Aerial Rescue” The tape covers rescue equipment selection, electrical hazard rescue, personal safety during an aerial rescue and more. The section on electrical hazard rescue is extremely important for all employees to study. It demonstrates how to safely perform or assist in an electrical hazard rescue.</p>	15:55	Aerial Lift Operators

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Tape #	Title/Description	Length	Audience
2709 New 2013 DVD	<p>“HazMat: Understanding the Hazard Classes” - DVD</p> <p>This video divided in 5 chapters, describes the 9 hazard classes used by the DOT. The program states the common hazards of each class with a list of sample materials and recommended response actions. It starts with a review of defensive actions. It describes four emergency response considerations for each class: Hazard Recognition, Hazard Analysis, Recommended Actions and Incident Stabilization. Reference is made to the pages in the Emergency Response Guide (ERG). Scenes from actual emergencies are used to demonstrate hazard properties and response actions. Important terms such as flash point and explosive range are defined and explained as in vapor pressure, density and fire point. It supports the MSI class on Hazmat Awareness and provides a comprehensive review.</p>	43:00	Fire Department; Police Department
3007 New 2013 DVD	<p>“Video Guide to Chain Saw Safety” - DVD</p> <p>A highly skilled chain saw operator demonstrates the most important techniques to prevent injuries when using a chain saw. Every chain saw operator can learn something from this comprehensive video on chain saw safety. The video is easy to understand and it clearly states what operators need to know in order to prevent an accident.</p> <p>Highlights:</p> <ul style="list-style-type: none"> • How to avoid kickback • Proper use of safety tip • Safe techniques for climbing, bucking and pruning • Demos of chaps, goggles, ear plugs and hard hats 	27:00	Chain Saw Equipment Operators
3600 Avail. in: DVD - CC 2nd lang. & VHS	<p>“Emergency Response Driving”</p> <p>There are risks when you're at the wheel, but when you're driving an emergency vehicle -- with lights and sirens blaring -- the risks multiply! This program shows what it means to drive during emergencies and includes tips to ensure that drivers reach their destinations - ON TIME, SMOOTHLY and SAFELY.</p> <ul style="list-style-type: none"> • Driving basics -- stop signs, red lights and school zones • Speed limits, traffic flow and turn lanes • Stopping, parking and standing • Passing other vehicles • Highway driving • Police chases • Accidents • Planning ahead • Communication • Maintenance 	17:00	Emergency Vehicle Operators
4101 Avail in: DVD & VHS	<p>“Hand Held Cutoff Saws: Safe & Efficient Operation”</p> <p>One of the most common job-site tools is the gas powered cut-off saw. Few saw users have had any training in correct use of gas powered saws.</p> <p>Areas covered:</p> <ul style="list-style-type: none"> • Primary focus on gasoline powered saws • Discusses saw adjustments, safety devices • Correct blade type and application • Correct saw starting techniques • Care and cleaning of the saw 	18:00	Public Works; Landscape Equipment Operators; Firefighters

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Tape #	Title/Description	Length	Audience
4562	<p>“Chlorine Emergency Kit A”</p> <p>This video is designed for both 100 & 150 pound cylinders. It discusses the required PPE & respiratory protection. This kit is for leaks around the top or in the body of the cylinder and describes how to repair each part and what to use from the kit. It gives a detailed step by step list of how to stop each type of leak from whatever the source.</p>	11:00	Utilities; Fire Department

FIRE EXTINGUISHERS / FIRE SAFETY

<p>2000</p> <p>DVD</p>	<p>“Fire Extinguishers: Ready To Respond” - DVD</p> <p>What could be more boring than fire extinguisher training? Not this video! Every year fires in the workplace cause thousands of employee injuries. Fires also cause millions of dollars in damage to personal and company property. Use this upbeat video to teach your employees how to use the P.A.S.S. procedure and the right extinguisher for each kind of fire. The confidence of gaining the proper knowledge through this video can help the panic and confusion usually common to most fire emergencies.</p>	13:00	General Audience
<p>2001</p> <p>DVD</p>	<p>“Fire Prevention and Safety” - DVD</p> <p>Teach employees the importance of preventing and dealing with fire emergencies.</p> <ul style="list-style-type: none"> • Causes of industrial and office fires • Fire fighting tools including extinguishers • Prevention, including good housekeeping • Early detection, escape plans 	17:00	General Audience
<p>2002</p> <p>DVD</p>	<p>“Fire Prevention in the Office” - DVD</p> <p>Among all the safety problems an employee can encounter, fire can be the most frightening. Every year office fires cause millions of dollars in damage and result in hundreds of employee injuries. Yet many employees do not realize how their own actions can contribute to the risk of fire.</p> <p>The training program looks at what causes fires in office environments, reviews steps that can be taken to help prevent fires and discusses what employees should do in case of a fire emergency.</p> <p><u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • Common causes of workplace fires. • The concept of "flashpoint." • "Classes" of fires. • Importance of good "housekeeping." • Preventing office fires. • Fire extinguishers. • Evacuation and other employee responsibilities. • First aid. 	16:00	Office Personnel
<p>2003</p> <p>New 2013</p> <p>DVD</p>	<p>“The Safe Operation and Use of Fire Extinguishers” - DVD</p> <p>This production is a simple and informative portable fire extinguisher training video program. The information on this fire extinguisher video teaches about classes of fire extinguishers, as well as using the fire extinguisher PASS procedure to extinguish fires before they get out of hand. Make sure that fire extinguisher safety is at the forefront of everyone’s mind by using the information on this video to know what type of safety fire extinguisher is needed for each type of fire.</p>	8:00	General Audience

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Tape #	Title/Description	Length	Audience
2060 CC	"Fire in the Workplace" This program will help train employees about the causes and dangers of workplace fires.	17:00	General Audience
2061 CC	"Fire Safety - There's No Second Chance" This program re-creates an actual workplace fire with tragic circumstances. This gripping Trainer's Toolkit will put a spark in employee training by teaching workers what causes fires, how to prevent them and what to do in the event of a fire.	20:00	General Audience
2062 CC	"Fire Extinguisher: Your PASS to Safety" Often, the safest option in cases of a fire is to evacuate the area and call for help. However, in the times where you will be in a position to stop the fire, this video shows how to do so through proper fire extinguisher use. This video discusses the elements of fire, classes of fire and how to stop a fire.	10:00	General Audience
2063	"Using Fire Extinguishers" This program looks at why things burn, reviews the types of fire extinguishers that are found in facilities today, and discusses how to use fire extinguishers to fight small fires. Among all the safety problems an employee can encounter, fire can be the most frightening. The video also includes information on what causes things to burn, the concept of "flashpoint", classes of fires, extinguisher labels and more.	18:00	General Audience

FLAGGER / WORK ZONE SAFETY

2100 DVD	"Flagger Safety" - DVD Training for anyone who is assigned the task of traffic control/flagger. Explains proper equipment, operating rules and professional attitude during this important assignment.	15:00	Work Zone Personnel
2101 New 2013 DVD	"Road Crew Safety: Safe Practices for Road Construction & Paving Crews" - DVD Examines work zone dangers and offers advice on ways to lower the risks. Statistics show that high speed incursions into work zones by passing vehicles is not the primary cause of serious or fatal road work accidents. Working in close proximity to heavy equipment causes more accidents than most people realize. <ul style="list-style-type: none"> • Emphasis on taking responsibility for personal actions • Strong emphasis on NIGHT TIME OPERATIONS • Prior-to-job-start work site inspection • Major accident causes based on insurance company and OSHA stats • Machine accident causes on job sites 	26:00	Work Zone Personnel
2160 VHS Only	"Avoid Hot Mix Hazards: Working Safely With Hot Mix" Construction workers can review some of the most common hazards they will face when working with hot mix. Learn to protect yourself! <ul style="list-style-type: none"> • Proper lane closure & marking • Proper use of flaggers & other warning devices • Use trained signal person • Staying clear of the hot mix during loading/unloading • Protecting your skin • Staying highly visible to & aware of all traffic 	13:00	Work Zone Personnel

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Tape #	Title/Description	Length	Audience
2161	<p>“Work Zone Ahead: Highway Workzone Safety”</p> <p>Some 7,000 workers have died in work zone accidents in the past 10 years. These basic safety reminders are designed to protect road construction workers: Basic safety precautions you can take, The importance of pre-planning the job site/work zone, Properly setting up the work zone traffic control devices, Proper use of flagging personnel.</p>	12:00	Work Zone Personnel
2162	<p>“Flagging - You’re The Director”</p> <p>The job of the flagger is crucial for preventing highway work zone accidents. However, flaggers are often not properly trained or not trained at all. This valuable video program reviews vital flagging procedures.</p>	17:00	Work Zone Personnel
2163	<p>“Traffic Control”</p> <p>Poor traffic control leads to accidents and lawsuits. This is an excellent program addressing all aspects of traffic control common to contractors and public agencies. Signing, cones, warning devices, flagging and more are covered.</p>	17:18	Work Zone Personnel
2907 DVD	<p>“Hand Signals: For Mobile Construction Equipment” – DVD</p> <p>This video shows the SAE hand signals in use with various types of construction equipment in a clear concise manner.</p> <ul style="list-style-type: none"> • Visual use of the hand signals published as SAE J1307 • Verbal explanation of the correct use of established hand signals • How the machine operator responds to clear signals • The effect of hand signals on safety • Situations where hand signals may be the best form of communication 	14:00	Work Zone Personnel
2908 Spanish DVD	<p>“Hand Signals: For Mobile Construction Equipment” (Spanish) - DVD</p> <p>This video shows the SAE hand signals in use with various types of construction equipment in a clear concise manner.</p> <ul style="list-style-type: none"> • Visual use of the hand signals published as SAE J1307 • Verbal explanation of the correct use of established hand signals • How the machine operator responds to clear signals • The effect of hand signals on safety • Situations where hand signals may be the best form of communication 	14:00	Work Zone Personnel
2961	<p>“Load Securement”</p> <p>This video is intended to show you the proper practices of securing a load on your vehicle to prevent accidents from happening.</p>	29:00	Drivers hauling Loads
3000 DVD	<p>“Right of Way Mowing Safety” - DVD</p> <p>Train new operators to do pre-start inspection & remind experienced operators before they begin another mowing season. The dangers of right-of-way mowing are documented. Focus on Tractor Mowing.</p> <p><u>Divided into two parts; pre-start, and on-the-job operating.</u></p> <ul style="list-style-type: none"> • Guards, shields, & other manufacturer provided safety devices • Mower inspection & adjustments • Demonstrates rollover accidents • Working around high speed traffic • Crossing highways 	25:00	Landscape Tractor Operators

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Tape #	Title/Description	Length	Audience
FLEET SAFETY & MAINTENANCE			
2200 <i>Avail. in DVD & VHS</i>	<p>“Automotive Industry: Motor Fleet Maintenance Safety”</p> <p>Fleet repair professionals have important and demanding responsibilities requiring technical skills, experience, and a lot of hard work. Safety is part of your job. Always follow your organization's policies and procedures and equipment manufacturer's recommendations.</p> <p>Topics included in this safety video are: the basics, personal protective equipment (PPE), protection from health hazards, respirators, material safety data sheets (MSDS), compressed air, fire prevention including soiled rags, smoking in designated areas only, fire extinguishers, personal injury specifically back injuries and slips and falls and tools of the trade including machine guarding, hand tools, impact tools, cheater bars, electrical hazards, 2 types of shock protection on electrical tools including grounding, 2-prong, and double insulation, bench grinders, gloves, safety glasses & a face shield, and hydraulic jacks.</p>	17:00	Vehicle Maintenance Personnel
2201 <i>DVD</i>	<p>“Lifting it Right” - DVD</p> <p>Hosted by racing legends Richard & Kyle Petty, this DVD is based on the ALI Safety Manual.</p>	24:00	Vehicle Maintenance Personnel
2202 <i>DVD</i>	<p>“D.O.T. - Out of Service Criteria” - DVD</p> <p>In this video, we want to examine what's known as Motor Vehicle Out of Service Criteria. This criteria is published by the Commercial Vehicle Safety Alliance or CVSA. If any of the conditions described in this program are present on your vehicle, the vehicle may be deemed Out of Service by the Department of Transportation.</p> <p>Topics discussed in this safety video include: brake system, steering gear and linkage, tires, lights and lighting devices, suspension, fuel system, exhaust system, windshields and wipers, emergency equipment, vehicle frame, safe loading, chains, wire rope, fiber rope, synthetic webbing, fittings or attachments, anchor points, coupling systems, van and trailer bodies.</p>	19:00	Vehicle Maintenance Personnel; CDL Drivers
2260	<p>“Automotive Industry: Acid Battery & Jump Starting”</p> <p>Great training for anyone handling acid batteries. This program explains battery construction, personal safety, jump-starting, and charging batteries.</p>	13:00	Vehicle Maintenance Personnel
2261	<p>“Automotive Industry: Preventing Back Injuries”</p> <p>Provides an understanding of how the back functions, and safe lifting techniques</p>	10:00	Vehicle Maintenance Personnel
2262	<p>“Automotive Industry: Hearing Conservation”</p> <p>Designed to heighten awareness of hearing conservation in the workplace. Explains the anatomy of the ear, how noise causes hearing loss and how to prevent hearing loss.</p>	12:00	Vehicle Maintenance Personnel
2263	<p>“Brake Washer Training”</p> <p>Discusses many of the diseases, which can develop from inhaling brake dust, as well as suggestions of what to look for when purchasing equipment.</p>	30:38	Vehicle Maintenance Personnel

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Tape #	Title/Description	Length	Audience
2264	<p>“Hand & Power Tool Safety for Automotive Mechanics”</p> <p>Good introduction to hand and power tool safety. Explains procedure for tool safety, housekeeping, and other safety procedures. Great refresher course.</p>	13:15	Vehicle Maintenance Personnel
2265	<p>“Tire Installer - Light Trucks and Passenger Cars”</p> <p>This video describes in detail the safe operation of the machine used to dismount and remount tires on single piece rims. It discussed the hazards of catastrophic failure of tires under pressure. It is aimed at commercial dealership and tire service organizations as it mentions respect for cleanliness in the customer’s vehicle. It reviews ergonomic guidelines for lifting tires to avoid back strain. It also discussed replacing valve stems, removal of old balance weights and liberal use of tire lubrication. The precautions for proper sealing of sidewalls’ against rims and the hazards of too high pressure are discussed.</p>	14:00	Vehicle Maintenance Personnel
400 DVD	<p>“Asbestos Awareness” - DVD</p> <p>Comply with 29 CFR 1910.1001. Many construction workers & maintenance people come in contact with asbestos.</p> <p><u>This video reviews the following topics:</u></p> <ul style="list-style-type: none"> • Hazards of asbestos. • OSHA's Asbestos Standard. • Composition and nature of asbestos. • Types of materials that may contain asbestos, and where they are encountered. • How to protect yourself when disturbing a material that may contain asbestos. • Air monitoring and decontamination. 	14:00	Vehicle; Maintenance Personnel; Employees working with Asbestos
2906 DVD	<p>“Safety Training for Repair Technicians” - DVD</p> <p>Produced to help professional mechanics become aware of the day-to-day dangers of their job. Nearly 65 percent of repair technician personal injuries involve HANDS, EYES or BACKS. This video examines all types of repair related accidents, and shows effective ways to prevent them. It will help you stay within budget and control your insurance costs. Developed in partnership with Deere & Company, Hertz Equipment Rental Corp. and the Construction Industry Manufacturers Association.</p> <ul style="list-style-type: none"> • Individual responsibility for personal and overall job safety / Using the correct tool for the job • New ideas in safe lifting techniques • How to climb on and off large equipment • Staying clear of the path of unplanned energy release 	22:00	Repair Technicians
4100 DVD	<p>“Compressed Air Safety” - DVD</p> <p>This video features 4 re-enactments of actual on-the-job injuries to illustrate the hazards of working with compressed air lines. Compressed air can be extremely dangerous when used to clean workstations and to blow off clothing.</p>	9:00	Public Works
4105 DVD	<p>“Pneumatic Tool Safety” - DVD</p> <p>Train employees on the hazards associated in working with pneumatic tools. This video provides comprehensive coverage of safe work practices.</p> <ul style="list-style-type: none"> • Definition and examples • Appropriate PPE • Tool and cord inspection • Use and clean-up 	7:00	Vehicle Maintenance Personnel; Public Works; Utilities

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
4109 New 2013 DVD	<p>“Portable Grinders and Abrasive Wheels” – DVD</p> <p>Portable Grinders and Abrasive Wheels program provides the viewer with information on the proper use and operation of grinders in a safe manner. If you ignore safety or ignore proper grinding procedures, it can be an extremely hazardous job. You're the only person who can make it a safe job. Always follow your company's operating instructions and of course, the manufacturer's recommendations for safely operating the equipment, abrasive wheels, and disks. There are portable, fixed and bench grinders which come in contact with rotating abrasive wheel or disk. Rules, procedures and protective equipment are essential in making your job safe. If you follow the rules, this equipment can be safe.</p>	11:00	Public Works; Utilities; Mechanics; Recreation;

FORKLIFT (PIT) / CRANE / AERIAL SAFETY

2300 DVD CC	<p>“The Safe Operation of Utility Carts” - DVD</p> <p>Provides excellent training relating to the many hazards associated with the use of utility carts.</p>	11:00	Utility Cart Operators
2301 DVD	<p>“Bucket Truck Safety”- DVD</p> <p>If a bucket truck is misused or a failure occurs, an accident can happen. However, certain steps can be taken to minimize the possibility of a bucket truck-related accident. These steps include inspecting equipment, planning jobs with safety in mind, and following all applicable safety procedures. If an accident does occur, crew members must know exactly what to do and how to do it.</p> <p>This DVD covers a number of aspects of bucket truck safety, including how to avoid accidents, how to lower the boom in an emergency, and how to carry out a bucket truck rescue.</p> <p>Training Sessions:</p> <ul style="list-style-type: none"> • Preuse Inspections (8 min) • Job Planning (7 min) • Truck Shock Hazards (9 min) • Emergency Boom Lowering (9 min) • Bucket Truck Rescue, Part 1 (11 min) • Bucket Truck Rescue, Part 2 (7 min) 	49:00	Bucket Truck Operators
2302 <u>Avail. in:</u> DVD - CC 2 nd lang. & VHS	<p>“Bucket Trucks - Extending Your Safety”</p> <p>Bucket trucks make working at high elevations easier but if they are not operated safely, major accidents can occur. Use this vital program to keep your bucket truck operators safe.</p> <ul style="list-style-type: none"> • Operator training • Pre-start inspection • PPE • Electricity 	15:00	Bucket Truck Operators
2303 <u>Avail. in:</u> DVD - CC 2 nd lang. & VHS	<p>“Indoor Cranes: Safety Lifting Operations”</p> <p>This program is specifically designed for non-licensed operators to give them the knowledge they need to safely operate several types of cranes.</p> <p>It covers:</p> <ul style="list-style-type: none"> • Pre-operation safety inspection • Rigging techniques • Lifting and moving 	16:00	Non-Licensed Crane Operators; Utilities

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Tape #	Title/Description	Length	Audience
2304 DVD	<p>“Crane Safety” - DVD</p> <p>While there are many different types of cranes, they all have the ability to make many jobs much easier by lifting enormous weight. But they also share the potential for disaster when they are not operated safely. Crane-related accidents can often be deadly, due to the cumbersome and heavy loads that are lifted. A small miscalculation or a brief moment of inattention, and tragedy could strike. Once a load falls, not much can be done to stop it, and there is little time for people to move safely out of the way. A coworker could be injured or killed, and expensive equipment or materials could be damaged or destroyed... even the crane itself.</p>	17:00	Crane Operators; Ground Crew
2305 New 2013 DVD	<p>“Forklift Safety Lessons for the Safe Operator” - DVD</p> <p>Powered industrial trucks, commonly called forklifts, can be very dangerous as each year, nearly 100 workers are killed and another 20,000 seriously injured in forklift-related accidents. Forklift operators play a vital role in preventing these incidents. By using the training they have received, staying alert to the hazards around them and working safely with pedestrians, loads can be moved securely, each and every time. That's the purpose of this program--to show operators the safe work practices they must follow to avoid injuries and property damage.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Training and qualification • Pre-operational inspection • Mounting and exiting forklifts safely • The stability triangle • preparing for hazards before traveling • Traveling with a load and safe operation around pedestrians <p>Use of maintenance platforms, types and classes of forklifts and sloped surfaces are other issues addressed in the video.</p>	15:00	Forklift Operators
2306 New 2013 DVD	<p>“Forklift Safety Lessons for the Safe Pedestrian” - DVD</p> <p>Forklifts can be very dangerous for both operators and employees out on the floor. In fact, 20 percent of all forklift incidents involve pedestrians being struck by a lift truck. In such an incident, it's the pedestrian that will suffer an injury or even death. These workers can avoid this by paying attention to the surroundings, staying a safe distance away from forklifts and following proper procedures. That's the purpose of this program--to show viewers the precautions they can take to prevent serious, often traumatic injuries that occur when forklifts come into contact with pedestrians.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • The importance of forklift safety • Operating characteristics of forklifts • Walking safely around forklift traffic • Staying out of the path of a forklift, operator • Pedestrian awareness of one another • Following safe work practices and avoiding unsafe acts 	15:00	Forklift Operators; Those working around Forklifts

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Tape #	Title/Description	Length	Audience
2307 New 2013 DVD	<p>“Operating Forklifts Safely Refresher” - DVD</p> <p>This video gives viewers a solid overview of forklift characteristics and safe forklift operation. It's a fast paced program featuring several dramatic reenactments of typical forklift mishaps. The Larry character is also featured, and you can only imagine some of the mistakes he makes - mistakes that viewers can learn from.</p> <p>The program covers the following material:</p> <ul style="list-style-type: none"> • Forklift handling, stability and load limits • Understanding your forklift, forklift inspection, refueling & recharging • Picking up and placing loads, including elevated loads • General safe driving guidelines, operating around pedestrians and other forklifts 	10:00	Forklift Operators
2308 New 2013 DVD	<p>“Lift Truck Characteristics Balance and Stability” - DVD</p> <p>Getting new one – waiting for description</p>	10:00	Forklift Operators
2360 CC	<p>“Crane Operation Safety”</p> <p>The crane must be appropriate on the job and the environment. The two primary types of cranes are reviewed, as well as pre-lift checks on both equipment and the surrounding environment.</p>	10:00	Crane Operators
2361	<p>“Forklift Loading”</p> <p>Ideal for newly hired forklift operators or as a refresher course for experienced operators.</p>	10:00	Forklift Operators
2362	<p>“Forklift Fundamentals: Get the Facts”</p> <p>This video describes dangers involved with the operation of a forklift, including different types of forklifts, steering mechanisms, controls, inspections and procedures.</p>	18:00	Forklift Operators
2363	<p>“Forklift Operations: Carry the Load”</p> <p>This video shows special hazards, including changing conditions, examining dangerous surfaces, forklift stability, and the proper way to load and unload high stacks of material.</p>	18:00	Forklift Operators
2364 CC	<p>“Forklift Handling: Safety In Dangerous Situations”</p> <p>Sometimes operators must handle forklifts in dangerous situations. This crucial video program will help operators avoid accidents by reviewing special techniques for special situations.</p>	15:00	Forklift Operators
2365	<p>“Forklift Safety”</p> <p>Each year 100 workers are killed. And almost 95,000 others experience serious injuries. This video takes the time to show safe forklift operating procedures which can protect workers from painful injuries and financial loss. This video displays how taking an extra look around can help avoid permanent and life-threatening injuries.</p>	16:00	Forklift Operators
2366	<p>“Manbaskets in Construction”</p> <p>This program is designed to teach workers the proper procedures for hoisting while using a crane or derrick.</p>	10:00	Crane Operators
2367	<p>“Aerial Lift Safety”</p> <p>This video is to help you understand the potential hazards of working with aerial lifts and to provide safety tips that will help you avoid accidents.</p>	14:25	Aerial Lift Operators

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Tape #	Title/Description	Length	Audience
2368	<p>“Aerial Rescue”</p> <p>The tape covers rescue equipment selection, electrical hazard rescue, personal safety during an aerial rescue and more. The section on electrical hazard rescue is extremely important for all employees to study. It demonstrates how to safely perform or assist in an electrical hazard rescue.</p>	15:55	Aerial Lift Operators
3069	<p>“Tree Trimming Safety”</p> <p>This video explains the safety and maintenance considerations for working with:</p> <ul style="list-style-type: none"> • Chain saws • Chippers • High-lift trucks • And general tree trimming safety 	20:00	Landscape Equipment Operators
3071	<p>“Electrical Hazards & Trees”</p> <p>Can your crew recognize an electrical hazard before it's too late? Electricity is the most unforgiving and often the most unfamiliar hazard facing any tree worker! Unsafe acts cause 95% of all tree and wire-related accidents! This video demonstrates the proper safety precautions your employees should be using according to ANSI Z133.1.</p>	23:02	Landscape Equipment Operators
4400 DVD	<p>“Tips from the Pros: Rigging and Lifting” - DVD</p> <p>This video is a collection of wisdom from experts. For those who already understand the basics, rigging & lifting techniques used by the PRO's have been captured from hours of interviews and discussions.</p> <ul style="list-style-type: none"> • TIPS on rigging attachments • TIPS on estimating weights • TIPS on locating balance points • TIPS on selecting pick points 	28:00	Crane Operators; Ground Crew
4401 DVD	<p>“Safe Rigging” - DVD</p> <p>How a load is attached can make the difference between a successful lift & a deadly accident.</p> <p>Areas Covered:</p> <ul style="list-style-type: none"> • Physical & mental preparation; PPE, hand signals • Equipment & hazard inspection • Slings, hitches, load angles 	19:00	Crane Operators; Ground Crew
4462 CC	<p>“Warehouse Safety”</p> <p>Designed to give the employee knowledge of standard operating procedures when using industrial trucks. Also addresses the basic storage procedures that should be followed in a warehouse.</p>	10:00	Forklift Operators
4463	<p>“Cranes, Chains, Slings and Hoist Safety”</p> <p>Excellent program for anyone using overhead cranes/jib hoists. Discusses slings, lifting, angles, safety procedures, inspection procedures & more.</p>	12:00	Crane Operators

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Tape #	Title/Description	Length	Audience
GENERAL JOB / SAFETY AWARENESS			
2400 <i>Avail. in:</i> DVD & VHS	“I Choose to Look the Other Way” When employees are willing to speak to co-workers about unsafe acts, injuries can be prevented. This video dramatically tells the story of an employee who failed to speak up when witnessing an unsafe act. By choosing to 'look the other way,' he allowed the needless death of a co-worker to occur. Based on the popular safety poem by Don Merrell, this program shows how speaking up about unsafe acts can save lives and help develop a positive safety culture. Verses from the poem are meshed with the video's action to deliver a stimulating safety message. Viewers will be motivated to speak up when they see a co-worker putting himself in an unsafe situation, even if they feel that person's response may be negative.	12:00	General Audience
2401 DVD	“Housekeeping and Accident Prevention” - DVD Train employees to keep their workplace clean and safe, and encourage good habits and practices Topics covered include: <ul style="list-style-type: none"> • Clean, accessible, well-lit exits, aisles & stairs • Using tools: choosing, inspecting, storing correctly, importance of lock-out/tag-out • Material storage and handling: best shelves, aisles and lighting for storage areas, care in lifting • Hazardous substances: labels and MSDS, PPE, safe storage/disposal 	13:00	General Audience
2402 DVD	“New Employee Safety & Orientation Training” - DVD Designed for the purpose of helping new employees to acclimate to workplace safety and OSHA guidelines, this is packed with OSHA-friendly terms and safety procedures for new employees. The presentation starts employees on the road to achieving safety in their new workplace. It includes: information on the use of personal protective equipment (PPE), hazard communication (Hazcom), the need and right to know of all possible hazardous substances on site (MSDS), good housekeeping, proper labeling and handling of hazardous substances in the workplace, and bloodborne pathogens exposure training.	13:00	New Personnel; Supervisors; Management

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Tape #	Title/Description	Length	Audience
2403 DVD	<p>“Safety Orientation” - DVD</p> <p>Thinking about safety should be as natural as thinking about other aspects of the job. Employees should be able to anticipate the possibility of accidents before they happen. Yet workplace accidents cause millions of people to suffer painful injuries every year, and cost business almost \$90 billion per year in medical bills, lost wages and lost production time. This video addresses two of the most prominent safety issues confronting employers today - that of developing a good "safety attitude" in their employees, as well as providing "introductory safety training.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> • Developing "safety awareness". • Basics of accident prevention. • Hazard evaluation. • Safety housekeeping. • Tool use and maintenance. • Fire prevention and safety. • Use of personal protective equipment. 	15:00	New Personnel; Supervisors; Management
2460	<p>“Job Safety Analysis”</p> <p>Program explains what job safety analysis is all about and how to conduct a job safety analysis.</p>	11:00	Safety Committee
2461	<p>“Employee Performed Safety Inspections”</p> <p>This film offers guidelines that employees should consider when performing safety inspections on equipment, work area, etc.</p>	10:00	General Audience
2462 CC	<p>“Mold Awareness”</p> <p>Mold, a common fungus which lurks all around us every day often goes undetected. This video will examine different types of mold, explain the life cycles of molds, and point out which molds are considered most hazardous. This video will also discuss a few simple ways to reduce the amount of indoor mold in your environment and suggest who to contact if you see mold growing indoors.</p>	14:00	Public Works General Audience
2463 CC	<p>“First Aid Prepared to Help”</p> <p>Being the first one on the scene of a workplace accident can be unnerving. Be sure your employees know how to help their fellow workers in the case of an injury suffered on the job with this new program. First aid tips and emergency response principles are covered.</p>	18:00	General Audience
2464 CC	<p>“Housekeeping It Ain’t Like the Movies”</p> <p>Did you know that falls are the cause of ten percent of on-the-job deaths? This video program reviews the importance of good housekeeping and what to look for in your facility.</p>	15:00	General Audience
4706 DVD - CC 2 nd lang.	<p>“Why Don’t We Do It In Our Sleeves? - DVD</p> <p>This short video was designed to encourage people to cough and sneeze according to the infection control guidelines put forth by the Centers for Disease Control and Prevention. It is aimed at the common citizen. Its message is serious, but it is presented with humor in such a way that it engages the viewer's attention while the message is repeated in interesting new ways. It can be enjoyed by individuals, but it is even more fun to watch in groups, resulting in community reinforcement. It has been used in hospitals and schools with great success. It actually makes people change the way they cough and sneeze.</p>	5:00	General Audience

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
<p>4707</p> <p><i>(2 disks)</i></p> <p>DVD - Multiple Languages</p>	<p>“Duet for Clean Hands” - DVD <i>(Two disk set)</i></p> <p>Ask most public health practitioners which simple behaviors could do the most to limit the spread of disease, and they would answer: wash your hands and cover your cough with your clothes, not your hands. This 2 DVD set gives you the tools you need to teach those lessons, and have fun while teaching.</p> <p>Disc 1: Why Don’t We Do It in Our Sleeves? This is the hilarious hit video on coughing and sneezing hygienically, featuring the Olympics of Sneezing.</p> <p>NEW Features on Disc 1 of Duet: Spanish version dubbed by professional actors Japanese version filmed partly in Tokyo</p> <p>Disc 2: Soap in the City These four short features demonstrate the why’s and the how-to’s of hand washing.</p> <p>*Soap in the City: a comedic riff on the story of Typhoid Mary *Last Clean Chance: a science fiction clip on the technique of hand washing with soap and water *Clay and Rebecca: a demonstration of hand sanitizing techniques with foam and gel *We’re Dirty: a children’s hand washing song with singing hands</p>	12:00	General Audience

HAND SAFETY

<p>2500</p> <p>Avail in: DVD & VHS</p>	<p>“Hand Safety” (Summit)</p> <p>What would you do without your hands? How would losing or severely damaging one or both hands affect your life? This program asks that question straight out, reminding each viewer of the personal, long-term consequences of taking hand safety for granted. Hand Safety reminds viewers that machine guards, screens and the array of engineered safety devices can protect their hands only when engineering controls and safety procedures are used. This program includes footage from three of Westvaco facilities, as well as scenes from laboratories, manufacturing sites such as steel mills and auto parts makers, and General Electric sites.</p> <p>It includes:</p> <ul style="list-style-type: none"> • The hand and how it works • Best safety practices • The importance of correctly using engineered safety devices • First aid to minimize the effect of injuries that do occur 	17:40	Employees working around machinery
<p>2501</p> <p>DVD</p>	<p>“Hand Safety”(Aurora) - DVD</p> <p>Dramatic interviews with people who have suffered hand injuries combined with realistic wrong way/right way scenarios deliver a powerful message.</p>	10:00	Employees working around machinery

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Tape #	Title/Description	Length	Audience
2502 DVD	<p>“The Horror of Losing a Hand....” - DVD</p> <p>Hundreds of thousands of people injure their hands at work each year and hand injuries make up almost one out of four workplace accidents. Utilize the <i>graphic nature</i> of this hand video to show your employees the horrifying reality of losing a hand and how important hand injury prevention and general hand safety really is. Highlight hand safety, hand injury prevention and hand injury safety with this excellent hand video.</p> <p>Graphic Photographs – Viewer Discretion</p>	11:00	Employees working around machinery
2503 DVD	<p>“Hand Injury Prevention” - DVD</p> <p>Hand injuries constitute 75% of industrial injuries that cause partial disability and 1/3 of workplace injuries. Every year there are 16 million hand injuries, and in fact every 32 sec. a hand injury occurs. Keep hand injury prevention at the forefront with the information on this hand video that contains insight to PPE training, ergonomics safety and general hand injury safety awareness.</p>	12:00	Employees working around machinery

HAZARD COMMUNICATIONS (RTK)

2600 DVD	<p>“MSDS Read It Before You Need It!” - DVD</p> <p>The MSDS is a complex document, an essential tool to monitor chemical use and avoid accidents. With this award-winning program, be confident that your employees understand the ins and outs of the MSDS.</p> <p>The training includes information on:</p> <ul style="list-style-type: none"> • Exposure situations • Toxicology • Ecology • Disposal 	20:00	General Audience
2601 DVD	<p>“Hazard Communication: It’s Your Right To Know” - DVD</p> <p>This program covers: The required OSHA introductions to hazardous substances, proper labeling and storage procedures, OSHA hazard communication standards, OSHA labeling requirements and what is "your right to know" as an employee.</p>	22:00	Employees who handle & work with chemicals; Safety Committee
2602 DVD CC	<p>“Hazard Communication: Real Accidents, Real Stories” - DVD</p> <p>Three compelling stories follow the victims, coworkers and families affected by dangerous hazardous substance incidents and how to prevent these incidents from occurring using OSHA hazard communication standards.</p>	12:00	Employees who handle & work with chemicals
2603 DVD	<p>“Global Harmonization-Worldwide Hazard Communication - DVD</p> <p>As we move into a global economy, clear communication becomes a necessity. Give your employees the basic information about the Globally Harmonized System (GHS) for Classification and Labeling of Chemicals. Teach them how GHS differs from the Hazard Communication Standard. This program covers the new labeling requirements; the GHS label elements and the different sections of the Safety Data Sheets.</p> <ul style="list-style-type: none"> • What the GHS does • Why the GHS was created • Six elements of the GHS label • Four parts and 10 annexes of the GHS 	15:00	Employees who handle & work with chemicals

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
2604 <i>Avail in:</i> DVD & VHS	<p>“Hazard Communication - For Public Employees”</p> <p>It's safe to be informed, especially on dangerous chemicals. This important training program will provide your employees with elementary knowledge of these substances: what they are and how to work with them safely. With this resource, you can comply with OSHA standard 1910.1200 and keep all your workers safe.</p> <p><u>This program covers:</u></p> <ul style="list-style-type: none"> • Physical and health hazards • How exposure occurs • PPE • MSDS • Chemical containers warnings and labels 	18:30	General Audience; Supervisors; Safety Committee
2605 DVD	<p>“Material Safety Data Sheets” - DVD</p> <p>This video describes the importance of the information provided in each of the various MSDS sections. While it starts from the premise of a laboratory user of chemicals, it can be of value to anyone who participates in or administers the HazCom program. It describes the value of signs and container labels and highlights the ANSI standard on the format used by most manufactures in developing their product's MSDS. It emphasizes the importance of reviewing the information on labels and in MSDS's before working with any new chemical. It defines key terms like “Flashpoint” and “Routes of Entry” as they are applied to chemical safety.</p> <p>The second portion of the video goes section by section describing the type of information listed and the value it has for users in preparing for use and understanding the hazardous properties.</p> <p>This program is detailed enough to meet the information needs of any user and provides supervisors, managers and safety committee members with the explanatory information they need to explain MSDS's or administer the program.</p>	14:00	Those working with MSDS's
2606 New 2013 DVD	<p>“HazCom & The Global Harmonizing System: Employee Training” - DVD</p> <p>Upcoming changes in OSHA's Hazard Communication Standard will bring the regulation more in line with international standards with the implementation of the Global Harmonizing System. Implementing the Global Harmonizing System, or GHS, helps ensure improved quality and consistency in the classification and labeling of all chemicals, which in turn improves an employee's ability to quickly understand critical safety information. This program is designed to help employees understand the three key elements of the GHS: Hazard Classification, container labeling and Safety Data Sheets.</p> <p><u>Topics include:</u></p> <ul style="list-style-type: none"> • The written Hazard Communication plan • Physical and health hazard classes • Pictograms • Signal words and other information found on GHS container labels • The 16 sections of a Safety Data Sheet. 	23:00	General Audience

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
2607 <i>New 2013 DVD</i>	“Physical Hazards” - DVD This program reviews a specific class of hazards described in the new HazCom GHS classification system: Physical Hazards. These include fire and explosions. It states that this information is included on Container labels and Safety Data Sheets, (previously called MSDS’s) It begins with a discussion of various terms that describe the properties of materials such as vapor pressure or vapor density. It reviews the various types of material that present physical hazards and concludes with some basic precautions to prevent reaction or injury.	12:00	Those working with Explosive, Flammable & Corrosive Chemicals
2660 <i>CC</i>	“HazCom: Reducing Exposure” Discusses ways to reduce exposure when working with or around hazardous chemicals.	10:00	Employees who handle & work with chemicals
2661	“Hazard Communication Your Safety Net” If your employees are working with chemicals, hazard communication is their safety net. This important program focuses on the essentials necessary to safely work with chemicals.	14:00	Employees who handle & work with chemicals
2662	“How Did Those Chemicals Get In The Workplace” Excellent training program for supervisors and employees that use chemicals. Explains proper procedures for introducing new chemicals into the workplace.	7:00	Employees who handle & work with chemicals
2663 <i>CC</i>	“Materials Handling & Storage” The use of MSDS and proper storage procedures, as well as the problems caused by improper storage are discussed.	10:00	General Audience
2701 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	“Chemical Handling Safety - Corrosives” This program teaches how to recognize, use, and handle corrosive materials safely. <ul style="list-style-type: none"> • Identification and classification • Solids, liquids and gases • Emergency procedures • Storage and handling 	16:00	Employees who handle corrosives
2702 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	“Chemical Handling Safety - Solvents” Solvents are tricky, and if handled improperly, can cause dangerous accidents. But with this program, your employees will gain knowledge about solvents, including preparation and good work practices. This way, not only will your company get the most out of solvents but you also ensure everyone's safety. <ul style="list-style-type: none"> • Common solvents • Protecting yourself 	16:00	Employees who handle solvents

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Tape #	Title/Description	Length	Audience
2704 DVD	<p>“Hazardous Material Labels” - DVD</p> <p>One important method for identifying hazardous materials is through the use of container labels. From bottles and drums to trucks and railcars, labels and placards provide information about the contents of a container, as well as what to do and who to call in case of an emergency. Because this information is so critical for the safe handling and transporting of these potentially dangerous substances, several organizations have developed labeling and placarding systems to communicate to employees about a container's contents.</p> <p>This training program is designed to help employees understand the characteristics of different labeling systems and the ways that each convey information. By recognizing the differences and similarities of these systems, employees will be better prepared to work safely around hazardous materials.</p> <p>Areas covered in the program include:</p> <ul style="list-style-type: none"> • OSHA's Hazard Communication Standard. • Types of containers requiring labels. • Information required on labels. • Department of Transportation(DOT) Hazardous Material Classifications. • DOT label and placard requirements. • United Nations Identification Numbers. • The Hazardous Materials Identification System (HMIS). • The National Fire Prevention Association (NFPA) Labeling System. • Hazardous waste labeling. 	22:00	Utilities; Public Works; Those working with MSDS's
2705 DVD	<p>“Flammable and Explosives” - DVD</p> <p>This program reviews proper handling procedures as well as the personal protective equipment that should be used when working with flammables and explosives.</p>	11:00	Public Works; Utilities
4461	<p>“Safe Practices for Custodial Workers”</p> <p>Reviews the precautions that should be taken by custodial staff to reduce exposure to Bloodborne Pathogens and other communicable diseases, labeling, inventory, mixing and handling of chemicals, including a brief discussion on the Right to Know file and Material Safety Data Sheets (MSDS).</p> <p>This video also discusses general housekeeping principals, safe lifting and material handling techniques, identifying slip, trip and fall hazards, working with powered equipment, playground maintenance and safety.</p>	25:00	Custodial Workers

HAZARDOUS MATERIALS & CHEMICALS

2700 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	<p>“HazMat Transportation - Security Depends on You”</p> <p>Working with hazardous chemicals is dangerous enough, but if they fall into the wrong hands, the results can be catastrophic! But the tragedies can be averted with the simplest of procedures: proper recordkeeping and workplace awareness.</p> <ul style="list-style-type: none"> • Pre-trip inspection and checking your load • Checking placards and markings/shipping papers • Pickup and delivery at a Port Terminal • On the road basics 	20:00	Personnel who transport hazardous chemicals
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MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
2701 <i>Avail. in:</i> DVD - CC 2nd lang. & VHS	“Chemical Handling Safety - Corrosives” This program teaches how to recognize, use, and handle corrosive materials safely. <ul style="list-style-type: none"> • Identification and classification • Solids, liquids and gases • Emergency procedures • Storage and handling 	16:00	Employees who handle corrosives
2702 <i>Avail. in:</i> DVD - CC 2nd lang. & VHS	“Chemical Handling Safety - Solvents” Solvents are tricky, and if handled improperly, can cause dangerous accidents. But with this program, your employees will gain knowledge about solvents, including preparation and good work practices. This way, not only will your company get the most out of solvents but you also ensure everyone's safety. <ul style="list-style-type: none"> • Common solvents • Protecting yourself 	16:00	Employees who handle solvents
2703 <i>Avail. in</i> DVD & VHS	“Chlorine Safety” Chlorine is the major chemical used for the sanitation of water, swimming pool disinfection, or in the treatment process of sewage. In the manufacturing world, it's used to treat industrial water and can be found in plastic pipe and hundreds of other uses. It's one of nature's chemicals. It is also one of the most hazardous materials known to man. Chlorine comes in the gaseous form, but when cooled and compressed, the gas becomes liquid. Chlorine is generally shipped to the user in tank cars, in 1-ton cylinders or 150 pound cylinders. Handling, storing, and using chlorine in these cylinders becomes very important to those persons working with the chemical. <u>Topics included in this safety video are:</u> Material Safety Data Sheets (MSDS), make sure that piping is dry before admitting chlorine, never put a leaking container into water only dry, oil free air or nitrogen, and never use water to detect or absorb leaking gas.	19:00	Utilities
2704 DVD	“Hazardous Material Labels” - DVD One important method for identifying hazardous materials is through the use of container labels. From bottles and drums to trucks and railcars, labels and placards provide information about the contents of a container, as well as what to do and who to call in case of an emergency. This training program is designed to help employees understand the characteristics of different labeling systems and the ways that each convey information. By recognizing the differences and similarities of these systems, employees will be better prepared to work safely around hazardous materials. <u>Areas covered in the program include:</u> <ul style="list-style-type: none"> • OSHA's Hazard Communication Standard. • Types of containers requiring labels. • Information required on labels. • Department of Transportation(DOT) Hazardous Material Classifications. • DOT label and placard requirements. • United Nations Identification Numbers. • The Hazardous Materials Identification System (HMIS). • The National Fire Prevention Association (NFPA) Labeling System. • Hazardous waste labeling. 	22:00	Utilities; Public Works; Those working with MSDS's

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
2705 DVD	<p>“Flammable and Explosives” - DVD</p> <p>This program reviews proper handling procedures as well as the personal protective equipment that should be used when working with flammables and explosives.</p>	11:00	Public Works; Utilities
2706 DVD	<p>“Handling Compressed Gas Cylinders” - DVD</p> <p>"Compressed Gas Cylinders" provides the information employees need to work safely when handling and using these materials.</p> <p><u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • Hazards associated with compressed gases. • Moving and transporting cylinders safely. • Positioning cylinders properly. • Proper "hook-up" procedures. • Safe storage practices. • Storage "incompatibilities" 	11:00	Utilities; Welders
2707 DVD	<p>“DOT General Awareness: Handling &Transporting Hazardous Materials Safely” - DVD</p> <p>Created specifically for the Department of Transportation's HAZMAT Training regulation on Handling and Transporting Hazardous Materials, this program provides the information necessary to comply with the regulation's "General Awareness" training requirement.</p> <p>This video focuses on employees who handle hazardous materials. It reviews a number of topics aimed at making employees more aware of situations in which they may encounter hazardous chemicals, the nature of the hazards the chemicals may have, and the issue of taking appropriate security measures when dealing with hazardous materials that the DOT has added to the regulation.</p> <p><u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • The regulation itself. • Hazardous materials, definitions and classes. • Hazard communication. • Hazard "Indicators", such as Labels, Shipping Papers and Placards. • Where hazardous materials may be encountered. • Packaging. • Shipping. • Transport (trucks, ships, rail, etc.). • Storage. • Security risks and terrorism. 	18:00	Personnel handling & shipping chemicals; Utilities

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Tape #	Title/Description	Length	Audience
2708 DVD	<p>“Safety Training for Handling & Transporting Hazardous Materials” - DVD</p> <p>This safety video can help make employees aware of the hazards associated with the materials they handle and show them how to secure and work with these materials safely.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> • The regulation itself. Hazardous materials that employees may encounter. • Hazard "indicators", such as labels, shipping papers and placards. • The use of personal protective equipment. • Proper handling procedures, methods & procedures for avoiding accidents. • Accidents/emergencies involving hazardous materials. • Spills and cleanup procedures. • Security risks and terrorism, and more. 	18:00	Personnel handling & shipping chemicals; Utilities
2709 New 2013 DVD	<p>“HazMat: Understanding the Hazard Classes” - DVD</p> <p>This video divided in 5 chapters, describes the 9 hazard classes used by the DOT. The program states the common hazards of each class with a list of sample materials and recommended response actions. It starts with a review of defensive actions. It describes four emergency response considerations for each class: Hazard Recognition, Hazard Analysis, Recommended Actions and Incident Stabilization. Reference is made to the pages in the Emergency Response Guide (ERG). Scenes from actual emergencies are used to demonstrate hazard properties and response actions. Important terms such as flash point and explosive range are defined and explained as in vapor pressure, density and fire point. It supports the MSI class on Hazmat Awareness and provides a comprehensive review.</p>	43:00	Fire Department; Police Department
2760 CC	<p>“Hawopper: Role of the First Responder”</p> <p>This video reviews the proper actions of employees at the scene of a spill or accidental release of a hazardous material.</p>	9:26	First Responders
2761	<p>“Air Monitoring: The Purpose”</p> <p>Proper air monitoring reduces needless health risks to workers. This video focuses on the difference between gases and vapors, gas meters and the purpose of air monitoring.</p>	10:00	Public Works; Utilities; Firefighters
2762 CC	<p>“Chemical Emergency Preparedness and Procedures”</p> <p>Chemical spills can become life threatening if not handled properly. What to do in the event of a chemical emergency is the main focus of this program.</p>	10:00	Public Works; Utilities; Emergency Responders
2763 CC	<p>“Hazmat Spills: Are You Ready?”</p> <p>Who is responsible for handling a chemical spill, how to recognize them and ways to prevent a spill from occurring are the topics of discussion in this educational film.</p>	10:00	Utilities; First Responders
2764 CC	<p>“Hazardous Waste Awareness”</p> <p>The basic characteristics of hazardous waste, what makes a substance corrosive, flash points and incompatible wastes are reviewed.</p>	10:00	Public Works; Utilities
2765 CC	<p>“Waste Minimization”</p> <p>Good waste minimization strategies benefit everyone. This film discusses the problems waste creates. The two groups waste can be classified into, and how source reduction differs from recycling.</p>	10:00	Supervisors; Management

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
2766	<p>“Carbon Monoxide Poisoning” Defines carbon monoxide poisoning and how to reduce the effects of this health hazard. Almost every industry is exposed, but very little attention is given to its effects. Excellent awareness program.</p>	10:00	General Audience
2767	<p>“Safe use of Compressed Gas Cylinders” Explains how to handle cylinders, proper storage, and general safe handling procedures.</p>	10:00	Utilities; Welders
2768 (2 part series)	<p>“Safety in the Research Laboratory” <i>(Two Part Series)</i> Safe techniques can help researchers protect themselves from common hazards in the modern biology lab. Three concise presentations discuss safety principles for chemical hazards, emergency response, and radionuclide hazards. Introduces new staff to good laboratory practices and provides a technical review in safety for the more experienced laboratory worker.</p> <p>Part One - 34 Minutes</p> <ul style="list-style-type: none"> • Radionuclide Hazards – 12 Minutes • Chemical Hazards – 10 Minutes • Emergency Response – 12 Minutes <p>Part Two - 30 Minutes</p> <ul style="list-style-type: none"> • Centrifugation Hazards – 9 Minutes • Chemical Storage Hazards – 11 Minutes • Glassware Washing Hazards – 10 Minutes 	64:00	Schools; Labs; Utilities
2769	<p>“Lead in the Workplace” Employees rarely understand the dangers of lead exposure. They may have general ideas, but this program will give them the important facts regarding exposure to lead and the resulting ailments.</p>	13:00	General Audience
1701 DVD	<p>“Safety Showers & Eye Washes”- DVD No matter how many precautions employees take, accidents sometimes happen. In these situations quick action is essential, and if the incident involves a hazardous material, using a safety shower or eye wash can be extremely important. This program reviews situations where safety showers and eye washes should be used, as well as how to properly use them.</p> <p>Areas covered in the program include:</p> <ul style="list-style-type: none"> • Types of showers and eye washes. • How to operate showers and eye washes correctly. • Chemical splashes. • Appropriate shower and eye wash techniques. • Helping an accident victim use a shower/eye wash. • First aid. • Maintenance and testing of showers and eye washes. 	13:00	Utilities; Public Works; Shop Personnel; Parks & Rec.; Employees working with chemicals
2607 New 2013 DVD	<p>“Physical Hazards” - DVD This program reviews a specific class of hazards described in the new HazCom GHS classification system: Physical Hazards. These include fire and explosions. It states that this information is included on Container labels and Safety Data Sheets, (previously called MSDS’s) It begins with a discussion of various terms that describe the properties of materials such as vapor pressure or vapor density. It reviews the various types of material that present physical hazards and concludes with some basic precautions to prevent reaction or injury.</p>	12:00	Those working with Explosive, Flammable & Corrosive Chemicals

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
3601 <i>Avail. in:</i> DVD - CC & VHS	<p>“Lead Safety for Firearms”</p> <p>If you're in law enforcement or the firing range business, getting shot is not your only safety concern. Lead poisoning is as well, which can be as lethal as the deadliest of ammo.</p> <ul style="list-style-type: none"> • How lead can enter and harm the body • Symptoms of lead poisoning • Dangers of lead contamination in both indoor and outdoor ranges • Clean-up methods 	14:00	Law Enforcement
4501 DVD	<p>“Sodium and Calcium Hypochlorite” - DVD</p> <p>Sodium and Calcium Hypochlorite are products widely used throughout industry as well as in water and waste water agencies. You may also see these products used most commonly as pool and spa disinfection products. In our industry, Sodium and Calcium Hypochlorite is heavily relied on as a disinfectant in water and wastewater treatment. These are powerful agents, which are used to disinfect water due to their ability to kill bacteria and other pathogens such as viruses, parasites, and fungus that may lurk in the water supply.</p> <p>Topics included in this safety video are: storage, using sodium hypochlorite, safety, health effects, first aid, personal protective equipment (PPE), disposal, and emergency response.</p>	19:00	Utilities

HEARING CONSERVATION

2800 DVD	<p>“Hearing Conservation For Employees” - DVD</p> <p>Because hearing loss can be gradual, happening over a long period of time, we often don't recognize it's happening until it's too late. This is why we must make sound decisions when it comes to protecting our hearing by following our organization's hearing loss prevention plan, always wearing hearing protection when required and taking steps to reduce off-job noise hazards. This program explains how your facility's hearing conservation program protects employees from the harmful effects of noise exposure.</p>	20:00	Personnel in noisy environments
2801 DVD	<p>“Hearing Conservation and Safety” - DVD</p> <p>Many industries have work areas where employees are exposed to harmful noise levels. Nearly 10 million people in the U.S. suffer from some sort of hearing loss caused by loud noise. To protect workers from high levels of noise, OSHA created the Occupational Noise Exposure Standard. The regulation requires employees to be trained on how to protect their hearing while working in areas with harmful noise levels.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Dangerous characteristics of noise • How the ear works • How hearing is damaged • Types of hearing protection • Hearing tests 	25:00	Personnel in noisy environments Those at Police Range
2860	<p>“Hearing Protection: Sounds Good to Me”</p> <p>This program features country music legend Charlie Daniels and covers the importance of proper hearing protection. It discusses the effect noise has on the human ear, personal protective equipment and controlling harmful noise.</p>	14:00	Personnel in noisy environments

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
2861	<p>“Hearing Protection: It Makes Sense”</p> <p>This video will help you understand how noise affects your ability to hear. It will provide ways you and your employer can work together to safeguard a sense you may be taking for granted - your hearing. By monitoring your work area, testing your hearing regularly and wearing personal protective equipment, you can preserve your hearing.</p>	22:00	Personnel in noisy environments
2862	<p>“Hearing Conservation”</p> <p>Heightens awareness of hearing conservation in the workplace. This video explains the anatomy of the ear, how noise can cause hearing loss, and how to prevent hearing loss.</p>	11:00	Personnel in noisy environments
2863	<p>“WHAT...?! Protecting Your Hearing”</p> <p>Hearing loss caused by noise is dangerous and permanent. It decreases employee efficiency at work. Protect your employees by preserving their hearing with this comprehensive video on hearing loss. This program’s upbeat approach will keep your employees tuned in to how they can protect themselves and their ears.</p>	13:00	Personnel in noisy environments
2262	<p>“Automotive Industry: Hearing Conservation”</p> <p>Designed to heighten awareness of hearing conservation in the workplace. Explains the anatomy of the ear, how noise causes hearing loss and how to prevent hearing loss</p>	12:00	Vehicle Maintenance Personnel

HEAVY EQUIPMENT / EARTH MOVERS

<p>2900</p> <p>DVD</p>	<p>“Transporting Construction Equipment” - DVD</p> <p>Visually illustrates Department of Transportation, federal Motor Carrier Safety Administration regulation 49 CFR, Part 393 as published on June 5, 2006. Numerous visual examples and easily understood graphics enhance understanding of complicated regulations. Most importantly, the Aggregate Working Load Limit (AWLL) concept is explained using clear, easy-to-understand graphics and real-world examples.</p> <p>This law requires that all equipment haulers understand AWLL and the North American Cargo Securement Standard – whether you transport a skid steer, an excavator or any other type of construction equipment you need to be familiar with current regulations. Are you ready?</p> <ul style="list-style-type: none"> • Introduction (Federal regulations and North American Cargo Securement Standard) • The Trailer (rating, inspection, loading dangers, limitations) • Loading (dangers, cautions, cleanliness, loading situations) • Equipment Securement Points (includes tips and potential problems) • Understanding Tie-Down Equipment (chains, binders, straps, ratings and inspection) • Tie-Down Procedures (direct and indirect tie-down, calculating AWLL) • On The Road (load checks, driving cautions) • Conclusion (wrap-up and brief reminders) 	34:00	Heavy Equipment Operators
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MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
2901 DVD	<p>“Rigging & Lifting: Mobile Construction Equipment” - DVD</p> <p>Hydraulic excavators, wheel loaders and rubber-tired backhoes were not designed to sling load materials. However, they frequently do material handling work out of necessity. Now at last, a video designed to provide easy-to-follow practical advice on correct rigging and handling of unusual loads with mobile construction equipment. With expert help from The Crosby Group, the leading manufacturer of all types of rigging hardware, professional operators from Deere & Company and real-world practical advice from the National Utility Contractors Association (NUCA), this video was specifically designed to help contractors rig & lift loads safely.</p>	29:00	Backhoe Operators
2902 DVD	<p>“On Again Off Again” - A Guide To Mounting & Dismounting Heavy Equipment - DVD</p> <p>This video helps to reduce or prevent falls claims by training people how to correctly mount and dismount equipment.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Walk around inspections • Reviewing the manual • Face equipment when getting on and off • 3 points of contact rule • Belt buckle rule • Keep hands free when mounting • Use designed handhold & hand rails • Never allow passenger to ride 	18:00	Heavy Equipment Operators
2903 <u>Avail. in</u> DVD & VHS	<p>“Backhoe Loader: Maintenance & Transport”</p> <p>Some good operators have died or been seriously injured making avoidable mistakes during maintenance or transporting their machine. The lessons in this video were taken from real-life situations. Here's a chance to learn from the sometimes deadly mistakes of others.</p> <p>Transport advice addresses: driving on the road, loading and tying equipment down on trailers.</p> <ul style="list-style-type: none"> • Watch an actual rollover test • Care in loading / unloading situations • Tie-down device ratings • Tag-out for repairs • Machine guards for safety / vandalism protection 	11:00	Backhoe Operator
2904 <u>Avail. in</u> DVD & VHS	<p>“Backhoe Safety”</p> <p>Focusing on tractor-loader backhoes (rubber tired with a front loading bucket), this program puts the emphasis on safe operation techniques.</p> <p>Topics Reviewed:</p> <ul style="list-style-type: none"> • Pre-inspection/start-up • Safely loading and unloading trailers • Proper positioning of the backhoe • Digging techniques near underground and overhead utilities • Safe work practices when working around a backhoe 	18:00	Backhoe Operator

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Tape #	Title/Description	Length	Audience
2905 DVD	<p>“Hydro-Vacuum Truck Safety” - DVD</p> <p>The vacuum or hydro-vacuum truck - no other modern piece of equipment has developed. In addition, there are a number of other ways to be injured while working around this equipment.</p> <p>Topics included in this safety video are: potential hazards, history, awareness and training, your responsibility, utility excavation, personal protective equipment (PPE), and pressure relief safety valves and safety switches.</p>	13:00	Utilities
2906 DVD	<p>“Safety Training for Repair Technicians” - DVD</p> <p>Produced to help professional mechanics become aware of the day-to-day dangers of their job. Nearly 65 percent of repair technician personal injuries involve HANDS, EYES or BACKS. This video examines all types of repair related accidents, and shows effective ways to prevent them. It will help you stay within budget and control your insurance costs. Developed in partnership with Deere & Company, Hertz Equipment Rental Corp. and the Construction Industry Manufacturers Association.</p> <ul style="list-style-type: none"> • Individual responsibility for personal and overall job safety / Using the correct tool for the job • New ideas in safe lifting techniques • How to climb on and off large equipment • Staying clear of the path of unplanned energy release 	22:00	Repair Technicians
2907 DVD	<p>“Hand Signals: For Mobile Construction Equipment” – DVD</p> <p>This video shows the SAE hand signals in use with various types of construction equipment in a clear concise manner.</p> <ul style="list-style-type: none"> • Visual use of the hand signals published as SAE J1307 • Verbal explanation of the correct use of established hand signals • How the machine operator responds to clear signals • The effect of hand signals on safety • Situations where hand signals may be the best form of communication 	14:00	Work Zone Personnel
2908 Spanish DVD	<p>“Hand Signals: For Mobile Construction Equipment” (Spanish) - DVD</p> <p>This video shows the SAE hand signals in use with various types of construction equipment in a clear concise manner.</p> <ul style="list-style-type: none"> • Visual use of the hand signals published as SAE J1307 • Verbal explanation of the correct use of established hand signals • How the machine operator responds to clear signals • The effect of hand signals on safety • Situations where hand signals may be the best form of communication 	14:00	Work Zone Personnel
2909 DVD	<p>“Skid Steer Safe Operating Techniques” - DVD</p> <p>A Skid Steer is a small but very dangerous machine. In this program you’ll learn safe operations to include:</p> <ul style="list-style-type: none"> • Blind spots and backing • Weather (mud / snow) • Safe hauling (terrain and slopes) • Ten tips from experienced operators 	14:00	Heavy Equipment Operators
2910 DVD	<p>“Roller Compactor” - DVD</p> <p>Designed to bring the printed message in operator manuals to life on the video screen. Operators may not take the time to read an operators manual, but will watch a video. Divided into ten distinct segments, so you can plan your training sessions to fit work schedules.</p>	54:00	Heavy Equipment Operators

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Tape #	Title/Description	Length	Audience
2911 <i>New 2013 DVD</i>	“The Safe Operation and Maintenance of Dump Trucks” - DVD Dump trucks are a necessary and versatile vehicle for many work situations. The wide array of potential dump truck applications therefore requires an increased amount of knowledge in maintenance and safe operation of these multi-purposed vehicles. This video emphasizes what is different in dealing with a dump truck, as compared to working on or with a normal vehicle, as well as proper operation and detailed maintenance for these powerful machines.	14:00	Dump Truck Operators
2912 <i>New 2013 DVD</i>	“Tractor Safety Basics” - DVD <u>Topics covered in this safety video include:</u> personal protective equipment, safe operation of tractors, safety checks, the personal safety checklist, tractor operation checklist, the manual, check shields and guards, handrails, control lights and gauges, starting the tractor indoors, before using the tractor in a field or other area, if an area has been treated with pesticides, implements, riders, rough ground, ditches, nighttime operations, stopping the tractor, powered take off, personal protective equipment.	16:00	Tractor Operators
2960	“Wheel Loader Operating Techniques” Recovering from a slide on a side hill, how to avoid slipping into an open excavation, safe road travel, trailer transport techniques, undercutting a bank, truck loading from stockpiles, loading hoppers, operating near high speed traffic or pedestrians, night operations, buried utilities and dozens other real world operating situations are covered in this video.	21:00	Wheel Loader Operators
2961	“Load Securement” This video is intended to show you the proper practices of securing a load on your vehicle to prevent accidents from happening.	29:00	Heavy Equipment Operators
2962	“Safe Dump Truck Operation” Use this video to help train your new drivers on dump-truck safety...good for veteran drivers as a “skills refresher.” The video gives “behind the wheel” safety advice on loading and unloading, explains how to navigate in special weather and terrain conditions, and tells how to respond in the event of an accident. <i>This reinforces the MSI CMVO Class.</i>	16:00	Dump Truck Operators; Snow Plow Operators
2963	“Dump Truck Safety” Dump trucks are complicated and expensive pieces of equipment where untrained drivers can certainly be a liability. This video covers pre-startup procedures, brake systems, dumping techniques, and general safety while operating the unit.	15:00	Dump Truck Operators
2964	“Snow Removal Techniques – Plowing Tips from the Pros” Teaches snow plowing on city streets, country roads & interstates. Different types of snow plows/snow blowers shown in use on trucks, wheel loaders, & motor graders. <u>Areas covered in this video:</u> Pre-trip inspections, what to look for, suggested plowing techniques on interstate highways, two-lane country roads, & city streets. Animation shows difficult plowing concepts on Interstate on-off ramps & intersections, one-way plows, reversible plows, “V” plows, wing plows & special cutting edges for ice.	23:00	Snow Plow Operators
2965	“Snow Plow Safety” Ideal for training newly hired snowplow operators or as a refresher for experienced operators. Topics addressed include: equipment inspection, positioning of the truck, scanning mirror use and defensive driving techniques.	23:00	Snow Plow Operators

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Tape #	Title/Description	Length	Audience
2966	<p>“Backhoe Safety and Operations”</p> <p>Backhoes are complicated and dangerous machines requiring training for safe, efficient operations. This program is targeted toward new as well as experienced operators. It covers safe operation, maintenance, and pre-startup procedures.</p>	8:11	Backhoe Operators
2967	<p>“Backhoe Loader Safe Operating Techniques”</p> <p>Lots of people can drive a backhoe loader. A few people can operate one. And the best operate smoothly and safely. This video provides tips on how to operate smoothly and safely in a variety of work conditions with several different attachments.</p>	16:00	Backhoe Operators
2968	<p>“Backhoe Loader Pre-Start Inspection”</p> <p>Created to help both new and experienced operators know what to look for in daily pre-inspection. This video emphasizes looking beyond the ordinary to help avoid equipment failure.</p>	11:00	Backhoe Operators
2969	<p>“Loader Backhoe Safety: Operator Safety”</p> <p>This tape deals with loader backhoe safety and is designed specifically for operators. It covers the most common mistakes and accidents involving these machines, as well as loading, transporting, utility dangers and rollover accidents.</p>	10:00	Backhoe Operators
2304 DVD	<p>“Crane Safety - DVD”</p> <p>While there are many different types of cranes, they all have the ability to make many jobs much easier by lifting enormous weight. But they also share the potential for disaster when they are not operated safely. Crane-related accidents can often be deadly, due to the cumbersome and heavy loads that are lifted. A small miscalculation or a brief moment of inattention, and tragedy could strike. Once a load falls, not much can be done to stop it, and there is little time for people to move safely out of the way. A coworker could be injured or killed, and expensive equipment or materials could be damaged or destroyed... even the crane itself.</p>	17:00	Crane Operators; Ground Crew
2360 CC	<p>“Crane Operation Safety”</p> <p>The crane must be appropriate on the job and the environment. The two primary types of cranes are reviewed, as well as pre-lift checks on both equipment and the surrounding environment.</p>	10:00	Crane Operators
3903 <u>Avail. in</u> DVD & VHS	<p>“Vehicle Backing Accident Prevention”</p> <p>100% of backing accidents can be prevented. You’re a professional and you shouldn’t be backing into anything for any reason. This video explains the common causes and solutions to vehicle backing accidents.</p> <p><u>Topics included in this safety video are:</u></p> <ul style="list-style-type: none"> • Daily inspection • Backing • Cone of invisibility • Children and Pedestrians • Landfills • Transfer Stations 	10:00	Sanitation Operators

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
LANDSCAPE SAFETY			
3000 <i>DVD</i>	<p>“Right of Way Mowing Safety” - DVD</p> <p>Train new operators to do pre-start inspection & remind experienced operators before they begin another mowing season. The dangers of right-of-way mowing are documented. Focus on Tractor Mowing.</p> <p>Divided into two parts; pre-start, and on-the-job operating.</p> <ul style="list-style-type: none"> • Guards, shields, & other manufacturer provided safety devices • Mower inspection & adjustments • Demonstrates rollover accidents • Working around high speed traffic • Crossing highways 	25:00	Landscape Tractor Operators
3001 <i>DVD</i>	<p>“The Safe Operation of Commercial Lawn Mowers” - DVD</p> <p>This video covers how to safely inspect, operate and maintain commercial lawn mowers.</p>	12:00	Landscape Equipment Operators
3002 <i>DVD</i>	<p>“Landscape Equipment: Safety & Maintenance” - DVD</p> <p>This video covers proper procedures when working with chemicals and hazardous materials as well as operating mowers, cutters, trimmers and weed whackers.</p>	15:00	Landscape Equipment Operators
3003 <i>DVD</i>	<p>“WSI: Groundskeeping Safety” - DVD</p> <p>After a frightening incident, expert workplace investigators are called to crack the case. In the midst of the story, viewers will learn about the hazards of exposure to the various machinery and elements of outdoor work environments. In this landscaping video, emphasis is placed on working in the elements and how to recognize, prevent and handle heat stress situations. Basically, this is a landscaping video that specializes on preventing complacency from entering into landscaping training.</p>	19:00	Landscape Equipment Operators
3004 <i>DVD</i>	<p>“Landscape Maintenance”(Aurora) - DVD</p> <p>Covers general safety rules when operating mowers, cutters, knives, trimmers, and weed eaters. Deals with proper procedures when handling chemicals and hazardous materials associated with this environment.</p>	14:00	Landscape Equipment Operators
3005 <i>DVD</i>	<p>“Landscape Power Tool Safety” - DVD</p> <p>This video goes over operational safety issues for the most commonly used pieces of landscape equipment- Covers the Chain saw, String Trimmer, Power Blower, and the pole saw</p>	22:00	Landscape Equipment Operators
3006 <i>New 2013 DVD</i>	<p>“Chainsaw Safety Basics: An Expert’s Perspective” - DVD</p> <p>Public works and other occupations often use chain saws in tree trimming, landscaping maintenance, brush control, and home use. There are many risks involved requiring proper instructions on safe procedures. Includes instruction on how to use the proper daily safety precautions during use of cut off saws on the job. Covers use of proper PPE and machine guarding. Outlines safety procedure from pre-use inspection all the way to shutdown. Gives viewers the information they need to know for each operator to remain responsible for their own safety by following safe operating practices.</p>	14:00	Chain Saw Equipment Operators

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
3007 New 2013 DVD	<p>“Video Guide to Chain Saw Safety” - DVD</p> <p>A highly skilled chain saw operator demonstrates the most important techniques to prevent injuries when using a chain saw.</p> <p>Every chain saw operator can learn something from this comprehensive video on chain saw safety. The video is easy to understand and it clearly states what operators need to know in order to prevent an accident.</p> <p>Highlights:</p> <ul style="list-style-type: none"> • How to avoid kickback • Proper use of safety tip • Safe techniques for climbing, bucking and pruning • Demos of chaps, goggles, ear plugs and hard hats 	27:00	Chain Saw Equipment Operators
3060	<p>“Landscape Maintenance” (Digital)</p> <p>As landscape professionals, you have a number of responsibilities maintaining parks, highways, and other areas that provide enjoyment for a large number of people.</p> <p>Topics included in this safety video are: properly dress for work, follow your company's policy for equipment maintenance, batteries, mower blades, safety devices on the equipment, jams, remove key when not in use, discharge side of the mower, walk the area first, unseen hazards, inclines or slopes, power equipment, never refuel a hot motor, fire extinguishers, approved safety cans, string trimmers, eye protection, full face shields, hearing protection, recommended trimming line, leather-topped shoes, snakes, chemicals, Material Safety Data Sheets (MSDS), chainsaws, kickbacks, grinding the discarded material, and chippers.</p>	15:00	Landscape Equipment Operators
3061	<p>“Lawn Mowing Safety”</p> <p>Looking for a video that can introduce your workers to commercial mowers. Try this one. It covers walk behind, push, flail and ride-on mowers. Locations include parks, schools, cemeteries and athletic fields.</p>	25:00	Landscape Equipment Operators
3062	<p>“Riding Mowers Safety”</p> <p>Intended for landscape equipment operators. Provides guidelines for selecting the best mower for the job, safe operations, maintenance, clothing, and “do’s” and don’ts.”</p>	26:00	Landscape Equipment Operators
3063	<p>“Landscape Safety: Riding Mowers”</p> <p>This program demonstrates how to operate and care for riding mowers, from small home-size models to large commercial units. Includes tips on periodic safety maintenance.</p>	26:00	Landscape Equipment Operators
3064	<p>“Landscape Safety: Push Mowers”</p> <p>In this program, see how to operate and maintain rotary, reel, and specialty power mowers. Explains the importance of selecting the right type of mower for the job.</p>	29:00	Landscape Equipment Operators
3065	<p>“Commercial Mower Safety”</p> <p>Just in time for the spring task of mowing lawns. This video explains the safety rules while using commercial lawn mowers.</p>	12:00	Landscape Equipment Operators
3066 CC	<p>“Grounds Keeping Safety: Dealing with Bugs & Critters”</p> <p>This video is for employees who are involved with grounds keeping or facilities maintenance. This video shows how to use safety by learning how to recognize and avoid potentially dangerous critters. Viewers will also learn about PPE which can protect them, as well as basic first aid to use if you're bitten or stung on the job.</p>	16:00	Landscape Personnel; Custodian Workers

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Tape #	Title/Description	Length	Audience
3067	<p>“Power Hand Tools Safety”</p> <p>This video discusses the power hand tools that are typically used by landscape personnel as well as proper fueling, PPE, where the deris goes, use of weight bearing harness, safety tips and point out common errors.</p> <ul style="list-style-type: none"> • Weed whackers • String trimmer • Chain saw • Hedgers • Blowers 	30:00	Landscape Personnel
3068	<p>“Chain Saw Safety”</p> <p>Public works and many other occupations often use chain saws in tree trimming, landscape maintenance and brush control, not to mention home use. The risks of injury demonstrate the need for training.</p>	12:00	Chain Saw Operators
3069	<p>“Tree Trimming Safety”</p> <p>This video explains the safety and maintenance considerations for working with:</p> <ul style="list-style-type: none"> • Chain saws • Chippers • High-lift trucks • And general tree trimming safety 	20:00	Landscape Equipment Operators
3070	<p>“Tree Care Safety: Operational Requirements”</p> <p>This film provides guidelines on choosing the proper equipment for the job, proper use of pruning and tree cutting equipment, and observation of the surrounding vicinity.</p>	35:00	Landscape Personnel
3071	<p>“Electrical Hazards & Trees”</p> <p>Can your crew recognize an electrical hazard before it's too late? Electricity is the most unforgiving and often the most unfamiliar hazard facing any tree worker! Unsafe acts cause 95% of all tree and wire-related accidents! This video demonstrates the proper safety precautions your employees should be using according to ANSI Z133.1.</p>	23:02	Landscape Equipment Operators
3072	<p>“Elements of Pruning”</p> <p>Knowledge of proper pruning procedures is a vital skill for grounds professionals. You'll find proven techniques clearly presented on this videotape.</p>	25:00	Landscape Personnel; Arborists
3073	<p>“Rigging for Removal - Basic Rigging”</p> <p>This program is for the arborist who wants to learn how to use rigging to make tree removal operations safer, more efficient and more profitable. The video focuses on the simple techniques and equipment that tree workers can apply in the field while lowering cut limbs.</p>	21:00	Tree Removal Personnel; Arborists
3074	<p>“Rigging for Removal - Technical Rigging”</p> <p>The principle behind rigging in tree care work is to remove a tree or tree part in sections with the use of ropes, pulleys and other components. This makes the job easier, which makes it safer for the crew. This training session discusses some more advanced methods and designs of the rigging principle.</p>	35:00	Tree Removal Personnel; Arborists

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Tape #	Title/Description	Length	Audience
3075 <i>(5 Tape Series)</i>	“Basic Training for Ground Operations for Tree Care” <i>(Five Tape Series)</i> Here is a program to make the job of new employee orientation and training in the fundamentals of safety a whole lot easier. This program was jointly produced by the International Society of Arboriculture and Tree Care Industry Association, organizations with solid reputations for producing high-quality educational and training tools for arborists.	60:00	Tree Removal Personnel; Arborists
3303 New 2013 DVD	“Insect Safety: Killer Bees, Wasps and Spiders” - DVD Knowing how to react to a spider bite or a bee sting can save you hours of pain and possibly your life. This video is so comprehensive that it covers everything from bee stinger removal (use your fingernail not your fingers) to spider bite prevention (such as checking your shoes before putting them on). Everything that you will need to protect yourself as much as possible from stings and bites is on this film.	36:00	Employees Working Outdoors
3304 New 2013 DVD	“Poisonous Plant Safety” - DVD This program covers the different types of plants and what to do if you are exposed. Poisonous plants in one form or another can be found throughout the United States. The prime hazard is the allergic reaction resulting from contact with the resin produced by the plants. These resins are so toxic that in the case of poison ivy and oak only one billionth of a gram is all it takes for a rash, and only one quarter of an ounce is enough to cause a rash on every person on earth. Many outdoor occupations such as tree trimmers, landscapers, surveyors, park and highway maintenance, meter readers, and fire fighters face frequent exposure concerns. The best way to avoid exposure is your ability to identify the plants in your region and avoid contact.	36:00	Employees Working Outdoors
560 CC	“Back Safety-For Landscape, Maintenance & Custodial Workers” Most back injuries are the result of workers not following safe lifting and carrying procedures. This program is a guide to the basic steps that landscape, maintenance, warehouse and custodial workers should follow to avoid back injuries.	20:00	Landscape; Maintenance; Custodial Workers; Schools
2911 New 2013 DVD	“Tractor Safety Basics” - DVD <u>Topics covered in this safety video include:</u> personal protective equipment, safe operation of tractors, safety checks, the personal safety checklist, tractor operation checklist, the manual, check shields and guards, handrails, control lights and gauges, starting the tractor indoors, before using the tractor in a field or other area, if an area has been treated with pesticides, implements, riders, rough ground, ditches, nighttime operations, stopping the tractor, powered take off, personal protective equipment.	16:00	Tractor Operators
4101 Avail. in: DVD & VHS	“Hand Held Cutoff Saws: Safe & Efficient Operation” One of the most common job-site tools is the gas powered cut-off saw. Few saw users have had any training in correct use of gas powered saws. Areas covered: <ul style="list-style-type: none"> • Primary focus on gasoline powered saws • Discusses saw adjustments, safety devices • Correct blade type and application • Correct saw starting techniques • Care and cleaning of the saw 	18:00	Public Works; Firefighters; Landscape Equipment Operators

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Tape #	Title/Description	Length	Audience
LIFEGUARD OPERATIONS			
3100 DVD	<p>“Beach Safety: A Guide To Staying Safe On The Coast”- DVD <i>This video focuses on West Coast but some information valid to all beaches.</i> This contains footage of beachgoers in distress, rescues, interviews with subject matter experts and valuable information about many are often overlooked hazards that exist on the beach.</p> <p>Topics Covered:</p> <ul style="list-style-type: none"> • Rip currents • Sneaker waves • Tidal activity • Rock climbing • Airborne driftwood 	10:00	Lifeguards
3101 DVD	<p>“Disappearing Dummies: Why Lifeguards Can’t See” - DVD Aquatic safety expert Dr. Tom Griffiths now explains <i>how</i> and <i>why</i> lifeguards have such great difficulty detecting bodies on the bottom of “crystal clear” swimming pools. A must see for all lifeguards, managers, supervisors and parents in water safety. Hundreds of hours of filming in a variety of indoor and outdoor pools were condensed into this lifeguard training DVD with evidence not found in lifeguard training texts. It clearly and effectively illustrates the phenomenon of Visual Body Blindness and exemplifies how difficult it is for lifeguards to detect victims once they submerge beneath the surface of the water. It illustrates and emphasizes how under even the best of water conditions mannequins quickly disappear from sight as soon as the surface becomes disturbed by wind, waves or other swimmers.</p>	10:30	Lifeguards; Parks & Rec.
3102 DVD	<p>“Five Minute Scanning Strategy” - DVD Based on years of scientific research and studies done with thousands of lifeguards across the world, Tom Griffiths, EdD of Penn State University, has developed a systematic approach to lifeguard surveillance called the Five Minute Scanning Strategy®.</p> <p>The Five Minute Scanning Strategy® helps lifeguards improve concentration and attention while reducing boredom by changing the mental process every five minutes. The video makes the difficult task of teaching and learning the scanning process much easier and enjoyable.</p>	10:30	Lifeguards; Parks & Rec.

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Tape #	Title/Description	Length	Audience
3103 DVD	<p>“Shallow Water Blackout/Genetic Drowning Triggers” - DVD</p> <p>Why is it that good swimmers drown in guarded pools? How is it possible that triathletes, swim team members, lifeguards and even Navy Seals drown, particularly in traditional competitive swimming pools? The answer is easy, yet difficult to understand and comprehend. After years of reviewing medical and scientific research, and interviewing hosts of medical experts to find the answers to the questions above, renowned author and educator, Dr. Tom Griffiths, EdD, discovered that good swimmers don’t drown, but die instead of other medical causes that often do not show up at autopsy.</p> <p>This video can help prevent unnecessary deaths in pools, lower liability and better equip lifeguards in responding to sudden deaths. Remember to call a death in your pool, just a death, rather than a drowning, until proved otherwise.</p> <p>This is a comprehensive presentation divided into four categories: (1) Introduction and definitions, (2) Shallow Water Blackout, (3) Genetic "Drowning" triggers, and (4) Summary and quiz.</p>	30:00	Lifeguards; Parks & Rec.
3104 VHS Only	<p>“Swimming Pool Operations: A Framework For Action”</p> <p>Addresses key chemical, physical and biological issues of the pool environment, including many day-to-day problems encountered by pool professionals. Illustrates specific examples that are difficult to explain verbally or in print.</p> <p>Topics included in this safety video are:</p> <ul style="list-style-type: none"> • Introduction - Begins with water appreciation, introduces the concept of a pool environment, and finishes with a discussion on water contaminates. • Physical Treatment: Circulation – Analyzing the circulation system and how to optimize it. • Physical Treatment: Filtration – Understanding filtration systems with details on sand, diatomaceous earth and cartridge filters. • Chemical Treatment – Balancing pool water through control of pH, alkalinity, hardness and total dissolved solids. • Biological Treatment – The origin of biological contaminants. How to disinfect pool water using chlorine and other oxidizing agents. • Water Testing – Guidelines for sampling and testing. 	56:00	Lifeguards; Parks & Rec.; Supervisors

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Tape #	Title/Description	Length	Audience
3105 New 2013 DVD	<p>“The Supervision Myth” - DVD</p> <p>After preaching "constant, vigilant supervision" as the number one drowning prevention strategy, the available evidence on the subject suggests that such an objective is nearly impossible to achieve. <i>The Supervision Myth</i> examines the false premise that underlies such a strategy. Although supervision is needed, the DVD details practical and affordable ways to prevent drowning, including supplementing supervision with technology, developing a better design, and ensuring better engineering of aquatic facilities.</p> <p><u>Among the topics covered:</u></p> <ul style="list-style-type: none"> • Constant, vigilant supervision • Changing the culture to supplement supervision • Body blindness • The instinctive drowning response • Root cause analysis • Effective safety signage • Drowning detection/prevention technologies 	88:00	Lifeguards; Parks & Rec.; Supervisor, Management
3160	<p>“Management of Cervical Injuries Occurring In The Surf Environment”</p> <p>Informative video designed to instruct rescue personnel with the correct procedures to follow to help eliminate cervical injuries during rescue.</p>	15:00	Lifeguards
3161	<p>“Making the Difference: The Essentials of Effective Lifeguarding”</p> <p>This video covers six basic areas that are essential to Lifeguarding:</p> <ul style="list-style-type: none"> • Basic preparation • Scanning techniques • Recognition of a drowning swimmer & double drowning • Passive victims • Shallow water rescues 	28:30	Lifeguards; Parks & Rec.
3162	<p>“Hidden Enemy: Bloodborne Pathogens in Lifeguarding”</p> <p>The importance of recognizing the dangers of bloodborne pathogens in water rescue and ways of prevention are discussed.</p>	12:00	Lifeguards

OFFICE AND ERGONOMIC SAFETY

3200 DVD	<p>“Computer Workstation Safety” - DVD</p> <p>This video reviews the safe use of computers, and offers practical solutions to many potential problems. Reminds employees to work safely and avoid injuries when using computers.</p> <p><u>Includes information on:</u></p> <ul style="list-style-type: none"> • Organization of Work Materials • Maintaining Neutral Positions • Positioning the Back and Torso • Avoiding and Relieving Eyestrain • Avoiding and Relieving Muscle Strain • Tension and Stress Reducing Exercises 	17:00	General Audience
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Tape #	Title/Description	Length	Audience
3201 DVD	<p>“Working Ergonomically in the Office” - DVD</p> <p>This video shows employees how to recognize ergonomic problems in an office environment, potential adverse effects "bad ergonomics" can have and practical solutions they themselves can use to help deal with ergonomic problems in the office.</p> <p>Includes information on:</p> <ul style="list-style-type: none"> • Physiology of the Body • Parts of the Body Most Effected • Eyestrain • Pragmatic Preventative Measures • Correct Use of Office Equipment • Exercises and Stress Release 	21:00	General Audience
3202 New 2013 DVD	<p>“Safe Lifting for Office Workers” - DVD</p> <p>This lifting safety training video was developed for office workers who need to be trained in safe lifting techniques. The back safety video educates on how the back functions, and using safe lifting techniques. Help your employees learn the OSHA lifting techniques and make sure that they are lifting safely from now on.</p>	8:00	Office Personnel
3203 New 2013 DVD	<p>“Ergonomics Awareness” - DVD</p> <p>This video describes the basic of repetitive motion or cumulative trauma injuries. It demonstrates at-risk behaviors and lists longer term health risks. It describes the various contributing factors that may influence an injury. It stresses prompt reporting, task analysis and introduces common preventative measures.</p>	12:00	General Audience
3204 New 2013 DVD	<p>“Office Ergonomics: If Only Your Computer Could Talk” - DVD</p> <p>This program uses a humorous approach of a talking monitor to focus on how humans interact with office machines, namely the computer. It describes workplace risk factors, signs, symptoms and health effects and steps to control risk factors. The majority of the suggestions focus on the proper set up of the work space and the adjustment of chairs and placement of peripherals. It also discusses other ergonomic concerns in the office such as lifting and carrying. It shows lots of examples of simple fixes.</p>	17:00	Office Personnel
3260	<p>“Office Safety: It’s a Jungle in There”</p> <p>An excellent office safety video depicting the common hazards found in everyday office operations. Humorous, but very effective.</p>	20:00	Office Personnel
3261	<p>“Office Safety Basics 2001”</p> <p>Surveys the safety issues of working in an office environment, which has its own set of dangers and hazards, including slips, trips, falls, open file drawers, and dangerous paper cutters. A brief survey of good ergonomic technique.</p>	8:18	Office Personnel
3262	<p>“Office Safety”</p> <p>This video discusses office safety and ways employees can better protect themselves.</p>	14:10	Office Personnel

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Tape #	Title/Description	Length	Audience
3263	<p>“General Office Safety”</p> <p>This program focuses primarily on reviewing office safety basics. It starts in an office environment and demonstrates the most common office hazards and injuries. Suitable for basic orientation of new employees.</p> <p>Program reviews:</p> <ul style="list-style-type: none"> • Safety Policies • Drug Policy • Electrical Safety • HazCom (RTK) • Fire Prevention • Ladders • Back Injury Prevention • Injury Reporting 	9:00	Office Personnel; New Employees
3264	<p>“Lifting Safely in Office Environments”</p> <p>Developed for office workers who need to be trained in safe lifting techniques. Explains how the back functions, and using proper lifting techniques.</p>	8:27	Office Personnel
3265	<p>“Computer Fitness: How to Work Comfortably, Productively & Safely”</p> <p>A program designed to explain how computer related health problems can be avoided by paying close attention to three key areas: Posture, physical set-up of the computer; and regular stretching exercises.</p>	18:00	Office Personnel
3266	<p>“Computer Ergonomics: Make Yourself Comfortable”</p> <p>This video is designed to provide computer operators with basic ergonomic knowledge and the skills needed to perform their own workstation assessments. The program also explains how to increase comfort, through the ergonomically appropriate placement and adjustment of workstation components. It emphasizes the importance of communication while examining the role of the supervisor as an ergonomic resource.</p>	14:30	General Audience; Supervisors; Management
3267 CC	<p>“Ergonomic Tools”</p> <p>Discussion focuses on the importance of selecting the right ergonomic tools, their benefits, and how they reduce task-related injuries.</p>	10:00	General Audience
3268	<p>“Employee Involvement in Ergonomics”</p> <p>This program offers a basic overview of ergonomics and how employees can become involved in the process of making the workplace more user-friendly. Covered are some of the different products available, how they are used, and more.</p>	16:00	General Audience
3269 CC	<p>“Office Ergonomic Task Analysis”</p> <p>This program guides your office/ergonomic team step-by-step through identifying and analyzing the stress-causing conditions and bad habits that lead to discomfort and injuries.</p>	15:50	General Audience; Supervisors; Management
3270	<p>“Carpal Tunnel Syndrome”</p> <p>Discusses precautionary measures to prevent carpal tunnel syndrome.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Symptoms • Treatment • Prevention exercises 	10:00	Office Personnel; General Audience

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Tape #	Title/Description	Length	Audience
3271	<p>“Carpal Tunnel Syndrome” (Digital)</p> <p>This video describes the onset of carpal tunnel syndrome, how to prevent C.T.S, and what employees can do to reduce the effects of C.T.S. Reviews the anatomy of the hand and describes risk factors to include: avoiding strains, using your whole hand, less force, avoiding repetitive motions, exercises and work and home exposures are mentioned.</p>	11:47	Office Personnel; General Audience
3272	<p>“Video Display Terminal Safety”</p> <p>Directed towards individuals using VDTs. Discusses the myths about electromagnetic radiation and other effects of VDT usage. VDTs are safe if properly used. Explains how to avoid eye strain and the persistent neck and backaches when working with VDTs.</p>	11:00	General Audience
3273	<p>“Cyber Crime and Privacy”</p> <p>There are many legal cyber issues other than hacking. This video covers the different laws and Federal Acts that deal with economic espionage, copyright infringement, computer security, and privacy issues. Viruses and pornography are also addressed.</p>	13:00	Office Personnel; Supervisors; Management
1501 DVD	<p>“Conflict Resolution in the Office” - DVD</p> <p>Conflict in the workplace is inevitable. Anytime two or more people come together, they will eventually disagree about something. While some conflict can be healthy, it is often an indication that there is something wrong. Conflict is frequently a "call to action"... a problem crying out for a solution.</p> <p>The good news about conflict is that it is usually based on "caring". The more someone defends their point of view in an argument, the more they care. But if conflict is allowed to fester and grow without a resolution, it can lead to serious problems such as threats and even physical violence. The effectiveness of an entire organization can be harmed if conflict is allowed to escalate.</p>	17:00	Office Personnel; Supervisors; Management
2002 DVD	<p>“Fire Prevention in the Office” - DVD</p> <p>Among all the safety problems an employee can encounter, fire can be the most frightening. Every year office fires cause millions of dollars in damage and result in hundreds of employee injuries. Yet many employees do not realize how their own actions can contribute to the risk of fire.</p> <p>The training program looks at what causes fires in office environments, reviews steps that can be taken to help prevent fires and discusses what employees should do in case of a fire emergency.</p> <p><u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • Common causes of workplace fires. • The concept of "flashpoint." • "Classes" of fires. • Importance of good "housekeeping." • Preventing office fires. • Fire extinguishers. • Evacuation and other employee responsibilities. • First aid. 	16:00	Office Personnel

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Tape #	Title/Description	Length	Audience
4706 DVD CC 2 nd lang.	<p>“Why Don’t We Do It In Our Sleeves?” - DVD</p> <p>This short video was designed to encourage people to cough and sneeze according to the infection control guidelines put forth by the Centers for Disease Control and Prevention. It is aimed at the common citizen. Its message is serious, but it is presented with humor in such a way that it engages the viewer's attention while the message is repeated in interesting new ways. It can be enjoyed by individuals, but it is even more fun to watch in groups, resulting in community reinforcement. It has been used in hospitals and schools with great success. It actually makes people change the way they cough and sneeze.</p>	5:00	General Audience
4707 (2 disks) DVD - Multiple Languages	<p>“Duet for Clean Hands” - DVD (Two disk set)</p> <p>Ask most public health practitioners which simple behaviors could do the most to limit the spread of disease, and they would answer: wash your hands and cover your cough with your clothes, not your hands. This 2 DVD set gives you the tools you need to teach those lessons, and have fun while teaching.</p> <p><u>Disc 1: Why Don’t We Do It in Our Sleeves?</u></p> <p>This is the hilarious hit video on coughing and sneezing hygienically, featuring the Olympics of Sneezing.</p> <p><i>NEW Features on Disc 1 of Duet:</i></p> <p>Spanish version dubbed by professional actors Japanese version filmed partly in Tokyo</p> <p><u>Disc 2: Soap in the City</u></p> <p>These four short features demonstrate the why’s and the how-to’s of hand washing.</p> <p>*Soap in the City: a comedic riff on the story of Typhoid Mary *Last Clean Chance: a science fiction clip on the technique of hand washing with soap and water *Clay and Rebecca: a demonstration of hand sanitizing techniques with foam and gel *We’re Dirty: a children’s hand washing song with singing hands</p>	12:00	General Audience

OUTDOOR EXPOSURE

3300 DVD	<p>“Poison Oak and Ivy Training” - DVD</p> <p>For over three decades Tec Labs has lead the way in preventing poison oak, ivy and sumac and has helped hundreds of thousands of utility workers, firefighting crews, vegetation management teams and other outdoor professionals avoid the misery of a brush with poison plants. This video makes plant identification, prevention and treatment of poison oak and ivy easy to understand and simple to put into action. The suggestions for preventing a rash, early identification and treatment of symptoms will help reduce worker lost time and misery.</p>	11:00	Employees working outdoors
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Tape #	Title/Description	Length	Audience
3301 <i>Avail. in:</i> DVD & VHS	<p>“Cold Stress”</p> <p>Protect your workers from such chilling hazards like frostbite and hypothermia and prevent costly accidents by training with Summit’s Cold Stress course. Summit’s breakthrough Cold Stress program educates viewers about hypothermia and frostbite, their warning signs, safety measures to take before working and warning signs during work. These hazards can happen any time of year. Do not become a statistic; educate your workforce with this prevention program.</p> <p><u>The program covers:</u></p> <ul style="list-style-type: none"> • Frostbite • Hypothermia • Protecting Yourself • Best Practices 	16:38	Those Working Outdoors; General Audience
3302 DVD	<p>“Heat Stress” (Aurora) - DVD</p> <p>Working in hot environments with strenuous physical activity causes heat reactions in the body.</p> <p><u>Teach workers how to protect themselves:</u></p> <ul style="list-style-type: none"> • Heat stress and its dangers • Heat regulation in the body • Eating, drinking & dressing to manage heat 	12:00	Employees Working Outdoors
3303 New 2013 DVD	<p>“Insect Safety: Killer Bees, Wasps and Spiders” - DVD</p> <p>Knowing how to react to a spider bite or a bee sting can save you hours of pain and possibly your life. This video is so comprehensive that it covers everything from bee stinger removal (use your fingernail not your fingers) to spider bite prevention (such as checking your shoes before putting them on). Everything that you will need to protect yourself as much as possible from stings and bites is on this film.</p>	36:00	Employees Working Outdoors
3304 New 2013 DVD	<p>“Poisonous Plant Safety” - DVD</p> <p>This program covers the different types of plants and what to do if you are exposed. Poisonous plants in one form or another can be found throughout the United States. The prime hazard is the allergic reaction resulting from contact with the resin produced by the plants. These resins are so toxic that in the case of poison ivy and oak only one billionth of a gram is all it takes for a rash, and only one quarter of an ounce is enough to cause a rash on every person on earth.</p> <p>Many outdoor occupations such as tree trimmers, landscapers, surveyors, park and highway maintenance, meter readers, and fire fighters face frequent exposure concerns. The best way to avoid exposure is your ability to identify the plants in your region and avoid contact.</p>	36:00	Employees Working Outdoors
3305 New 2013 DVD	<p>“Hypothermia and Frostbite” - DVD</p> <p>If you or your employees work outside in cold weather, this program is for you!</p> <p>This informative video thoroughly covers everything employees need to know about the dangers of hypothermia and frostbite—and how to avoid them.</p> <p><u>Training Points:</u></p> <ul style="list-style-type: none"> • How to recognize the signs and symptoms of hypothermia and frostbite • How to avoid hypothermia and frostbite through proper planning and preparation • How to react if you or someone you work with displays symptoms of hypothermia or frostbite 	12:00	Employees Working Outdoors

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Tape #	Title/Description	Length	Audience
3360 <i>Avail. in DVD & VHS</i>	“Heat Stress: Don’t Lose Your Cool” This provides a no-nonsense approach to heat stress and how to prevent or treat heat disorders.	14:00	Employees working outdoors
3361	“Heat Stress (Humorous)” (Digital) This is a slightly humorous approach to heat stress safety. Good ‘Ole Boy’, discusses working outdoors in high heat & humidity and as the body generates heat, some discard excess heat and it describes the effects and how heat dissipates. Topics include: <ul style="list-style-type: none"> • Hydration • Heat stroke • Heat exhaustion • Heat cramp symptoms • Recommended responses 	15:38	Employees working outdoors
3362	“Hypothermia” Contrary to popular belief, most cases of hypothermia occur at temperatures between 30 and 50 degrees Fahrenheit. Recognize the early warning signs of hypothermia and prevent it from happening.	6:50	Employees working outdoors
3363	“Poisonous Plants” The dangers of familiar plants are identified in this informative film. The potential for harm caused by touching or eating the leaves, fruit, seeds, or stalks of houseplants, yard plants, and even parts of certain food plants is examined.	12:00	Employees working outdoors
3364	“Ticks: Disease Prevention” Increase awareness of tick-related diseases. Motivate and instruct employees how to prevent bites, inspect for and remove ticks.	16:00	Employees working outdoors
3365	“Wasps & Spiders” This video covers all aspects of wasps and spider bites, with on-camera interviews insect experts and doctors. Wasp and spider bites can occur even if you are outside the agricultural industry. Knowing the behavior of wasps helps us work around them safely. Different kinds of spiders are also discussed.	13:00	Employees working outdoors
3366 CC	“Working Outdoors Mosquitoes and Ticks” Make sure your employees can protect themselves from mosquito and tick bites that may cause Lyme Disease, Encephalitis, and West Nile Virus. This program will teach outdoor workers proven methods for avoiding the dangerous bites and the early warning signs of these, potentially, debilitating diseases.	15:00	Employees working outdoors
3367	“Lyme Disease: A Guide to Prevention” A detailed guide to preventing Lyme Disease, a bacterium carried by deer ticks. Lyme disease is common in ticks in some areas, and non-existent in others. Untreated Lyme disease can affect many systems, including the heart, joints, and nerves. Early treatment can often prevent problems.	60:00	Employees working outdoors

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Tape #	Title/Description	Length	Audience
3066 CC	"Grounds Keeping Safety: Dealing with Bugs & Critters" This video is for employees who are involved with grounds keeping or facilities maintenance. This video shows how to use safety by learning how to recognize and avoid potentially dangerous critters. Viewers will also learn about PPE which can protect them, as well as basic first aid to use if you're bitten or stung on the job.	16:00	Landscape Personnel; Custodian Workers
4710 DVD CC	"Exercise: Getting Active, Staying Active" - DVD Stressing that the key to developing a safe and active lifestyle is to take small steps, this video helps viewers discover how they can fit activity into their schedules. It explains that there are three types of exercise (aerobic, strength training, and flexibility conditioning), but also tells viewers that increasing activity level in everyday chores can benefit them as well. It discusses barriers to exercising and exercise tips about clothing, hydration, and pacing. The theme of this video is that small steps can make a difference in health.	12:54	General Audience

PERSONAL PROTECTIVE EQUIPMENT (PPE)

3400 DVD	"PPE: Your Last Line of Defense!" - DVD Get great advice on PPE from the employees themselves in this essential PPE training video. Hear different workers in different environments talk about the importance of PPE, typical (bogus) excuses for not wearing it, and how no matter the circumstances they won't stand for a workplace with unsafe employees. Also heavily covered is proper donning and fitting of Personal Protective Equipment from your head to your toes.	19:00	Employees wearing PPE
3401 DVD	"PPE: Head to Toe" - DVD This program provides an easy to understand overview of the variety of PPE available to help make our work safe. It emphasizes the importance of wearing the proper PPE by showing an re-enactment of an arc flash incident that could have been tragic had the person not been wearing the proper PPE. The worker involved describes the incident and how his PPE saved him from injury. Other interviews with workers who avoided eye and foot injuries reinforce the safety message. Great for new employees or for refresher training.	15:00	Employees wearing PPE
3402 DVD	"Safely on Your Feet" - DVD Foot injuries and slips and falls are a major source of lost-time injuries. This program is concerned with keeping our feet safe - and keeping us safely on our feet. The video stresses the importance of matching your footwear to the potential hazards of the job. It clearly illustrates the importance of safety features such as toe protection, traction, and support. Many work environments and potential hazards are illustrated.	12:00	General Audience
3460 CC	"Head Protection" This instructional video discusses different types of occupational headgear.	10:00	Employees wearing PPE
3461	"Personal Protective Equipment in General Industry" This video program demonstrates the use of PPE to prevent eye, head, hand, & foot injury.	17:00	Employees wearing PPE

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Tape #	Title/Description	Length	Audience
3462 CC	<p>“Personal Protective Equipment”</p> <p>You encourage your employees to make decisions, but, as you know, they don’t always make the right ones. This unique interactive video-training package takes employees through some “real-life” situations and forces them to think about how they would respond. It encourages them to make life-or-death decisions – right from the safety of their seats.</p>	15:00	Employees wearing PPE
3463	<p>“PPE Don’t Start Without It”</p> <p>Different parts of your body and different hazards require different forms of PPE. Learn to use the right equipment for each job -- and use it correctly -- with this important new video.</p>	15:00	Employees wearing PPE
1703 DVD - 2 nd lang.	<p>“The Eyedeology of Safety” - DVD</p> <p>Reviews how to avoid injury as well as emergency procedures to follow if an accident should occur.</p> <p>Topics:</p> <ul style="list-style-type: none"> • Protective eyewear • Avoiding injury • Emergency procedures 	20:00	Utilities; Public Works; Shop Personnel
1704 DVD	<p>“Eye Safety” - DVD</p> <p>This video delivers important information on eye protection with a unique emphasis on personal responsibility. The viewer is provided with three steps to eye safety that is extremely easy to relate to and understand. Interviews with "real" people who would have lost their eyesight if they hadn't been wearing eye protection provide powerful reinforcement for safe behavior.</p>	12:00	Utilities; Public Works; Shop Personnel

PLAYGROUND / FIELD MAINTENANCE

3500 <i>Avail. in DVD & VHS</i>	<p>“The Nuts and Bolts of Playground Maintenance”</p> <p>This video is designed to provide an overview of the importance of proper maintenance. Providing proper maintenance of the playground is the responsibility of adults. Of the 200,000 children injured each year, more than 30% of the accidents are caused by poor or inadequate maintenance.</p>	11:00	Parks & Rec.; Schools; Management
3501 DVD	<p>“Inspecting Playgrounds for Hazards - 2nd Addition” - DVD</p> <p>Reducing liability on playgrounds is one of the leading challenges facing public agencies today. This video training program gives an in-depth look at how to set up a complete playground safety and maintenance program and illustrates how to make a safety evaluation based on the CPSC guidelines – 2011 addition</p> <p>This video covers:</p> <ul style="list-style-type: none"> • Intro/overview of the playground safety issues • Developing checklists • Determining frequency of inspections • Playground surfacing overview • Maintenance inspections and checkpoints • Design related inspections • Conducting a CPSC safety evaluation • And much more 	35:00	Parks & Rec.; Inspectors of Playgrounds; Schools

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Tape #	Title/Description	Length	Audience
3502 DVD	<p>“Safe Surfaces” - DVD</p> <p>How do you select the proper safety surfacing for your playground? This informative video outlines criteria to ensure that surfaces under and around equipment are appropriate. Learn the Consumer Product Safety Commission guidelines and American Society for Testing and Materials standards in clear and understandable terms.</p> <p>This video provides guidance for any group considering the acquisition or replacement of safe surfacing around playground equipment.</p>	10:00	Parks & Rec.; Schools; Inspectors of Playgrounds
3503 DVD	<p>“Planning SAFE Playgrounds” - DVD</p> <p>The development of an appropriate play area takes careful planning. This video helps you evaluate the site of the playground, consider professional expertise, observe the needs of the children and work with equipment manufacturers and designers.</p>	15:00	Parks & Rec.; Schools; Management
3504 CD-ROM	<p>“Planning Accessible SAFE Playgrounds Using the Americans With Disabilities Act” - CD-ROM</p> <p><i>This program is not a video and has no sound track. It is in the format of a Power Point Presentation. It contains important information for playground administrators, planners or those responsible for preparing specifications for future playgrounds. It can be used in conjunction with the listed reference materials to inform meeting participants of crucial information. Some of the information is very detailed and may require presentation by a knowledgeable person, such as a CPSI to be most beneficial.</i></p> <p>This CD-ROM is a self-paced pictorial guide covering all the elements of the Americans with Disabilities Act (ADA) requirements. It is useful for designers, planners, installers, and anyone interested in planning a safe, accessible playground. It offers a clear explanation of the ADA standards for playgrounds.</p> <p><u>The following parts have been outlined in this CD-ROM:</u></p> <p>Part 1: Understanding the Americans with Disabilities Act Part 2: Common Definitions that are Used in the Guidelines Part 3: Designing Inclusive Play Areas for all Children Part 4: Additional Technical Requirements for Play Areas Part 5: Future Directions and Reference List</p>	Instructor Lead	Parks & Rec.; Schools; Management

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Tape #	Title/Description	Length	Audience
3505 CD-ROM	<p>“Applying CPSC Guidelines for the Development of SAFE Playgrounds” – CD-ROM</p> <p><i>This program is not a video and has no sound track. It is in the format of a Power Point Presentation. It contains important information for playground administrators, planners or those responsible for preparing specifications for future playgrounds. It can be used in conjunction with the listed reference materials to inform meeting participants of crucial information. Some of the information is very detailed and may require presentation by a knowledgeable person, such as a CPSI to be most beneficial.</i></p> <p>The CD-ROM will help those understand how both the CPSC and NPPS are promoting the design of S.A.F.E. Playgrounds. Because of all the pictures and graphics on the CD-ROM, the guidelines are easy to comprehend. This would be a great tool for child care centers, park departments, schools, PTA groups, installers, and anyone else interested in developing a S.A.F.E. playground.</p> <p><u>The following parts have been outlined in this CD-ROM:</u></p> <p>Part 1: CPSC guidelines as applied to the NPPS model Part 2: General CPSC guidelines Part 3: General hazards and major equipment Part 4: Supporting documentation and references</p>	Instructor Lead	Parks & Rec.; Schools; Management
3560	<p>“Softball and Baseball Field Maintenance and Safety”</p> <p>A video training program illustrating how to identify and correct hazardous conditions on softball and baseball fields.</p>	25:00	Parks & Rec.; Schools; Management
3561	<p>“Playground Safety: Design and Maintenance”</p> <p>Playground Video which reviews how to safety-inspect playground surfaces, how to prevent entrapment injuries, using "No Entrapment Zones" for increased safety, how to detect Protrusions and Entanglement Dangers, as well as identifying "High-Risk" areas on your playground.</p>	20:00	Parks & Rec.; Schools; Management

POLICE DEPARTMENT SAFETY

3600 <u>Avail. in:</u> DVD - CC 2nd lang. & VHS	<p>“Emergency Response Driving”</p> <p>There are risks when you're at the wheel, but when you're driving an emergency vehicle -- with lights and sirens blaring -- the risks multiply! This program shows what it means to drive during emergencies and includes tips to ensure that drivers reach their destinations - ON TIME, SMOOTHLY and SAFELY.</p> <ul style="list-style-type: none"> • Driving basics -- stop signs, red lights and school zones • Speed limits, traffic flow and turn lanes • Stopping, parking and standing • Passing other vehicles • Highway driving • Police chases • Accidents • Planning ahead • Communication • Maintenance 	17:00	Emergency Vehicle Operators
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Tape #	Title/Description	Length	Audience
3601 <i>Avail. in:</i> DVD - CC & VHS	<p>“Lead Safety for Firearms”</p> <p>If you're in law enforcement or the firing range business, getting shot is not your only safety concern. Lead poisoning is as well, which can be as lethal as the deadliest of ammo.</p> <ul style="list-style-type: none"> • How lead can enter and harm the body • Symptoms of lead poisoning • Dangers of lead contamination in both indoor and outdoor ranges • Clean-up methods 	14:00	Law Enforcement
3602 DVD	<p>“Your Vest Won’t Stop This Bullet” - DVD</p> <p>Dedicated to the memory of those seven hundred seventeen law enforcement officers who have died in the line of duty in traffic incidents in the past ten years.</p> <p>This video is intended to heighten your awareness to traffic. Its purpose is to encourage each and every one of you to use all your training, experience and knowledge during traffic stops and other roadside contacts to enhance your safety.</p> <p><i>Agency can obtain a free copy of this video (limit one per agency) by contacting: Governor’s Office of Highway Safety @ hbagley@gohs.ga.gov</i></p>	11:00	Police Officers
3603 New 2013 DVD	<p>“Understanding the Threat: Racist Skinheads” - DVD</p> <p>Racist skinheads are among the most dangerous radical-right threats facing law enforcement today. The products of a frequently violent and criminal subculture, these men and women, typically imbued with neo-Nazi beliefs about Jews, blacks, homosexuals and others, are also notoriously difficult to track. Organized into small, mobile “crews” or acting individually, skinheads tend to move around frequently and often without warning, even as they network and organize across regions. For law enforcement, this poses a particular problem in responding to crimes and conspiracies crossing multiple jurisdictions. As these extremists extend their reach across the country, it is vital that law enforcement officers who deal with them become familiar with the activities of skinheads nationwide.</p> <p>Learn the warning signs that will help you identify these racist extremists in this eye-opening, 12-minute roll call video. It will help you protect your community and could save your life.</p> <p><i>Produced by SPLC: www.splcenter.org/law-enforcement</i></p>	12:00	Law Enforcement
3660	<p>“Emotional Survival to Law Enforcement Officers”</p> <p>This video course provides law enforcement officers and their families the opportunity to review the dynamics that can transform, within a few years, motivated law enforcement officers into negative, cynical and angry individuals who begin having significant difficulties in both the professional and personal aspects of their lives.</p> <p>This course deals with the issues that create law enforcement officers that see themselves as "victims" and begin rationalizing behavior that they previously would have considered inappropriate. The course also deals with the communication challenges that doom many law enforcement relationships and marriages to failure.</p>	120:00	Law Enforcement; Command Staff
3661	<p>“Police Liability: Use of Force”</p> <p>This program re-enacts and analyzes three common Use of Force scenarios that often result in criminal and civil lawsuit against front line officers and their departments. The video shows the considerations for limiting liabilities and avoiding lawsuits.</p>	17:00	Law Enforcement; Command Staff

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Tape #	Title/Description	Length	Audience
3662	<p>“Police Liability: Pursuit & Emergency Response” Written and shot with law enforcement personnel on the front line, this program teaches officers how to protect themselves and their departments against civil liability lawsuits resulting from pursuit and emergency response situations.</p>	16:00	Law Enforcement; Command Staff
3663	<p>“Officer’s Gun Accidentally Discharges - RCR Program #2” An officer's gun accidentally discharges almost striking a subject who has been arrested, handcuffed, and placed on the ground. This program features gun safety tips and lessons from technical advisory staff.</p>	6:55	Law Enforcement
3664	<p>“Physical Assaults: Covering Your Back - RCR Program #14” With <i>graphic</i> video of officers who have been violently physically assaulted, technical advisers pass along invaluable safety and survival tips to officers.</p>	6:50	Law Enforcement
3665	<p>“Handcuffing and Patdowns - TMW Program #13” Many officers have been injured or worse because of bad handcuffing or patdown techniques. This video shows how to improve yours.</p>	2:00	Law Enforcement
3666	<p>“Low Risk Stop, High Risk Escalation - TMW Program #30” Officer Pulls Over Van For Going 15 Over The Limit. While On Stop, He Hears a Muffled Cry From the Back of Van. What’s the next course of action?</p>	2:00	Law Enforcement
3667 <i>(3 Tape Series)</i>	<p>“Silent Wars: Infection Control for Law Enforcement Personnel.” <i>(Three tape series)</i> Part 1 - Discusses contagious diseases and the importance of infection control. Part 2 - Covers actions officers can take to protect themselves from exposure and handling suggestions during arrests, searches and vehicle deacon. Part 3 - Deals with post-incident procedures such as bookings and legal issues.</p>	60:00	Law Enforcement
3668	<p>“Kitchen of Death - Clandestine Drug Labs” This three segment training video supplies basic survival information every copy needs to know.</p>	30:00	Law Enforcement
1007 <i>DVD</i>	<p>“Fatigue Management” - DVD In our 21st Century world, business runs on a 24-hour clock, 7 days a week. As a result, fatigue has become a major concern for drivers and motor carriers alike. Nearly 60,000 collisions occur each year due to sleepy drivers. These crashes result in the deaths of almost 1600 people and cause over 40,000 serious injuries annually. The federal Department of Transportation estimates that there are nearly 8000 fatigue-related crashes each year. These accidents result in the deaths of almost 400 truck drivers and cost about two and a half billion dollars. Topics covered in this safety video include: reduced vigilance, accident characteristics, sleep loss, Circadian Rhythm, medications, sleep apnea, caffeine use and rule compliance.</p>	15:00	General Audience; Shift Workers

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Tape #	Title/Description	Length	Audience
1073	<p>“Shift Work and Preventing Fatigue”</p> <p>More than 68 percent of all shift workers complain of lack of sleep and fatigue. This excellent training program is for those employees who work on swing, graveyard and/or changing shifts. Developed with assistance from the Department of Transportation (DOT) research. Designed to explain the necessity for sleep, repayment of sleep debt, how circadian rhythms work, and what people can do to reduce the effects of shift work fatigue due to disruption of sleep cycles.</p>	17:00	General Audience; Shift Workers
1302	<p>“Back Safety For First Responders”</p> <p>While your EMTs, firefighters and law enforcement officers take care of others, you have to take care of them. To keep them healthy, lean on these solid safety techniques and exercises to keep their back muscles strong and flexible.</p> <ul style="list-style-type: none"> • Back structure • Repetitive stress illnesses/reverse stretching • Common first responder back injuries • Proper lifting techniques • Training points for handling stretchers, gurneys and fire hoses 	20:00	First Responders
<i>Avail. in: DVD - CC 2nd lang. & VHS</i>			
1361	<p>“Emergency Responders Bloodborne Pathogens”</p> <p>Designed for paramedics, EMTs, fire, police, correctional officers, first-aid/CPR, and other emergency personnel who might be exposed to blood and other potential hazards relating to BBP. Meets training requirements for Categories I and II employees who anticipate becoming occupationally exposed to blood and blood-contaminated products.</p>	16:00	First Responders
1984	<p>“Disabled Vehicle, Accident Procedures & Truck Fires”</p> <p>This video reviews what to do with a disabled vehicle, reporting accidents, accident scene procedures, emergency procedures, vehicle fires and hot loads, procedures for handling hazardous waste.</p>	16:00	Fire Department; Law Enforcement
2709	<p>“HazMat: Understanding the Hazard Classes” - DVD</p> <p>This video divided in 5 chapters, describes the 9 hazard classes used by the DOT. The program states the common hazards of each class with a list of sample materials and recommended response actions. It starts with a review of defensive actions. It describes four emergency response considerations for each class: Hazard Recognition, Hazard Analysis, Recommended Actions and Incident Stabilization. Reference is made to the pages in the Emergency Response Guide (ERG). Scenes from actual emergencies are used to demonstrate hazard properties and response actions. Important terms such as flash point and explosive range are defined and explained as in vapor pressure, density and fire point. It supports the MSI class on Hazmat Awareness and provides a comprehensive review.</p>	43:00	Fire Department; Police Department
<i>New 2013 DVD</i>			
2769	<p>“Lead in the Workplace”</p> <p>Employees rarely understand the dangers of lead exposure. They may have general ideas, but this program will give them the important facts regarding exposure to lead and the resulting ailments.</p>	13:00	General Audience
3861	<p>“Employment Practices Liability: The Law, the Liability and the Remedy”</p> <p>This video explains to supervisors the methods and policies which can be implemented to minimize employment liability.</p>	10:00	Supervisors; Management Police Command Staff

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Tape #	Title/Description	Length	Audience
RESPIRATORY PROTECTION			
3700 <i>Avail. in:</i> DVD & VHS	“Respiratory Safety: Public Knowledge” Respirators can be hot, bulky, heavy and just an overall hassle. But they can also be the difference between life and death. Give your workers a straight-forward look at why they need respirators, how to properly fit and maintain them and when to use certain types. <ul style="list-style-type: none"> • Airborne hazards • Control and respirator selection • Fit test and fit check • Care and maintenance 	21:00	Employees enrolled in Respiratory Protection Program
3760 CC	“Choosing the Correct Respirator” Staying healthy depends on breathing clean air. Respirators must be provided when the job being performed can affect the quality of air being breathed. This video discusses the proper way to wear a respirator, what constitutes unclean air and respiratory hazards that can't be detected by the five senses.	10:00	Employees enrolled in Respiratory Protection Program
3761 CC	“Respiratory Fit Testing: Face It Video” When your job takes you into hazardous atmospheres, it is critical that you protect your lungs by correctly using a respirator. This video shows a series of detailed fit-tests to ensure that users work with an adequate face-to-face piece respirator seal. Donning the respirator, Inspection and selection, Types of fit-tests, Qualitative and quantitative fit-testing.	17:00	Employees enrolled in Respiratory Protection Program
3762	“Personal Protective Respirators and How to Use Them” Employees frequently misunderstand the use of respirators. This program will give them the important facts regarding respirator use. They will feel more secure in wearing them once they know how to properly use them.	12:00	Employees enrolled in Respiratory Protection Program
3763 CC	“Disposable Respirators: Exposure Control” Compliant with OSHA's Respiratory Protection standard (1910.134), this video includes important information for employees who wear disposable respirators on the job, “including voluntary use”.	11:00	Employees enrolled in Respiratory Protection Program
3764 CC	“Respiratory Protection: Another World” This video will help workers avoid exposure to airborne hazardous substances that can lead to serious health effects and other chronic illnesses.	22:00	Employees enrolled in Respiratory Protection Program
1362	“Respirators: Your TB Defense & TB Respiratory Protection: Administrator’s Review” Emmy award winner Loretta Swit hosts this presentation of two NIOSH programs. <i>*Respirators: Your TB Defense</i> is designed to educate health care workers on proper respiratory protection. <i>*TB Respiratory Protection: Administrator’s Review</i> takes you step-by-step through developing a respiratory protection program for tuberculosis.	48:00	First Responders; Command Staff

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
RISK MANAGEMENT / LIABILITY			
3860 CC	<p>“Small Spill Clean Up”</p> <p>The first 24 hours of a chemical spill are often the most critical. This film discusses the purpose of a Spill Contingency Plan. What the plan includes, along with who should be involved are reviewed.</p>	10:00	Supervisors; Management
3861	<p>“Employment Practices Liability: The Law, the Liability and the Remedy”</p> <p>This video explains to supervisors the methods and policies which can be implemented to minimize employment liability.</p>	10:00	Supervisors; Management Police Command Staff
3862	<p>“Managing Your Public Officials Liability” (Public Entity Version)</p> <p>Public officials are responsible for many areas of local government, but as the target of an increasing number of liability claims, appointed and elected personnel need to go above and beyond their normal duties to prevent potential liability situations. This video is a crucial instrument in helping your public officials avoid such claims and their associated costs.</p> <p><u>The video illustrates ways officials may avoid creating problems by:</u></p> <ul style="list-style-type: none"> • Conducting fair hearings • Dealing appropriately with personnel issues • Protecting governmental immunity • Insurance and loss control considerations 	19:00	Public Officials
3863 CC	<p>“PPE Hazard Assessment”</p> <p>Accidents on the job – they can mean traumatic injuries to workers, not to mention a devastating expense to your company. This video will help you avoid them by identifying potential hazards before they happen.</p>	12:00	Supervisors; Management
301 New 2013 DVD	<p>“ADA & Disability Law” - DVD</p> <p>This video gives you practical, step-by-step guidelines for complying with the Americans with Disabilities Act (ADA). It also helps train your managers to overcome stereotypes so they can interview and hire disabled individuals without bias or discrimination. Managers learn how to supervise disabled employees and develop reasonable accommodations that fit both the individual and the job.</p> <p><u>Key learning points include:</u></p> <ul style="list-style-type: none"> • Defining disability. • Legal obligations and procedures. • Who's covered. • Medical issues and exams. • Job descriptions and essential job functions. • Proper documentation. • Hiring and supervision. <p>Employees with disabilities generally have lower absenteeism and accident rates than other employees. They tend to be rated "good" to "excellent" in job performance. An openness to hiring such employees helps you meet legal requirements and expands your employee base to include potentially valuable individuals.</p>	36:00	Supervisors; Management

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Tape #	Title/Description	Length	Audience
1101 <i>New 2013 DVD</i>	“Drugs in the Workplace: America in Jeopardy” - DVD Protect your workers and their employer with this video on how to avoid and overcome drug abuse in the workplace.	20:00	Supervisors; Management
1401 <i>Avail. in: DVD - 2nd lang. & VHS</i>	“Emergency Evacuation: Getting Out Alive” In an emergency situation, survival hinges on adequate training, preparation and an emergency action plan. This program explains several emergency situation responses, the importance of drills and the principles of RACE. It prepares your employees to handle any disaster - natural or otherwise and covers: <ul style="list-style-type: none"> • How to respond in several emergency situations • The importance of drills • RACE (Rescue, Alert, Contain & Evacuate) 	16:00	Safety Committee; General Audience
1402 <i>Avail. in: DVD & VHS</i>	“Severe Weather Alert: Are You Prepared?” Would you know what to do if a severe weather event occurred in your area? Severe weather can happen anywhere at any time. You must be prepared, because you often have to respond with little or no notice. This program offers some facts, tips and warnings that can help you survive serious weather emergencies. Topics include: severe weather watches and warnings, hazards posed by thunderstorms, flooding and moving water, being prepared for tornadoes, emergency response plans and precautions to take once a storm has passed.	15:00	General Audience
1403 <i>Avail. in: DVD & VHS</i>	“Introduction to Incident Command System” On February 2, 2003, President Bush requested the development of an Incident Command System for Federal, state and local agencies to use for any type emergency. ICS allow all responding agencies to use a common organizational structure and “language” for any situation, resulting in more effective response during multiagency missions.	8:30	Emergency Response Team
1405 <i>DVD</i>	“Emergency Evacuation” - DVD Explains the essentials of evacuations, precautions to take, and what to do in case of an emergency. Although designed for large buildings, it can be adapted to any size facility.	12:00	Safety Committee; General Audience
1464	“Incident Safety” Examines safety considerations in an emergency response. Discusses disaster worker safety, as well as civilian security and safety concerns	18:00	Emergency Response Team
1465	“Incident Command Safety (ICS)” Defines the basic structure and function of the Incident Command System which can be used at any size incident. The ICS is nationally recognized as the best emergency management system	15:00	Emergency Response Team
1466	“Local Emergency Planning Committees” Hazardous chemicals are a part of modern life. While chemicals are generally handled safely, serious accidents in the mid-1980’s led Congress to create Local Emergency Planning Committees (LEPCs). LEPCs prevent and plan the response to accidental or deliberate chemical incidents. This program tells the story of LEPCs, the history behind their creation, the community members who belong to them, and what LEPCs do to guard the safety of your community.	23:00	Emergency Response Team

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Tape #	Title/Description	Length	Audience
1504 <i>New 2013 DVD</i>	<p>“Personal Liability in the Workplace Pranks & Harassment” - DVD Liability for pranks and harassment in the workplace is extremely high, with record lawsuits stemming from not only the practice of such actions, but from companies ignoring the problem and not taking action to prevent it. This training demonstrates to all employees that there could be personal liability for such action, as well as company liability. Program explains the problem and provides the steps to take to prevent such actions in the workplace. This program should be viewed by all employees, supervisors and management, to reduce individual and company liability.</p> <p>The training includes: phone calls, broadcasting derogatory jokes, calls, postings on the Internet and social media outlets.</p>	12:00	General Audience; Supervisors, Management
3273	<p>“Cyber Crime and Privacy” There are many legal cyber issues other than hacking. This video covers the different laws and Federal Acts that deal with economic espionage, copyright infringement, computer security, and privacy issues. Viruses and pornography are also addressed.</p>	13:00	Office Personnel; Supervisors; Management
4000 <i>New 2013 DVD</i>	<p>“Preventing Sexual Harassment...For Employees” - DVD Discuss various forms of sexual harassment, explain how to avoid inadvertently sexually harassing someone and review the procedures employees should follow if they feel that they or a coworker are being sexually harassed.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> • What constitutes sexual harassment • Behaviors to avoid • Recognizing victims and harassers • Avoiding "accidental" harassment • How to handle a sexual harassment incident • Reporting sexual harassment to management 	16:00	General Audience; Supervisors, Management
4065	<p>“Handling a Sexual Harassment Investigation” This video looks at an organizations legal responsibility to prevent and deal with sexual harassment incidents, examines policies and procedures that should be followed when investigating allegations of sexual harassment, and discusses how to interview apparent victims, alleged harassers and potential witnesses.</p>	20:00	Public Officials; Supervisors; Management

SANITATION SAFETY

3900 <i>Avail. in: DVD & VHS</i>	<p>“Be Safe, Be Proud” This video was developed by the National Solid Waters Management Association (NSWMA). It uses real situations to focus on the workplace hazards faced by drivers and helpers on residential collection routes.</p>	18:00	Sanitation Operators
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Tape #	Title/Description	Length	Audience
3901 <u>Avail. in</u> DVD & VHS	<p>“Side Loader Operations and Safety”</p> <p>Side loaders were designed for speed of operation, safety, and ease of loading. They perform highly efficient jobs and they're just like any other waste hauling vehicle, with a few exceptions.</p> <p>Topics included in this safety video are:</p> <ul style="list-style-type: none"> • Vehicle operations • Landfill safety • And safety responsibility 	5:00	Sanitation Operators
3902 <u>Avail. in</u> DVD & VHS CC	<p>“Residential Pick Up Driving and Helpers - Operations”</p> <p>Driving in the cities and suburbs can present many increased risks for you as a driver. There are more pedestrians than you'd encounter elsewhere; walkers, joggers, and cyclists. Children in neighborhoods at play may dart out in the street at any moment. Streets may be narrow, traffic congested, and more starts/stops involved so it's of vital importance that you stay alert, slow down, and drive defensively. In this program, we will focus on residential pick up of solid waste, the hazards you can expect to encounter, and best practices to avoid and prevent accidents.</p> <p>Topics included in this safety video are: responsibilities (driver and helper), residential pick-up, manual pick-up, safe manual lifting, automated pick-up, backing, truck fires, and landfill.</p>	11:00	Sanitation Operators
3903 <u>Avail. in</u> DVD & VHS	<p>“Vehicle Backing Accident Prevention”</p> <p>100% of backing accidents can be prevented. You're a professional and you shouldn't be backing into anything for any reason. This video explains the common causes and solutions to vehicle backing accidents.</p> <p>Topics included in this safety video are:</p> <ul style="list-style-type: none"> • Daily inspection • Backing • Cone of invisibility • Children and Pedestrians • Landfills • Transfer Stations 	10:00	Sanitation Operators
3904 <u>Avail. in</u> DVD & VHS CC	<p>“Rear Loader Safety and Operations” - DVD</p> <p>Rear loaders were designed for speed of operation, safety, and ease of loading. They perform high efficient jobs and are just like any other waste hauling vehicle. They require a vehicle pre-trip safety and operational inspection, just like all the other vehicles you operate. They require cleaning of windows, mirrors, and packing blade. They require inspecting the hydraulic systems for leaks and serviceability.</p> <p>Topics included in this safety video are: vehicle safety, safe operations, loading, helper safety, rear loader safety tips, maintenance and safety, and safety responsibility.</p>	10:00	Sanitation Operators
3905 DVD	<p>“Landfill Safety” - DVD</p> <p>Landfill Safety isn't an exciting topic, but the information in this program can certainly help keep you safe and free of accidents and injuries.</p> <p>Topics included in this safety video are: basic rules, personal protective equipment (PPE), potential hazards, and landfill trucks/machinery.</p>	14:00	Sanitation Operators

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Tape #	Title/Description	Length	Audience
3906 DVD	<p>“Commercial Pick-Up Front-End Loading and Roll-Offs” - DVD</p> <p>This video focuses on commercial pick up of solid waste; container pick-up involving front-end loading and roll-offs. It addresses the hazards you can expect to encounter and best practices to avoid and prevent accidents while on the job. Drivers are responsible for the safe and effective operation of the vehicle from the pre-trip inspection before beginning your route, the vehicle operation throughout the day, to the post-trip inspection and route sheets to be turned in at the end of your shift. Drivers must be authorized and properly licensed to operate these vehicles and are expected to report hazards from mechanical issues with truck needing repair to physical issues along their route which may need to be reported to public authorities to be addressed and or corrected.</p> <p>Topics included in this safety video are: container pick-up, container accessibility, commercial roll-off, hot loads, transfer stations, and landfills.</p>	12:00	Sanitation Operators
3908 DVD	<p>“Roll Offs and Safety Operations” - DVD</p> <p>Roll Offs have the potential of causing very serious injuries or property damage, if you don't handle them properly. Even after years of experience, you need to continue thinking about safety and how to improve your safety awareness and accident prevention. This video is a reminder for working and acting safely.</p> <p>Topics included in this safety video are: pre-trip vehicle inspection, the cab of the truck, 3-point system, adjust your seat, mirrors, keep cab clean, clutches, drain moisture tanks, back up alarms, check the hydraulic systems and on roll offs, double check the hoisting cables, engage the PTO (power take off), rear doors, check for overhead wires or obstructions, container hook, tarp, center of gravity of the truck, and lower the rails.</p>	12:00	Sanitation Operators
3909 DVD	<p>“Solid Waste Safety: Rear Loaders” - DVD</p> <p>This is a great waste management video for either the driver, or the helper on a rear loader solid waste truck. Topics on the garbage truck DVD include: truck operations, helpers, loading the truck, can sites, improper can sites, container blockages, landfill safety, dumping, and residential safety.</p>	11:00	Sanitation Operators
3910 DVD	<p>“Ergonomics: Recycling Facility Safety” - DVD</p> <p>This training program provides basic guidelines for safety at Recycling Facilities.</p> <p>Topics included in this safety video are: general safety, personal protective equipment (PPE), bloodborne pathogens (BBP), hazardous materials, insects, machinery, lockout/tag out, ergonomics, reporting injuries and unsafe conditions, housekeeping, fire prevention, and material handling equipment.</p>	15:00	Sanitation Operators
3960	<p>“Front-End Loader Operations & Safety”</p> <p>This video covers basic operating procedures and techniques for front-end trash truck loaders. Includes dumping procedures, hoppers, landfill dumping and general safe operating procedures when using this equipment.</p>	11:00	Sanitation Operators
3961	<p>“Route Observations”</p> <p>This video covers Job Safety Observations as it relates to Waste Management</p>	16:00	Sanitation Operators; Supervisors; Management

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Tape #	Title/Description	Length	Audience
3962	<p>“Route Safety & Safe Driving Techniques”</p> <p>This video covers route hazards and liability exposures, container hazards, overhead clearances, maneuvering in tight spaces, reporting hazards and damage, overloaded containers, unauthorized hazards, waste container accessibility, landfill driver and helper safety, dumping the load, inspecting the vehicle at landfill, and more.</p>	13:00	Sanitation Operators
3963 <i>Spanish VHS</i>	<p>“Be Safe, Be Proud” (Spanish)</p> <p>This video was developed by the National Solid Waters Management Association (NSWMA). It uses real situations to focus on the workplace hazards faced by drivers and helpers on residential collection routes.</p>	18:00	Sanitation Operators
3964	<p>“Be Safe, Be Proud: Safety Awareness for Supervisors and Route Managers”</p> <p>This video, developed by the National Solid Waters Management Association (NSWMA), will help supervisors, route managers, driving trainers, and others observe drivers, helpers and shop employees and coach them on how to teach workers to avoid fatalities, injuries and accidents.</p> <p><u>Focused on collection and maintenance, the video covers:</u></p> <ul style="list-style-type: none"> • Route observations • How to communicate with employees about safety issues • And the importance of following applicable safety rules 	20:00	Supervisors, Route Managers
567	<p>“Preventing Back Injuries”</p> <p>Residential pick-up, maintenance personnel, office employees, drivers, and landfill operators are potential victims of back injuries. This program provides tips on safe lifting and is an excellent way to enhance your "hands-on" training.</p>	9:00	Sanitation Operators; General Audience
763	<p>“Bloodborne Pathogens in the Workplace”</p> <p>Designed as an information/training video for employees who normally are not exposed to blood or body fluids, but provides precautionary information to employees.</p>	9:00	General Audience; Sanitation; Utilities
2765 <i>CC</i>	<p>“Waste Minimization”</p> <p>Good waste minimization strategies benefit everyone. This film discusses the problems waste creates. The two groups waste can be classified into, and how source reduction differs from recycling.</p>	10:00	Supervisors; Management

SEXUAL HARRASSMENT

4000 <i>New 2013 DVD</i>	<p>“Preventing Sexual Harassment...For Employees” - DVD</p> <p>Discuss various forms of sexual harassment, explain how to avoid inadvertently sexually harassing someone and review the procedures employees should follow if they feel that they or a coworker are being sexually harassed.</p> <p><u>Topics covered include:</u></p> <ul style="list-style-type: none"> • What constitutes sexual harassment • Behaviors to avoid • Recognizing victims and harassers • Avoiding "accidental" harassment • How to handle a sexual harassment incident • Reporting sexual harassment to management 	16:00	General Audience; Supervisors, Management
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MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
4060	<p>“Sexual Harassment: What Employees Need to Know”</p> <p>Outlines legal definition of sexual harassment. Provides employees with information regarding the recognition of sexual harassment</p>	7:00	General Audience
4061	<p>“Sexual Harassment: You Make the Call”</p> <p>This informative video is designed to minimize confusion as to what constitutes sexual harassment. Dramatized examples in workplace scenarios help employees determine "gray areas" of sexual harassment. How to confront inappropriate behavior is also reviewed.</p>	15:00	General Audience
4062	<p>“Sexual Harassment in the Workplace”</p> <p>This video explains how to deal with the sexual harassment issue and offers tips in avoiding/eliminating sexual harassment in accordance with your current policies. Program is directed at employee-employee relationships, but also covers supervisor-employee relations.</p>	13:13	General Audience; Supervisors; Management
4063	<p>“Ending Sexual Harassment: Using Communication and Consideration”</p> <p>This video discusses sexual harassment in the workplace and how to control and diffuse situations. Describing harassment intent versus response – courts takes the position of protecting the victim. Stresses adherence to management policy and provides scenarios for discussion to help identify harassment.</p> <p>CC Two Categories Reviewed: Quid Pro Quo & Hostile Work Environment.</p>	25:00	Supervisors; Management
4064	<p>“Sexual Harassment: What Managers Need to Know”</p> <p>This program explains how managers should handle and respond to complaints and how to recognize potential sexual harassment in the workplace.</p>	9:50	Supervisor; Management
4065	<p>“Handling a Sexual Harassment Investigation”</p> <p>This video looks at an organizations legal responsibility to prevent and deal with sexual harassment incidents, examines policies and procedures that should be followed when investigating allegations of sexual harassment, and discusses how to interview apparent victims, alleged harassers and potential witnesses.</p>	20:00	Public Officials; Supervisors; Management

SHOP & TOOL SAFETY

4100 <i>DVD</i>	<p>“Compressed Air Safety” - DVD</p> <p>This video features 4 re-enactments of actual on-the-job injuries to illustrate the hazards of working with compressed air lines. Compressed air can be extremely dangerous when used to clean workstations and to blow off clothing.</p>	9:00	Public Works
4101 <i>Avail. in: DVD & VHS</i>	<p>“Hand Held Cutoff Saws: Safe & Efficient Operation”</p> <p>One of the most common job-site tools is the gas powered cut-off saw. Few saw users have had any training in correct use of gas powered saws.</p> <p>Areas covered:</p> <ul style="list-style-type: none"> • Primary focus on gasoline powered saws • Discusses saw adjustments, safety devices • Correct blade type and application • Correct saw starting techniques • Care and cleaning of the saw 	18:00	Public Works; Firefighters; Landscape Equipment Operators

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Tape #	Title/Description	Length	Audience
4102 <i>Avail. in DVD & VHS</i>	<p>“Hand and Power Tool Safety”</p> <p>Hand and power tools are used every day in many types of business. They make our work easier and allow us to be more efficient. However, we often fail to see the hazards these tools present.</p> <p>This training program shows how accidents can be significantly reduced by applying good general safety rules, and reviews what hazards are associated with the specific types of tools we use.</p> <p>Areas covered in the program include:</p> <ul style="list-style-type: none"> • Matching the tool to the job • The importance of "state of mind" • Personal protective equipment • Good safety practices • Tool care and maintenance 	17:00	Power Tool Operator
4103 <i>DVD</i>	<p>“Boxcutter/Utility Knife Safety” - DVD</p> <p>This video provides an excellent overview of utility knife/box cutter safety. Filmed in a variety of work settings, the video begins with a series of mishaps caused by the unsafe use of utility knives. The mishaps are then carefully examined to reveal the underlying causes, as well as the steps that would prevent similar mishaps. This video will help you reduce injuries, lost time and damaged product.</p> <p>The video covers the following material:</p> <ul style="list-style-type: none"> • The proper use and handling of box cutters/utility knives • Using the correct knife for the job • Knife maintenance and inspection • Proper blade changing and disposal 	8:30	Public Works; Utilities
4104 <i>DVD CC</i>	<p>“Powder Actuated Tools” - DVD</p> <p>In the construction industry, there are a variety of requirements where fasteners are used on semi-hard or rigid surfaces. One of the most effective methods of securing fasteners to these materials is through the use of a powder actuated tool. Only those powder actuated tools that meet the design requirements of ANSI A10.3-1977 may be used. The qualifications for becoming an operator depend upon safety standards and each individual employer.</p> <p>Topics included in this safety video are: training required to be a qualified instructor, equipment safeguards and restrictions, pole tool assemblies, limitations, additional requirements for the use of the equipment, and safety.</p>	10:00	Powder Actuated Tool Operator
4105 <i>DVD</i>	<p>“Pneumatic Tool Safety” - DVD</p> <p>Train employees on the hazards associated in working with pneumatic tools. This video provides comprehensive coverage of safe work practices.</p> <ul style="list-style-type: none"> • Definition and examples • Appropriate PPE • Tool and cord inspection • Use and clean-up 	7:00	Vehicle Maintenance Personnel; Public Works; Utilities

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Tape #	Title/Description	Length	Audience
4106 DVD	<p>“Hazards of Long Hair, Loose Clothes and Jewelry” - DVD</p> <p>Industrial manufacturing, food processing, chemical plants, warehousing and even office areas have unique hazards. No matter what type of work you do, you must be aware of these hazards and dress appropriately for the job. Allowing long hair, loose clothing and jewelry to get tangled in moving parts and machinery causes many injuries and deaths each year.</p> <p>Program Objectives:</p> <ul style="list-style-type: none"> • How loose clothing can lead to a tragic workplace accident; • Why jewelry should not be worn at work; • Why long hair must be controlled to prevent injuries; • Why gloves should not be worn around machinery in motion 	10:30	Employees working around machinery
4107 New 2013 DVD	<p>“Power Tool Accidents: They Can Be Prevented” - DVD</p> <p>This video that addresses the importance of keeping the work area safe, electrical safety, developing good personal work habits, and proper tool use and care.</p> <p>Includes interviews with emergency room physicians, people injured while using power tools and PTI safety experts.</p> <ul style="list-style-type: none"> • Circular Saw Safety • Table Saw Safety • Miter Saw Safety 	19:00	Public Works; Utilities
4108 New 2013 Spanish DVD	<p>“Power Tool Accidents: They Can Be Prevented” – Spanish DVD</p> <p>This video that addresses the importance of keeping the work area safe, electrical safety, developing good personal work habits, and proper tool use and care.</p> <p>Includes interviews with emergency room physicians, people injured while using power tools and PTI safety experts.</p> <ul style="list-style-type: none"> • Circular Saw Safety • Table Saw Safety • Miter Saw Safety 	19:00	Public Works; Utilities
4109 New 2013 DVD	<p>“Portable Grinders and Abrasive Wheels” – DVD</p> <p>Portable Grinders and Abrasive Wheels program provides the viewer with information on the proper use and operation of grinders in a safe manner. If you ignore safety or ignore proper grinding procedures, it can be an extremely hazardous job. You're the only person who can make it a safe job. Always follow your company's operating instructions and of course, the manufacturer's recommendations for safely operating the equipment, abrasive wheels, and disks. There are portable, fixed and bench grinders which come in contact with rotating abrasive wheel or disk. Rules, procedures and protective equipment are essential in making your job safe. If you follow the rules, this equipment can be safe.</p>	11:00	Public Works; Utilities; Mechanics; Recreation;

MEL MEDIA LIBRARY CATALOG

Tape #	Title/Description	Length	Audience
4110 New 2013 DVD	<p>“Ergonomics: Prevention of CTD’s” - DVD</p> <p>This video discusses injuries due to repetitive motion and poor body positioning. (CTD – Cumulative Trauma Disorder) It is set in a manufacturing environment but the principles presented are applicable to many activities done by shop and maintenance personnel. It disuses how to recognize poor movements and demonstrates improved postures and movements. It also stresses pacing the task and the extra hazards of working in cold environments. It has several office related tasks. It reviews other causes such as prolonged standing, applying static forces and the need to use proper tools.</p> <p>This program should be used along with supervisory discussion of job tasks and alternative body positions. It may be beneficial to stop the program and discuss the applicability of the items presented before moving on to other topics. Supervisors should preview before presenting to anticipate questions and skip sections that are not applicable to your operations.</p>	20:00	Shop & Maintenance Personnel; Supervisors
4160	<p>“Cutting Torch Safety”</p> <p>Excellent program to increase safety awareness for anyone using or handling acetylene torches, specifically in cutting operations. Emphasizes valves, pressure gauges, hoses, cylinders, and cutting operation safety.</p>	10:00	Oxy Fuel Torch Operators
4161	<p>“Stationary Power Tool”</p> <p>Educates employees on the technical and safety aspects of running some of the most essential stationary power tools found in wood and metal shops.</p> <ul style="list-style-type: none"> • Drill Press • Grinder • Miter Saw • Bench Sander • Jointer 	29:00	Public Works; Utilities; Custodial Workers
104 DVD	<p>“Stored Energy: The Hidden Hazard” - DVD</p> <p>Many items in our workplace present a hidden hazard. We're talking about the sheer weight or the potential energy of things such as loaded pallets, heavy equipment, doors and cables. When these things move or fall, they release that stored energy and create deadly hazards.</p> <p>This video featuring dramatic reenactments of stored energy mishaps, increases our awareness of stored energy hazards and helps us become more observant of them in our surroundings.</p>	18:00	Public Works; Utilities; Maintenance Personnel
1703 DVD - 2 nd lang.	<p>“The Eyedeology of Safety” - DVD</p> <p>Reviews how to avoid injury as well as emergency procedures to follow if an accident should occur.</p> <p>Topics:</p> <ul style="list-style-type: none"> • Protective eyewear • Avoiding injury • Emergency procedures 	20:00	Utilities; Public Works; Shop Personnel
1704 DVD	<p>“Eye Safety” - DVD</p> <p>This video delivers important information on eye protection with a unique emphasis on personal responsibility. The viewer is provided with three steps to eye safety that is extremely easy to relate to and understand. Interviews with "real" people who would have lost their eyesight if they hadn't been wearing eye protection provide powerful reinforcement for safe behavior.</p>	12:00	Utilities; Public Works; Shop Personnel

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Tape #	Title/Description	Length	Audience
2502 DVD	<p>“The Horror of Losing a Hand....” - DVD</p> <p>Hundreds of thousands of people injure their hands at work each year and hand injuries make up almost one out of four workplace accidents. Utilize the <i>graphic nature</i> of this hand video to show your employees the horrifying reality of losing a hand and how important hand injury prevention and general hand safety really is. Highlight hand safety, hand injury prevention and hand injury safety with this excellent hand video.</p> <p>Graphic Photographs – Viewer Discretion</p>	11:00	Employees working around machinery
2503 DVD	<p>“Hand Injury Prevention” - DVD</p> <p>Hand injuries constitute 75% of industrial injuries that cause partial disability and 1/3 of workplace injuries. Every year there are 16 million hand injuries, and in fact every 32 sec. a hand injury occurs. Keep hand injury prevention at the forefront with the information on this hand video that contains insight to PPE training, ergonomics safety and general hand injury safety awareness.</p>	12:00	Employees working around machinery
4602 <u>Avail. in</u> DVD & VHS	<p>“Health and Safety Factors in Welding Operation”</p> <p>This program discusses the general safety and health hazard associated with welding and cutting; and examine hazards and controls specific to toxic fuel gas welding, cutting, and arc welding. The focus is on relevant standards. The hazards associated with welding and cutting arise from toxic gases and fumes, radiation, electrical circuits, and flammable and combustible materials.</p> <p>Topics included in this video are: chemical agents commonly encountered in welding, physical agents, fumes generated during welding and cutting operations, injuries to the eye, skin burn, fire hazards, explosions, oxygen cylinders, acetylene, compressed gas cylinders, valve protection caps, cylinder valves, pressure gauges, reverse flow check valve, hose connections, arc welding, dilution ventilation, electrode, connections between the cable and the holder, disconnecting when not in use, and fire extinguishers.</p>	16:00	Welders

SLIPS / TRIPS / FALLS

4200 <u>Avail. in:</u> DVD - CC & VHS	<p>“Slips, Trips and Falls: Taking the Right Steps”</p> <p>One slip and your employees will be on the slippery road to accidents. Slips, trips and falls cause injuries in the workplace and this high-impact training program advocates solid safety measures, awareness, good housekeeping and proper equipment use.</p> <p>This programs reviews:</p> <ul style="list-style-type: none"> • Prevention techniques • Wet surfaces and poor weather conditions • Stairs and ladders • Housekeeping 	19:00	General Audience
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Tape #	Title/Description	Length	Audience
4201 DVD	“Slips, Trips and Falls: Stranger Than Friction...” - DVD Slips trips and falls in the workplace are the cause of most incidents and injuries. In this story, we will follow a day in the life of Jim, an average guy who has no idea what he’s about to learn. As we follow Jim through an often humorous day, he learns the difference between slips trips and falls as well as how awareness, proper attention to surroundings and correct usage of safety tools can be the difference between a regular day and a life-altering situation. After this interesting adventure, viewers will have an understanding of the many ways they can prevent themselves and their coworkers from slips trips and falls.	20:00	General Audience
4202 DVD	“Slips and Falls” - DVD Punctuated with the just the right amount of humor and realistic accident re-enactments this video covers hazards ranging from housekeeping practices to ladder use. It delivers important procedural information in an attention keeping "attitude" framework. Appropriate for a wide variety of work settings.	12:30	General Audience
4203 New 2013 DVD	“I Can’t Get No Traction” - DVD This upbeat music video spotlights common slip, trip and fall hazards in unique and entertaining fashion. Inspired by the Rolling Stones tune, "Satisfaction," the custom lyrics to this music video provide a warning to those workers who move about the workplace in an unsafe manner. The program features a variety of realistic slip, trip and fall stunts that teach memorable lessons on distracted walking, running, poor housekeeping, improper ladder use, spills, moving equipment and wearing improper footwear.	4:00	General Audience
4204 New 2013 DVD	“Don’t Fall Down on the Job” - DVD This video presents the science behind falls and the factors that contribute to slips and falls. It covers multiple worksites with emphasis on walking, using stairs and step ladders as well reviewing specifics on scaffolds set up. It covers equipment inspection and best practices. A bonus is several suggestions to minimize injury should you fall. It is good for maintenance, janitorial people and office personnel.	18:00	General Audience; Maintenance; Janitorial
4205 New 2013 DVD	“Winter Walking” - DVD The fact that your employees walk while performing their job duties means that during snowy, icy weather, they must take the time to concentrate on each step, anticipate dangerous locations, adapt to the unusual, and use techniques for safe winter walking at all times. Winter Walking will help your employees identify potential hazards and use techniques to avoid injury when entering or exiting a vehicle and while traversing steps, sidewalks and turns. <ul style="list-style-type: none"> • How to be aware of potential hazards and danger zones • How to enter and exit a vehicle safely • How to safely navigate sidewalks, steps and turns • How to avoid serious injury if you do fall 	10:00	General Audience
4260	“How to Prevent Slips, Trips and Falls” Designed to promote awareness in preventing slips, trips, and falls. Covers potential hazards, importance of proper maintenance and cleaning procedures, and many other aspects of incident prevention. Focus is on engineering, education, and enforcement.	13:00	General Audience

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Tape #	Title/Description	Length	Audience
4261	<p>“Work Surface Safety”</p> <p>The importance of monitoring work surfaces and the basic rules for dealing with work surface hazards are addressed.</p>	10:00	General Audience
4262	<p>“Slips, Trips and Falls”</p> <p>Falls account for almost 400,000 workplace injuries each year. This video will teach your workers to be aware of potential dangers and minimize serious injury on the job.</p>	17:00	General Audience
102 <i>Avail. in: DVD & VHS</i>	<p>“Pedestrian Safety In Industry”</p> <p>Employees can easily recognize the hazards associated with material handling, welding, machine operation, electrical work and other dangerous job tasks, but they tend to overlook more common hazards. These employees all share a common job title: pedestrian. More than 25 million workers suffer some type of injury while walking at work each year. This video shows employees the precautions they must take to avoid incidents while walking.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Awareness of walking hazards • Workplace signs • Slips and falls • Walking around material handling equipment • Overhead hazards • Traveling through parking lots 	17:00	General Audience
2902 <i>DVD</i>	<p>“On Again Off Again” A Guide To Mounting & Dismounting Heavy Equipment - DVD</p> <p>This video helps to reduce or prevent fall claims by training people how to correctly mount and dismount equipment.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Walk around inspections • Reviewing the manual • Face equipment when getting on and off • 3 points of contact rule • Belt buckle rule • Keep hands free when mounting • Use designed handhold & hand rails • Never allow passenger to ride 	18:00	Heavy Equipment Operators
3402 <i>DVD</i>	<p>“Safely on Your Feet” - DVD</p> <p>Foot injuries and slips and falls are a major source of lost-time injuries. This program is concerned with keeping our feet safe - and keeping us safely on our feet.</p> <p>The video stresses the importance of matching your footwear to the potential hazards of the job. It clearly illustrates the importance of safety features such as toe protection, traction, and support. Many work environments and potential hazards are illustrated.</p>	12:00	General Audience

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Tape #	Title/Description	Length	Audience
SUPERVISORS / MANAGEMENT			
<p>4300</p> <p><u>Avail. in:</u> DVD & VHS</p>	<p>“Safety Teams”</p> <p>Commitment, leadership, goals and good communication are characteristics of a good safety team. But like any high performance team, it takes training and practice to reach their full potential.</p> <p>This program provides the training needed to produce best results. It teaches leadership and goal-setting skills needed to succeed and motivate to apply those skills.</p> <p><u>The program covers:</u></p> <ul style="list-style-type: none"> • The role of the safety team • Establishing clear objectives • Individual and team responsibilities • Communication skills • Implementation and follow-up 	11:00	Safety Committee; Supervisors; Management
<p>4301</p> <p><u>Avail. in:</u> DVD - CC 2nd lang & VHS</p>	<p>“The Pro-Active Safety Committee: A Team for Success”</p> <p>"As an employee, I feel good about my company and do a better job if they give me a fair say in my own safety...", says an employee interviewed in this program. Use this to illustrate how to make safety committees work. Get your employees involved in staying safe on the job.</p> <ul style="list-style-type: none"> • Setting up a safety committee • Organizational structure • Feedback and evaluation 	13:00	Safety Committee; Supervisors; Management
<p>4302</p> <p><u>Avail. in:</u> DVD & VHS</p>	<p>“OSHA Recordkeeping”</p> <p>Understanding how to use the 300 Log will enable you to identify workplace hazards, assist OSHA Representatives, & maintain compliance at your site. Takes a step-by-step approach, instructing your employees how to fill out all the necessary paper work, logs, and forms. Summit's OSHA Record keeping will teach you how to properly record incidents & keep you in compliance, including all up-to-date requirements.</p>	18:00	Supervisors; Safety Committee; Management
<p>4303</p> <p>DVD</p>	<p>“OSHA Recordkeeping for Managers and Supervisors” - DVD</p> <p>This video reviews the responsibilities of managers and supervisors in the recordkeeping process and provides basic information on the updated OSHA standard and associated compliance activities.</p> <p><u>Topics include:</u> the importance of OSHA recordkeeping, the three main recordkeeping forms and how to determine the types of injuries that must be recorded. How to determine work-related and new injuries and illnesses, how to fill out the new OSHA forms, employee involvement in the recordkeeping process and storage of OSHA forms are also covered in the program.</p>	20:00	Supervisors; Safety Committee; Management

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Tape #	Title/Description	Length	Audience
4304 DVD	<p>“Safety Audits” - DVD</p> <p>A single workplace accident can be devastating. Someone can be injured... or even killed. Property, equipment or materials can be damaged or destroyed. And work could come to a complete stand-still. All of these things can happen if efforts are not made to protect employees. One way to accomplish this is to conduct a safety audit. This is an examination of the work area to make sure it is as safe as possible and all potential hazards are corrected or removed.</p> <p><u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • Definition of a safety audit. • A workplace analysis. • Administrative controls. • Engineering controls. • Personal protective equipment. • The equipment maintenance program. • Emergency response procedures. • Regulatory compliance, safety and health training. • Accident investigation. • A safety self-assessment. 	20:00	Supervisors; Safety Committee; Management
4305 DVD	<p>“Developing a Positive Safety Culture” - DVD</p> <p>This video discusses the benefits of developing a positive safety culture including fewer accidents and injuries, improved morale, increased productivity, and better public relations. In addition, methods for establishing a strong culture by communicating with staff, supporting safety items in the budget, setting a good example, holding staff accountable, and implementing cost allocations systems are reviewed.</p>	20:14	Supervisors; Management
4306 DVD	<p>“Critical Incident Stress Debriefing” - DVD</p> <p>This training program stresses the importance of having a program that provides debriefings, how to make best use of these services, when to call, and generally dealing more effectively with Critical Incidents when they occur.</p> <p><u>Topics discussed in this training video include:</u> What is CISD?, lay-offs, What are some workplace incidents that would require action?, robberies, What is diffusing?, Some managers think CISD is psychological nonsense, terrorist threats, What should you do before an incident?, How soon should some form of CISD take place?</p>	13:00	Supervisors; Management
4307 New 2013 DVD	<p>“Contractor Safety” - DVD</p> <p>This video introduces contract employees working at owners facilities to be aware that they must comply with the owner’s safety rules. It discusses the use of warning signs, container labels and Right to Know. It also describes the need for and how to obtain proper work permits, such as hot work and confined space entry. It discusses working in and around facility processes and the purpose of guarding and written programs such as Lock-Out, Tag-Out. If contractors are to use electrical equipment it must be powered through a GFCI. It also discusses fork lifts, injury reporting, handling emergencies and prohibited actions.</p> <p>This video is primarily aimed at informing contractors of good safety practices, but is also useful to supervisors, contractor coordinators and municipal engineers. It reminds owners of the need to inform and guide any outside contractor working within your facilities or doing construction for you.</p>	13:00	Contractor Coordinators; Supervisor; Management

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Tape #	Title/Description	Length	Audience
4360	<p>“Remember Charlie”</p> <p>As an oil refinery employee, Charlie considered himself one of the guys, and his company and union considered him a good worker. With 15 years of experience, he knew all the safety procedures - and how to get around them. In 1980, shortcuts nearly cost him his life when a routine job turned tragic. Burned over 50% of his body, Charlie spent five years in the hospital. Charlie, a dynamic speaker who touches an audience through his autobiographical story, emphasizes taking responsibility for one's actions and one's safety.</p>	56:49	Supervisors; Management
4361	<p>“No Going Back: Changing Attitudes Toward Safety in the Workplace”</p> <p>This dramatic British-produced video program forces management and employees to take responsibility for safety. It will have a lasting impact on everyone's attitude toward workplace safety.</p> <p>Legal and moral responsibilities of management, hazards of letting enthusiasm and desire to get the job done come before safety, responsibility of all employees to get involved in safety.</p>	22:00	Supervisors; Management
4362	<p>“Supervisor Responsibility”</p> <p>Supervisors have a general understanding of their job and responsibilities, but this program is more specific, and it explains how to accept accountability for their actions. There is more than being "put in charge."</p>	19:00	Supervisors; Management
4363	<p>“Safety and the Supervisor”</p> <p>Everything supervisors wanted to know about safety and how their responsibilities include safety. Excellent program to motivate supervisors in their safety responsibilities.</p>	19:52	Supervisors; Management
4364	<p>“Safety Tips for New Safety Supervisors”</p> <p>Developed for the non-professional person assigned to coordinate a safety program. Explains fundamentals and special tips necessary to develop a safety program. Supervisors are the key to an effective safety program.</p>	12:00	Supervisors; Management
4365	<p>“Stress Management for Supervisors and Employees”</p> <p>This program is designed to explain stress on the job, how to control and manage it. Recognition of stress symptoms, how it interferes with productivity, and how it can become a serious liability if not properly managed are covered.</p>	20:00	Supervisors; Management
4366	<p>“Safety Meetings: Give'em What They Want”</p> <p>This video shows managers, supervisors and team leaders how to conduct the best safety meetings. Your organization will learn how to get the most from your safety meetings, whatever their length.</p>	16:00	Safety Committee; Supervisors; Management
4367	<p>“Discipline: The Supervisors Role”</p> <p>This video defines discipline, how to achieve it, handling counseling and documentation, as well as how to avoid disciplinary actions. Discipline is the least understood leadership skill.</p>	24:00	Supervisors; Management
161	<p>“Pro-Active Safety: The Self-Inspection”</p> <p>Teach employees how to stay safe and healthy by showing them how to keep an eye out for danger signals on the job.</p>	15:00	Supervisors; Management

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Tape #	Title/Description	Length	Audience
301 <i>New 2013 DVD</i>	<p>“ADA & Disability Law” - DVD</p> <p>This video gives you practical, step-by-step guidelines for complying with the Americans with Disabilities Act (ADA). It also helps train your managers to overcome stereotypes so they can interview and hire disabled individuals without bias or discrimination. Managers learn how to supervise disabled employees and develop reasonable accommodations that fit both the individual and the job.</p> <p><u>Key learning points include:</u></p> <ul style="list-style-type: none"> • Defining disability. • Legal obligations and procedures. • Who's covered. • Medical issues and exams. • Job descriptions and essential job functions. • Proper documentation. • Hiring and supervision. <p>Employees with disabilities generally have lower absenteeism and accident rates than other employees. They tend to be rated "good" to "excellent" in job performance. An openness to hiring such employees helps you meet legal requirements and expands your employee base to include potentially valuable individuals.</p>	36:00	Supervisors; Management
664 CC	<p>“Pro-Active Safety: The Total Quality Approach”</p> <p>The workplace is loaded with dangers, and your safety measures must cover all the bases. Strike out the dangers and slam a homerun for safety through the principles of Total Quality Safety Management.</p> <p><u>Presents these unique method of training:</u></p> <ul style="list-style-type: none"> • Examines small oversights that might exist • Teaches employees and supervisors to value safety training 	17:00	General Audience; Supervisors
665	<p>“Communications”</p> <p>Emphasis on developing effective communications between management and employees. Explains two-way communication, feedback, openness, honesty with employees, and how to gain respect of employees.</p>	21:00	General Audience; Supervisors; Management
666 (2 part series)	<p>“Compliance is Just the Beginning” (Two Part Series)</p> <p>*Program One – 3 Steps to Ethical Decisions. (24 Minutes)</p> <p>Program One will introduce you to the fundamental approach of this two part series. It will present a three-step decision-making process and offer clear guidelines for implementing each step.</p> <p>*Program Two – 8 Dramatizations (32 Minutes)</p> <p>Program Two consists of eight scenarios representing different kinds of ethical decisions and dilemmas.</p> <p>Both programs grapple with the gray areas, the really tough decisions, applying the 3 Step process to situations that participants can actively discuss.</p>	56:00	Office Personnel; Management
862 CC	<p>“Confined Space Atmospheric Testing”</p> <p>This video program not only reviews how and when to test, but also discusses what to do when air is unsafe.</p>	17:00	Utilities; Public Works; Supervisors
863 CC	<p>“Confined Space Ventilation”</p> <p>Special safety precautions required for confined space ventilation are reviewed in this important program, along with how and when to ventilate.</p>	18:00	Utilities; Public Works; Supervisors

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Tape #	Title/Description	Length	Audience
1008 New 2013 DVD	“Hang Up and Drive – The Jacy Good Story” - DVD In May 2008, Jacy Good and her parents were enjoying a great day of accomplishment - Jacy's college graduation. But that day was shattered when a young man on a cell phone caused a devastating collision that took the lives of Jacy's parents and left her in a coma. Her brain injury has left her with physical, speech, and cognitive impairment. But Jacy's story is an inspiration also. Since the collision Jacy has worked tirelessly to raise awareness about the dangers of cell phone use while driving. Fifteen people die everyday in North America because of cell phone use while driving. This is a story that can help you change the culture of cell phone use and driving at your organization. This is a story that can save lives.	20:00	General Audience
1100 New 2013 DVD	“Drug Free Workplace: Supervisor Edition” - DVD This EAP training video covers a supervisor's view and responsibility in identifying, creating and enforcing a drug free workplace program. This video has become a standard in the realm of employee assistance programs.	33:00	Supervisors; Management
1162	“Recognizing Chemical Dependency and What to Do About It” Emphasizes symptom recognition, evaluation, and how to handle employees whose work behavior is below performance standards due to substance abuse. This program is designed to interface with any company's existing policy on drug/alcohol abuse in the workplace.	21:30	General Audience; Supervisors; Management
1163	“Substance Abuse Awareness & Intervention” Helping fellow employees overcome substance abuse is the focus of this video program. It teaches how abusers endanger themselves and their co-workers, and it teaches supervisors how to help employees.	25:00	General Audience; Supervisors; Management
1164	“Drug Free Workplace: Supervisor Version” Understanding the effects of alcohol & drug abuse in the workplace. Job performance behaviors of indication of drug abuse, how to use constructive confrontation, details about drug & alcohol testing procedures, and disciplinary measures on how to handle it.	33:00	Supervisors Management
1165	“Dealing with Drug & Alcohol Abuse... for Managers & Supervisors” This video discusses the various forms of substance abuse that are typically found in the workplace, how managers and supervisors can detect substance abuse problems, and what they should... and shouldn't... do if they discover a worker with a substance abuse problem.	19:00	Supervisors; Management
1460 CC	“Facility Security: The Critical Link” Most emergency situations arise with very little warning, and we now know that a terrorist attack can strike in any form. This video highlights important points in maintaining facility security and explains that in an emergency situation, <i>human intelligence</i> is the critical link.	18:00	Safety Committee; General Audience
1461 CC	“Emergency Action Plan” This program will teach your employees the basic aspects of emergency action planning. They will learn evacuation procedures as well as the importance of simulations and the responsibilities of all personnel.	15:00	Safety Committee; General Audience

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Tape #	Title/Description	Length	Audience
1501 DVD	<p>“Conflict Resolution in the Office” - DVD</p> <p>Conflict in the workplace is inevitable. Anytime two or more people come together, they will eventually disagree about something. While some conflict can be healthy, it is often an indication that there is something wrong. Conflict is frequently a "call to action"... a problem crying out for a solution.</p> <p>The good news about conflict is that it is usually based on "caring". The more someone defends their point of view in an argument, the more they care. But if conflict is allowed to fester and grow without a resolution, it can lead to serious problems such as threats and even physical violence. The effectiveness of an entire organization can be harmed if conflict is allowed to escalate.</p>	17:00	Office Personnel; Supervisors; Management
1503 New 2013 DVD	<p>“Workplace Harassment in the Office” - DVD</p> <p>Discuss the various types of harassment that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help prevent workplace harassment.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> • The nature of workplace harassment • How to recognize various types of harassment • How to handle verbal abuse and threats • The many forms sexual harassment can take • How to recognize the many variations of "assault" • Knowing what to do, and what not to do, when confronted with a stalker • How fostering a positive workplace environment can increase productivity and safety 	17:00	General Audience; Supervisors, Management
1504 New 2013 DVD	<p>“Personal Liability in the Workplace Pranks & Harassment” - DVD</p> <p>Liability for pranks and harassment in the workplace is extremely high, with record lawsuits stemming from not only the practice of such actions, but from companies ignoring the problem and not taking action to prevent it. This training demonstrates to all employees that there could be personal liability for such action, as well as company liability. Program explains the problem and provides the steps to take to prevent such actions in the workplace. This program should be viewed by all employees, supervisors and management, to reduce individual and company liability.</p> <p>The training includes: phone calls, broadcasting derogatory jokes, calls, postings on the Internet and social media outlets.</p>	12:00	General Audience; Supervisors, Management

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Tape #	Title/Description	Length	Audience
<p>1506</p> <p><i>New 2013 DVD</i></p>	<p>“Run, Hide, Fight: Surviving An Active Shooter Event” - DVD</p> <p>It may feel like another day at the office, the authoritative voice announces in the video, but life sometimes can feel more like an action movie than reality. So begins the narration in the instructional video that just might save your life - if a crazed gunman ever opened fire at your workplace.</p> <p>After the mass shooting at a movie theater in Aurora, Colo., the city of Houston released a short video depicting a fictional shooting incident at an office building, the most likely locale for a mass shooting.</p> <p>The Mayor's Office of Public Safety and Homeland Security Department produced the video, which offers a three-step guide on confronting such an unthinkable scenario: run, hide, fight. The key to survive such a live-or-die scenario is mirrored in the video's title: run, hide and fight.</p> <p>This video was produced to educate everyone on how to best handle an Active Shooter situation in the workplace or in public. While we encourage you to watch this video and learn how best to react to such an event, we also warn you, this content, like it's subject matter, is violent in nature. We share this educational video with the goal of saving lives.</p> <p>http://www.readyhoustontx.gov/videos.html</p>	6:00	General Audience; Supervisors; Management
<p>1507</p> <p><i>New 2013 DVD</i></p> <p><i>Multiple Language</i></p>	<p>“Run, Hide, Fight: Surviving An Active Shooter Event” – Multiple Languages DVD</p> <p>It may feel like another day at the office, the authoritative voice announces in the video, but life sometimes can feel more like an action movie than reality. So begins the narration in the instructional video that just might save your life - if a crazed gunman ever opened fire at your workplace.</p> <p>After the mass shooting at a movie theater in Aurora, Colo., the city of Houston released a short video depicting a fictional shooting incident at an office building, the most likely locale for a mass shooting.</p> <p>The Mayor's Office of Public Safety and Homeland Security Department produced the video, which offers a three-step guide on confronting such an unthinkable scenario: run, hide, fight. The key to survive such a live-or-die scenario is mirrored in the video's title: run, hide and fight.</p> <p>This video was produced to educate everyone on how to best handle an Active Shooter situation in the workplace or in public. While we encourage you to watch this video and learn how best to react to such an event, we also warn you, this content, like it's subject matter, is violent in nature. We share this educational video with the goal of saving lives.</p> <p>http://www.readyhoustontx.gov/videos.html</p>	6:00	General Audience; Supervisors; Management
<p>2400</p> <p><i>Avail. in: DVD & VHS</i></p>	<p>“I Choose to Look the Other Way”</p> <p>When employees are willing to speak to co-workers about unsafe acts, injuries can be prevented. This video dramatically tells the story of an employee who failed to speak up when witnessing an unsafe act. By choosing to 'look the other way,' he allowed the needless death of a co-worker to occur.</p> <p>Based on the popular safety poem by Don Merrell, this program shows how speaking up about unsafe acts can save lives and help develop a positive safety culture. Verses from the poem are meshed with the video's action to deliver a stimulating safety message. Viewers will be motivated to speak up when they see a co-worker putting himself in an unsafe situation, even if they feel that person's response may be negative.</p>	12:00	General Audience

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Tape #	Title/Description	Length	Audience
2402 DVD	<p>“New Employee Safety & Orientation Training” - DVD</p> <p>Designed for the purpose of helping new employees to acclimate to workplace safety and OSHA guidelines, this is packed with OSHA-friendly terms and safety procedures for new employees. The presentation starts employees on the road to achieving safety in their new workplace.</p> <p>It includes: information on the use of personal protective equipment (PPE), hazard communication (Hazcom), the need and right to know of all possible hazardous substances on site (MSDS), good housekeeping, proper labeling and handling of hazardous substances in the workplace, and bloodborne pathogens exposure training.</p>	13:00	New Personnel; Supervisors; Management
2403 DVD	<p>“Safety Orientation” - DVD</p> <p>Thinking about safety should be as natural as thinking about other aspects of the job. Employees should be able to anticipate the possibility of accidents before they happen. Yet workplace accidents cause millions of people to suffer painful injuries every year, and cost business almost \$90 billion per year in medical bills, lost wages and lost production time. This video addresses two of the most prominent safety issues confronting employers today - that of developing a good "safety attitude" in their employees, as well as providing "introductory safety training.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> • Developing "safety awareness". • Basics of accident prevention. • Hazard evaluation. • Safety housekeeping. • Tool use and maintenance. • Fire prevention and safety. • Use of personal protective equipment. 	15:00	New Personnel; Supervisors; Management
3104 VHS Only	<p>“Swimming Pool Operations: A Framework For Action”</p> <p>Addresses key chemical, physical and biological issues of the pool environment, including many day-to-day problems encountered by pool professionals. Illustrates specific examples that are difficult to explain verbally or in print.</p> <p>Topics included in this safety video are:</p> <ul style="list-style-type: none"> • Introduction - Begins with water appreciation, introduces the concept of a pool environment, and finishes with a discussion on water contaminates. • Physical Treatment: Circulation – Analyzing the circulation system and how to optimize it. • Physical Treatment: Filtration – Understanding filtration systems with details on sand, diatomaceous earth and cartridge filters. • Chemical Treatment – Balancing pool water through control of pH, alkalinity, hardness and total dissolved solids. • Biological Treatment – The origin of biological contaminants. How to disinfect pool water using chlorine and other oxidizing agents. • Water Testing – Guidelines for sampling and testing. 	54:00	Lifeguards; Parks & Rec.; Supervisors

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Tape #	Title/Description	Length	Audience
3105 New 2013 DVD	<p>“The Supervision Myth” - DVD</p> <p>After preaching "constant, vigilant supervision" as the number one drowning prevention strategy, the available evidence on the subject suggests that such an objective is nearly impossible to achieve. <i>The Supervision Myth</i> examines the false premise that underlies such a strategy. Although supervision is needed, the DVD details practical and affordable ways to prevent drowning, including supplementing supervision with technology, developing a better design, and ensuring better engineering of aquatic facilities.</p> <p><u>Among the topics covered:</u></p> <ul style="list-style-type: none"> • Constant, vigilant supervision • Changing the culture to supplement supervision • Body blindness • The instinctive drowning response • Root cause analysis • Effective safety signage • Drowning detection/prevention technologies 	88:00	Lifeguards; Parks & Rec.; Supervisor, Management
3269 CC	<p>“Office Ergonomic Task Analysis”</p> <p>This program guides your office/ergonomic team step-by-step through identifying and analyzing the stress-causing conditions and bad habits that lead to discomfort and injuries.</p>	15:50	General Audience; Supervisors; Management
3501 DVD	<p>“Inspecting Playgrounds for Hazards - 2nd Addition” - DVD</p> <p>Reducing liability on playgrounds is one of the leading challenges facing public agencies today. This video training program gives an in-depth look at how to set up a complete playground safety and maintenance program and illustrates how to make a safety evaluation based on the CPSC guidelines – 2011 addition.</p> <p><u>This video covers:</u></p> <ul style="list-style-type: none"> • Intro/overview of the playground safety issues • Developing checklists • Determining frequency of inspections • Playground surfacing overview • Maintenance inspections and checkpoints • Design related inspections • Conducting a CPSC safety evaluation • And much more 	35:00	Parks & Rec.; Inspectors of Playgrounds; Schools
3502 DVD	<p>“Safe Surfaces” - DVD</p> <p>How do you select the proper safety surfacing for your playground? This informative video outlines criteria to ensure that surfaces under and around equipment are appropriate. Learn the Consumer Product Safety Commission guidelines and American Society for Testing and Materials standards in clear and understandable terms.</p> <p>This video provides guidance for any group considering the acquisition or replacement of safe surfacing around playground equipment.</p>	10:00	Parks & Rec.; Inspectors of Playgrounds; Schools
3503 DVD	<p>“Planning SAFE Playgrounds” - DVD</p> <p>The development of an appropriate play area takes careful planning. This video helps you evaluate the site of the playground, consider professional expertise, observe the needs of the children and work with equipment manufacturers and designers.</p>	15:00	Parks & Rec.; Schools; Management

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Tape #	Title/Description	Length	Audience
3504 CD-ROM	<p>“Planning Accessible SAFE Playgrounds Using the Americans With Disabilities Act” - CD-ROM</p> <p><i>This program is not a video and has no sound track. It is in the format of a Power Point Presentation. It contains important information for playground administrators, planners or those responsible for preparing specifications for future playgrounds. It can be used in conjunction with the listed reference materials to inform meeting participants of crucial information. Some of the information is very detailed and may require presentation by a knowledgeable person, such as a CPSI to be most beneficial.</i></p> <p>This CD-ROM is a self-paced pictorial guide covering all the elements of the Americans with Disabilities Act (ADA) requirements. It is useful for designers, planners, installers, and anyone interested in planning a safe, accessible playground. It offers a clear explanation of the ADA standards for playgrounds.</p> <p><u>The following parts have been outlined in this CD-ROM:</u></p> <p>Part 1: Understanding the Americans with Disabilities Act Part 2: Common Definitions that are Used in the Guidelines Part 3: Designing Inclusive Play Areas for all Children Part 4: Additional Technical Requirements for Play Areas Part 5: Future Directions and Reference List</p>	Instructor Lead	Parks & Rec.; Schools; Management
3505 CD-ROM	<p>“Applying CPSC Guidelines for the Development of SAFE Playgrounds” - CD-ROM</p> <p><i>This program is not a video and has no sound track. It is in the format of a Power Point Presentation. It contains important information for playground administrators, planners or those responsible for preparing specifications for future playgrounds. It can be used in conjunction with the listed reference materials to inform meeting participants of crucial information. Some of the information is very detailed and may require presentation by a knowledgeable person, such as a CPSI to be most beneficial.</i></p> <p>The CD-ROM will help those understand how both the CPSC and NPPS are promoting the design of S.A.F.E. Playgrounds. Because of all the pictures and graphics on the CD-ROM, the guidelines are easy to comprehend. This would be a great tool for child care centers, park departments, schools, PTA groups, installers, and anyone else interested in developing a S.A.F.E. playground.</p> <p><u>The following parts have been outlined in this CD-ROM:</u></p> <p>Part 1: CPSC guidelines as applied to the NPPS model Part 2: General CPSC guidelines Part 3: General hazards and major equipment Part 4: Supporting documentation and references</p>	Instructor Lead	Parks & Rec.; Schools; Management

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Tape #	Title/Description	Length	Audience
3964	<p>“Be Safe, Be Proud; Safety Awareness for Supervisors & Route Managers”</p> <p>This video, developed by the National Solid Waters Management Association (NSWMA), will help supervisors, route managers, driving trainers, and others observe drivers, helpers and shop employees and coach them on how to teach workers to avoid fatalities, injuries and accidents.</p> <p><u>Focused on collection and maintenance, the video covers:</u></p> <ul style="list-style-type: none"> • Route observations • How to communicate with employees about safety issues • And the importance of following applicable safety rules 	20:00	Supervisors, Route Managers
4000 New 2013 DVD	<p>“Preventing Sexual Harassment...For Employees” - DVD</p> <p>Discuss various forms of sexual harassment, explain how to avoid inadvertently sexually harassing someone and review the procedures employees should follow if they feel that they or a coworker are being sexually harassed.</p> <p><u>Topics covered include:</u></p> <ul style="list-style-type: none"> • What constitutes sexual harassment • Behaviors to avoid • Recognizing victims and harassers • Avoiding "accidental" harassment • How to handle a sexual harassment incident • Reporting sexual harassment to management 	16:00	General Audience; Supervisors, Management
4064	<p>“Sexual Harassment: What Managers Need to Know”</p> <p>This program explains how managers should handle and respond to complaints and how to recognize potential sexual harassment in the workplace.</p>	9:50	Supervisor; Management
4110 New 2013 DVD	<p>“Ergonomics: Prevention of CTD’s” - DVD</p> <p>This video discusses injuries due to repetitive motion and poor body positioning. (CTD – Cumulative Trauma Disorder) It is set in a manufacturing environment but the principles presented are applicable to many activities done by shop and maintenance personnel. It disuses how to recognize poor movements and demonstrates improved postures and movements. It also stresses pacing the task and the extra hazards of working in cold environments. It has several office related tasks. It reviews other causes such as prolonged standing, applying static forces and the need to use proper tools.</p> <p>This program should be used along with supervisory discussion of job tasks and alternative body positions. It may be beneficial to stop the program and discuss the applicability of the items presented before moving on to other topics. Supervisors should preview before presenting to anticipate questions and skip sections that are not applicable to your operations.</p>	20:00	Shop & Maintenance Personnel; Supervisors
4708 DVD CC	<p>“Recognizing Depression” - DVD</p> <p>Through the invaluable experiences of other people with depression, this video helps viewers understand what depression is and how it may be affecting their lives. They learn that having depression isn’t something they can control, but it is treatable. The video covers the signs and symptoms of depression as well as the possible risks for developing depression. It encourages people to seek appropriate treatment and avoid negative coping behaviors, like alcohol abuse.</p>	15:12	General Audience; Supervisors; Management

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Tape #	Title/Description	Length	Audience
4714 DVD CC	<p>“Signs & Symptoms of a Heart Attack” - DVD</p> <p>This video program will teach you to recognize the signs and symptoms of a heart attack so you can seek help quickly and prevent further damage to your heart. It reviews the signs of a heart attack, what happens in the body during a heart attack, and possible treatments at the hospital. Angioplasty and bypass surgery are mentioned. The emphasis of this program is on acting quickly and appropriately. Real patients share what it felt like to them when they had a heart attack.</p>	14:42	General Audience; Supervisors; Management

TASK SPECIFIC TRAINING

4400 DVD	<p>“Tips from the Pros: Rigging and Lifting” – DVD</p> <p>For those who already understand the basics, rigging & lifting techniques used by the PRO’s have been captured from hours of interviews and discussions.</p> <ul style="list-style-type: none"> • TIPS on rigging attachments • TIPS on estimating weights • TIPS on locating balance points • TIPS on selecting pick points 	28:00	Crane Operators; Ground Crew
4401 DVD	<p>“Safe Rigging” – DVD</p> <p>How a load is attached can make the difference between a successful lift & a deadly accident.</p> <p>Areas covered:</p> <ul style="list-style-type: none"> • Physical & mental preparation; PPE, hand signals • Equipment & hazard inspection • Slings, hitches, load angles 	19:00	Crane Operators; Ground Crew
4460	<p>“Recommended Practices for High Pressure Waterjetting Equipment”</p> <p>This video is a visual depiction of many of the major topics in the Waterjet Technology Association’s (WJTA’s) <i>Recommended Practices for the Use of Manually Operated High Pressure Waterjetting equipment, Third Edition</i>. Includes suggestions for the operation of all types of manually operated high pressure waterjet equipment used by the construction, maintenance, repair, cleaning and demolition Industries. This video is an excellent training tool and supplement to operator training programs for business using high pressure waterjet technology.</p>	35:00	Employees using Waterjet Equipment
4461	<p>“Safe Practices for Custodial Workers”</p> <p>Reviews the precautions that should be taken by custodial staff to reduce exposure to Bloodborne Pathogens and other communicable diseases, labeling, inventory, mixing and handling of chemicals, including a brief discussion on the Right to Know file and Material Safety Data Sheets (MSDS).</p> <p>This video also discusses general housekeeping principals, safe lifting and material handling techniques, identifying slip, trip and fall hazards, working with powered equipment, playground maintenance and safety.</p>	25:00	Custodial Workers
4462 CC	<p>“Warehouse Safety”</p> <p>Designed to give the employee knowledge of standard operating procedures when using industrial trucks. Also addresses the basic storage procedures that should be followed in a warehouse.</p>	10:00	Forklift Operators

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Tape #	Title/Description	Length	Audience
4463	<p>“Cranes, Chains, Slings and Hoist Safety” Excellent program for anyone using overhead cranes/jib hoists. Discusses slings, lifting, angles, safety procedures, inspection procedures & more.</p>	12:00	Crane Operators
401 DVD	<p>“Cutting/Milling Asbestos Cement Pipe” - DVD Asbestos containing materials hidden within existing products have been in use for thousands of years. Asbestos has been used for many products such as fire proofing, pipe insulation, theatre curtains, siding, roofing, gaskets and packing, water and sewer pipe, and more. In water and waste water applications, asbestos cement pipe may contain as much as 20% asbestos or more which is used as re-enforcement for the pipe, much in the same way steel is used to re-enforce concrete in bridges and buildings. However, we must understand that the cement used in the pipe can degrade over time therefore increasing the risk of fiber release. The types of asbestos used are both the serpentine (Chrysotile) and amphibole (Amosite and Crocidolite). Topics included in this safety video are: employer responsibilities, physical characteristics, health effects, important regulations, personal protective equipment (PPE), planning, pipe removal, pipe cutting, field lathes, wet tapping, dry tapping, abrasive disk tools and saws, housekeeping and waste disposal, and unacceptable work practices for asbestos cement pipe.</p>	19:00	Utilities; Public Works; Supervisors
2160 VHS Only	<p>“Avoid Hot Mix Hazards: Working Safely With Hot Mix” Construction workers can review some of the most common hazards they will face when working with hot mix. Learn to protect yourself!</p> <ul style="list-style-type: none"> • Proper lane closure & marking • Proper use of flaggers & other warning devices • Use trained signal person • Staying clear of the hot mix during loading/unloading • Protecting your skin • Staying highly visible to & aware of all traffic 	13:00	Work Zone Personnel; Paving Operators
4104 DVD CC	<p>“Powder Actuated Tools” - DVD In the construction industry, there are a variety of requirements where fasteners are used on semi-hard or rigid surfaces. One of the most effective methods of securing fasteners to these materials is through the use of a powder actuated tool. Only those powder actuated tools that meet the design requirements of ANSI A10.3-1977 may be used. The qualifications for becoming an operator depend upon safety standards and each individual employer. Topics included in this safety video are: training required to be a qualified instructor, equipment safeguards and restrictions, pole tool assemblies, limitations, additional requirements for the use of the equipment, and safety.</p>	10:00	Powder Actuated Tool Operator

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Tape #	Title/Description	Length	Audience
4109 New 2013 DVD	<p>“Portable Grinders and Abrasive Wheels” – DVD</p> <p>Portable Grinders and Abrasive Wheels program provides the viewer with information on the proper use and operation of grinders in a safe manner. If you ignore safety or ignore proper grinding procedures, it can be an extremely hazardous job. You're the only person who can make it a safe job. Always follow your company's operating instructions and of course, the manufacturer's recommendations for safely operating the equipment, abrasive wheels, and disks. There are portable, fixed and bench grinders which come in contact with rotating abrasive wheel or disk. Rules, procedures and protective equipment are essential in making your job safe. If you follow the rules, this equipment can be safe.</p>	11:00	Public Works; Utilities; Mechanics; Recreation;
4307 New 2013 DVD	<p>“Contractor Safety” - DVD</p> <p>This video introduces contract employees working at owners facilities to be aware that they must comply with the owner’s safety rules. It discusses the use of warning signs, container labels and Right to Know. It also describes the need for and how to obtain proper work permits, such as hot work and confined space entry. It discusses working in and around facility processes and the purpose of guarding and written programs such as Lock-Out, Tag-Out. If contractors are to use electrical equipment it must be powered through a GFCI. It also discusses fork lifts, injury reporting, handling emergencies and prohibited actions.</p> <p>This video is primarily aimed at informing contractors of good safety practices, but is also useful to supervisors, contractor coordinators and municipal engineers. It reminds owners of the need to inform and guide any outside contractor working within your facilities or doing construction for you.</p>	13:00	Contractor Coordinators; Supervisor; Management
4503 DVD	<p>“Laboratory Hoods” - DVD</p> <p>This program discusses when and why hoods are used, as well as how to operate and maintain them.</p>	13:00	QC Personnel; Chemistry Teachers

WATER / WASTE WATER

4500 DVD	<p>“Chlorine Safety for Water & Wastewater Operators” - DVD</p> <p>Although produced with water and wastewater operations in mind, this DVD provides information about chlorine useful to everyone handling the chemical and especially to end users of cylinders and ton containers. It also has some information relevant to larger container users.</p>	30:00	Utilities
4501 DVD	<p>“Sodium and Calcium Hypochlorite” - DVD</p> <p>Sodium and Calcium Hypochlorite are products widely used throughout industry as well as in water and waste water agencies. You may also see these products used most commonly as pool and spa disinfection products. In our industry, Sodium and Calcium Hypochlorite is heavily relied on as a disinfectant in water and wastewater treatment. These are powerful agents, which are used to disinfect water due to their ability to kill bacteria and other pathogens such as viruses, parasites, and fungus that may lurk in the water supply.</p> <p>Topics included in this safety video are: storage, using sodium hypochlorite, safety, health effects, first aid, personal protective equipment (PPE), disposal, and emergency response.</p>	19:00	Utilities

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Tape #	Title/Description	Length	Audience
4502 DVD	<p>“Water System Operator Safety” - DVD</p> <p>The specific duties of an operator depend on the type and size of the facility and/or system you are working in. In smaller systems one operator may control all of the machinery, perform tests, keep records, handle complaints and perform maintenance and repairs, and more. In larger systems, operators may be more specialized and monitor only a few processes. Some of the tasks that you may handle include, but are not limited to sample collection, adjusting disinfection dosages, read, interpret, and adjust meters, chemical feed systems, moving water from various systems, ensuring reservoir levels, and monitoring valves and gauges to make sure that equipment and processes are working properly. Topics included in this safety video are: working environment, general safety, electrical safety, driving, confined spaces chemicals, fire, security, hand tools, valve safety, working at heights, field work, back care, and emergencies.</p>	20:00	Utilities
4503 DVD	<p>“Laboratory Hoods” - DVD</p> <p>This program discusses when and why hoods are used, as well as how to operate and maintain them.</p>	13:00	QC Personnel; Chemistry Teachers
4560	<p>“Water and Sewer Treatment Plant Safety”</p> <p>Treatment plants can be hazardous even though they are usually nice, clean places to work. Working with and around pumps, electricity, laboratories, and chemicals require special training. This video explains the special safety concerns of operators, technicians, and maintenance personnel.</p>	17:50	Utilities
4561	<p>“A Matter of Minutes: Hydrogen Sulfide”</p> <p>Designed to alert employees to the potential hazards of H₂S in the wastewater treatment industry.</p>	21:00	Utilities
4562	<p>“Chlorine Emergency Kit A”</p> <p>This video is designed for both 100 & 150 pound cylinders. It discusses the required PPE & respiratory protection. This kit is for leaks around the top or in the body of the cylinder and describes how to repair each part and what to use from the kit. It gives a detailed step by step list of how to stop each type of leak from whatever the source.</p>	11:00	Utilities; Fire Department
4563	<p>“Dog Bite Safety: Utility Version”</p> <p>Although obviously ferocious, Pit Bulls, Dobermans and German Shepherds don't present the only dog bite hazard. In fact, most dog bites are from smaller dogs defending their own back yards, and represent a leading cause of injuries for workers who must access private yards to perform their jobs. The best protection against dog bites is learning more about dog behavior and what emergency action to take if attacked.</p>	10:00	Utilities
763	<p>“Bloodborne Pathogens in the Workplace”</p> <p>Designed as an information/training video for employees who normally are not exposed to blood or body fluids, but provides precautionary information to employees.</p>	9:00	General Audience; Sanitation; Utilities

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Tape #	Title/Description	Length	Audience
1273	<p>“The Mark Standifer Story: Lessons Learned from Arc Flash Tragedy”</p> <p>Mark Standifer received 2nd and 3rd degree burns over 40 percent of his body and was nearly killed when he was engulfed in an arc blast while performing an electrical task at a wastewater treatment plant. In this program, viewers will see the mistakes Mark made and learn the lifesaving lessons from the incident. The importance of understanding all hazards of a job task and taking the necessary precautions to protect yourself from them is stressed throughout the video.</p> <p>Topics include: always following safe electrical work practices, the dangers of complacency when performing electrical work, hazards of jewelry and flammable clothing and the purpose of an arc hazard analysis. The video also explains the reasons for arc flash regulations and the various clothing and personal protection required for hazard risk categories zero through four.</p>	19:00	Personnel working around Electrical Hazards
2303 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	<p>“Indoor Cranes: Safety Lifting Operations”</p> <p>This program is specifically designed for non-licensed operators to give them the knowledge they need to safely operate several types of cranes.</p> <p>It covers:</p> <ul style="list-style-type: none"> • Pre-operation safety inspection • Rigging techniques • Lifting and moving 	16:00	Non-Licensed Crane Operators; Utilities
2701 <i>Avail. in: DVD - CC 2nd lang. & VHS</i>	<p>“Chemical Handling Safety – Corrosives”</p> <p>This program teaches how to recognize, use, and handle corrosive materials safely.</p> <ul style="list-style-type: none"> • Identification and classification • Solids, liquids and gases • Emergency procedures • Storage and handling 	16:00	Employees who handle corrosives
2703 <i>Avail. in DVD & VHS</i>	<p>“Chlorine Safety”</p> <p>Chlorine is the major chemical used for the sanitation of water, swimming pool disinfection, or in the treatment process of sewage. In the manufacturing world, it's used to treat industrial water and can be found in plastic pipe and hundreds of other uses. It's one of nature's chemicals. It is also one of the most hazardous materials known to man. Chlorine comes in the gaseous form, but when cooled and compressed, the gas becomes liquid. Chlorine is generally shipped to the user in tank cars, in 1-ton cylinders or 150 pound cylinders. Handling, storing, and using chlorine in these cylinders becomes very important to those persons working with the chemical.</p> <p>Topics included in this safety video are: Material Safety Data Sheets (MSDS), make sure that piping is dry before admitting chlorine, never put a leaking container into water only dry, oil free air or nitrogen, and never use water to detect or absorb leaking gas.</p>	19:00	Utilities

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Tape #	Title/Description	Length	Audience
2905 DVD	<p>“Hydro-Vacuum Truck Safety” - DVD</p> <p>The vacuum or hydro-vacuum truck - no other modern piece of equipment has developed. In addition, there are a number of other ways to be injured while working around this equipment.</p> <p>Topics included in this safety video are: potential hazards, history, awareness and training, your responsibility, utility excavation, personal protective equipment (PPE), and pressure relief safety valves and safety switches.</p>	13:00	Utilities

WELDING SAFETY

4600 <i>Avail. in:</i> DVD & VHS	<p>“Oxyfuel Gas Cutting: The Sure Cut”</p> <p>Preventing spark and spatter when performing oxyfuel gas cutting is essential for the welder's safety. This video details proper safety procedures for oxyfuel gas cutting.</p> <p>It covers:</p> <ul style="list-style-type: none"> • Proper safety equipment • Hook-up procedures • Ventilation 	13:00	Public Works, Utilities
4601 <i>Avail. in:</i> DVD - CC 2 nd lang. & VHS	<p>“Hexavalent Chromium Awareness”</p> <p>If your workers are exposed to Hexavalent Chromium, they risk getting lung cancer, permanent eye damage and skin ulcerations. To keep them safe, teach them about this dangerous chemical and comply with the OSHA standards -- 1910.1026 for general industry, 1915.1026 for shipyards and marine terminals, and 1926.1126 for construction.</p> <p>This cutting-edge training program discusses:</p> <ul style="list-style-type: none"> • New regulations • Exposure monitoring • PPE and respirator use • Proper recordkeeping 	17:00	Welders
4602 <i>Avail. in:</i> DVD & VHS	<p>“Health and Safety Factors in Welding Operation”</p> <p>This program discusses the general safety and health hazard associated with welding and cutting; and examine hazards and controls specific to toxic fuel gas welding, cutting, and arc welding. The focus is on relevant standards. The hazards associated with welding and cutting arise from toxic gases and fumes, radiation, electrical circuits, and flammable and combustible materials.</p> <p>Topics included in this safety video are: chemical agents commonly encountered in welding, physical agents, fumes generated during welding and cutting operations, injuries to the eye, skin burn, fire hazards, explosions, oxygen cylinders, acetylene, compressed gas cylinders, valve protection caps, cylinder valves, pressure gauges, reverse flow check valve, hose connections, arc welding, dilution ventilation, electrode, connections between the cable and the holder, disconnecting when not in use, and fire extinguishers.</p>	16:00	Welders
4660	<p>“Welding: Physical Hazards”</p> <p>Describes the various types of physical hazards associated with welding, including noise, fire and burns, electrical and UV radiation. Also reviews protective measures and emergency first aid procedures.</p>	10:35	Welders

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Tape #	Title/Description	Length	Audience
4661	<p>“Welding and Cutting Safety” Discusses common physical hazards one may encounter in a welding/cutting operation. Highlights on safety measures and personal protective equipment.</p>	10:00	Welders
800 <i>Avail. in: DVD & VHS</i>	<p>“Confined Space Hotwork: Checklist to Safety” The safety procedures for confined space hotwork, including entry permits and hotwork permits, are covered in this program.</p> <ul style="list-style-type: none"> • The hotwork permit • Fire watch • Emergency rescue 	20:00	Utilities; Public Works; Welders
2706 <i>DVD</i>	<p>“Handling Compressed Gas Cylinders” - DVD "Compressed Gas Cylinders" provides the information employees need to work safely when handling and using these materials. <u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • Hazards associated with compressed gases. • Moving and transporting cylinders safely. • Positioning cylinders properly. • Proper "hook-up" procedures. • Safe storage practices. • Storage "incompatibilities" 	11:00	Utilities; Welders
2767	<p>“Safe use of Compressed Gas Cylinders” Explains how to handle cylinders, proper storage, and general safe handling procedures.</p>	10:00	Utilities; Welders
4160	<p>“Cutting Torch Safety” Excellent program to increase safety awareness for anyone using or handling acetylene torches, specifically in cutting operations. Emphasizes valves, pressure gauges, hoses, cylinders, and cutting operation safety.</p>	10:00	Oxy Fuel Torch Operators

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Tape #	Title/Description	Length	Audience
WELLNESS			
4700 <i>Avail. in:</i> DVD & VHS	“Stretching Out at Work” A cost-effective and motivational video for reducing workplace injuries. This video describes and demonstrates stretching and warm-up exercises in an electric utility environment. This video can be customized to any work environment.	12:00	General Audience
4701 <i>Avail. in:</i> DVD - CC 2 nd lang. & VHS	“Muscle Strains & Sprains” Strains and sprains are the most common cause of lost work time and high workers' compensation claims. The impact can be felt for years. Your employees learn the importance of hazard recognition, body mechanics, and properly preparing the body for performing manual tasks. Best practices and proper warm-up and cool-down techniques will lead to a reduction of strains and sprains at your site. <u>Demonstrations in real-work situations teach:</u> <ul style="list-style-type: none"> • How muscles, bones, tendons, and ligaments work together • The importance of stretching and fitness to avoid strains and sprains • Correct stretching techniques • The importance of health and nutrition • Best safety practices to prevent injuries 	20:00	General Audience
4702 <i>Avail. in:</i> DVD & VHS	“Working with Stress” The nature of work is changing rapidly. Now more than ever, job stress poses a threat to the well-being of workers and organizations. Through its research and educational materials such as this program, NIOSH is committed to providing the public with the knowledge to overcome this threat.	17:00	General Audience
4703 <i>Avail. in:</i> DVD & VHS CC	“Smoking: Getting Ready to Quit” In this video, smokers learn how to create their personal plan for quitting. The program examines why people smoke, why they may want to quit, how they can identify their personal triggers to smoke, and introduces nicotine replacement, as well as non-nicotine replacement therapies, to aid in quitting. It encourages people to make a diary of their smoking behavior and to set a quit date. Potential relapse situations are also covered.	15:55	General Audience
4704 <i>Avail. in:</i> DVD & VHS CC	“Diet, Nutrition, and Cancer Prevention” This program is about how you can take steps to help protect yourself and your family from various types from cancer. About one third of all cancer deaths may be related to what we eat. Making positive choices in your diet everyday promotes good nutrition and good health and may reduce your risk of some types of cancer. This program is designed for healthy people and its recommendations are consistent with seven simple guidelines developed to help people eat and maintain a healthy diet.	11:00	General Audience

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Tape #	Title/Description	Length	Audience
4705 DVD	<p>“MRSA... The Ticking Time Bomb” - DVD <i>Practical Ideas For Preventing Staph</i> 70 million student athletes and others are at risk. Schools have been shut down because of it. Cases have skyrocketed. The MRSA staph infection epidemic has arrived. Now, help is here. This information packed DVD is part of a staph prevention program that you can start at your school, sports program, work facility, health classes or at home, right now.</p> <ul style="list-style-type: none"> • Learn what MRSA & community acquired staph infections are • Find out how the MRSA epidemic started • Understand why MRSA spreads so quickly • Discover why students and athletes are at the biggest risk • Hear from coaches, athletic trainers & administrators that have battled MRSA and won. 	11:00	Schools; Facilities; General Audience
4706 DVD - CC 2 nd lang.	<p>“Why Don’t We Do It In Our Sleeves? - DVD This short video was designed to encourage people to cough and sneeze according to the infection control guidelines put forth by the Centers for Disease Control and Prevention. It is aimed at the common citizen. Its message is serious, but it is presented with humor in such a way that it engages the viewer's attention while the message is repeated in interesting new ways. It can be enjoyed by individuals, but it is even more fun to watch in groups, resulting in community reinforcement. It has been used in hospitals and schools with great success. It actually makes people change the way they cough and sneeze.</p>	5:00	General Audience
4707 (2 disks) DVD - Multiple Languages	<p>“Duet for Clean Hands” - DVD <i>(Two disk set)</i> Ask most public health practitioners which simple behaviors could do the most to limit the spread of disease, and they would answer: wash your hands and cover your cough with your clothes, not your hands. This 2 DVD set gives you the tools you need to teach those lessons, and have fun while teaching.</p> <p><u>Disc 1: Why Don’t We Do It in Our Sleeves?</u> This is the hilarious hit video on coughing and sneezing hygienically, featuring the Olympics of Sneezing. NEW Features on Disc 1 of Duet: Spanish version dubbed by professional actors Japanese version filmed partly in Tokyo</p> <p><u>Disc 2: Soap in the City</u> These four short features demonstrate the why’s and the how-to’s of hand washing. *Soap in the City: a comedic riff on the story of Typhoid Mary *Last Clean Chance: a science fiction clip on the technique of hand washing with soap and water *Clay and Rebecca: a demonstration of hand sanitizing techniques with foam and gel *We’re Dirty: a children’s hand washing song with singing hands</p>	12:00	General Audience

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4708 DVD CC	“Recognizing Depression” - DVD Through the invaluable experiences of other people with depression, this video helps viewers understand what depression is and how it may be affecting their lives. They learn that having depression isn’t something they can control, but it is treatable. The video covers the signs and symptoms of depression as well as the possible risks for developing depression. It encourages people to seek appropriate treatment and avoid negative coping behaviors, like alcohol abuse.	15:12	General Audience; Supervisors; Management
4709 DVD	“AIDS-What Everyone Needs to Know” - DVD Information, interviews, animation and live-action illustrate facts and misconceptions about HIV and AIDS, the progression from HIV to AIDS, the important role of supportive family and friends, a focus on women and HIV, correct condom use for safer sex, and changing perceptions of HIV positive people and their quality of life.	22:00	General Audience
4710 DVD CC	“Exercise: Getting Active, Staying Active” - DVD Stressing that the key to developing a safe and active lifestyle is to take small steps, this video helps discover how to fit activity into schedules. It explains that there are three types of exercise (aerobic, strength training, and flexibility conditioning), but also tells viewers that increasing activity level in everyday chores can benefit them as well. It discusses barriers to exercising and exercise tips about clothing, hydration, and pacing. The theme of this video is that small steps can make a difference in health.	12:54	General Audience
4711 DVD	“How to Make Healthy Lifestyle Changes” - DVD An overview to making healthy lifestyle changes, this program gets viewers to think about their reasons for changing. It helps them determine their own long-term goals and use short-term goals to achieve them. It also helps identify barriers to change and anticipate obstacles along the way. It suggests to keep written records, rewards (but not with food and drink), and not be discouraged by setbacks.	13:31	General Audience; Safety Committee
4712 DVD CC	“Nutrition: Shop Healthy, Cook Healthy” - DVD Make healthier food choices when shopping, cooking and eating is the theme of this program. It shows how to make small changes in what foods to buy, how to prepare meals and how much food to eat. It discusses food nutrition labels, portion control, better eating habits, and lower-fat food options. The program gives tips on ways to take one step at a time towards healthier eating.	15:51	General Audience; Safety Committee
4713 DVD	“Eating for Energy” - DVD Eating right can often be a challenge, but it doesn’t have to be difficult. We need to know what foods are good for us and what amounts of them we should consume. The American Heart Association recommends the amount of daily calories required by gender, age, and activity level. Topics included in the safety video are: sedentary, moderately active, active, complex carbohydrates, portion, spices, keeping items fresh, maintain a healthy weight, balance calorie intake with physical activity, adopt a physically active lifestyle, eat a variety of healthy foods, whole grains over processed, limit consumption of processed and red meats, limit consumption of alcohol and stop smoking, your sodium consumption, beverages and foods with added sugars, fried foods, smoked foods, organic foods, mega, fiber, eat several smaller meals, pick foods with bright colors, strawberries, milk, and the eight foods you should eat every day (black beans, blueberries, carrots, oats, spinach, tomatoes, walnuts, and yogurt).	19:00	General Audience

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Tape #	Title/Description	Length	Audience
4714 DVD CC	“Signs and Symptoms of a Heart Attack” - DVD This video program will teach you to recognize the signs and symptoms of a heart attack so you can seek help quickly and prevent further damage to your heart. It reviews the signs of a heart attack, what happens in the body during a heart attack, and possible treatments at the hospital. Angioplasty and bypass surgery are mentioned. The emphasis of this program is on acting quickly and appropriately. Real patients share what it felt like to them when they had a heart attack.	14:42	General Audience; Supervisors; Management
4715 DVD	“Introduction to Heart Disease Risk Factors” - DVD Updated to follow the new National Cholesterol Education Program guidelines, this video helps patients see the importance of knowing their individual risk factors. It explains that the more risks they have the greater their chances of heart attack or stroke. It helps motivate patients to make minimizing risks a goal. The video then details what they can do to reduce each risk and shows that by controlling certain risk factors they can reduce their risk of others. A variety of people with heart disease share their own experiences throughout the video.	14:43	General Audience; Safety Committee
4716 DVD CC	“High Blood Pressure: An Introduction to Treatment” - DVD This newly revised video features the most recent blood pressure categories outlined by the National Heart, Lung, and Blood Institute, including the “prehypertension” level. It helps patients make a lifelong commitment to controlling their blood pressure through changing their lifestyle. The video gives patients the information they need to help them quit smoking, lose weight, reduce sodium, reduce alcohol consumption, and get more physically active. The video explains that in some cases patients may need to take medication. Possible side effects and tips for incorporating medication into a daily schedule are covered.	15:44	General Audience
4717 DVD CC	“High Cholesterol: An Introduction to Treatment” - DVD After explaining what cholesterol levels mean, this program gives patients the basics of the treatment plan for high cholesterol. It covers both lifestyle changes and medications. The second edition includes the new food guide pyramid, fats, triglycerides, trans fats, low fat substitutes, fiber, how to make healthier food choices and how to prepare foods. It also discusses quitting smoking, losing weight and increasing physical activity.	13:08	General Audience
4718 DVD CC	“Overweight: Who’s in Control?” - DVD This edition includes the 2005 Dietary Guidelines, the Food Guide Pyramid, and how to read food labels. It will encourage people who have struggled to lose weight but have been unable to keep it off. The video stresses lifestyle change and helps viewers increase their awareness of behavior patterns, emotional aspects of eating and pitfalls. It explains that exercise is a key part of both weight loss and weight maintenance.	15:14	General Audience; Safety Committee
4719 DVD CC	“Weight Control: Losing Weight and Keeping It Off” - DVD This program explains why quick fix diets don't work, and shows the basics for gradual weight loss. It emphasizes that weight control is a lifestyle change, it is not dieting. This presents the foundations of weight loss to be what we eat, how much we eat, and how much we move. It will help viewers see that even small weight losses will benefit their health.	10:22	General Audience

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Tape #	Title/Description	Length	Audience
4720 DVD	<p>“Wellness and Fitness” - DVD</p> <p>A good wellness and fitness program can significantly improve employees' safety records. Studies have found that accidents and injuries occur less frequently with employees who are healthier and in better shape.</p> <p>This training program shows employees how small changes in lifestyles can produce big benefits. While wellness is a gradual process, eliminating negative lifestyle factors can help keep employees healthy.</p> <p><u>Areas covered in the program include:</u></p> <ul style="list-style-type: none"> • The importance of "attitude." • Blood pressure and other stress related conditions. • Smoking. • Nutrition and weight control. • Drug and alcohol use. • Exercise. 	13:00	General Audience; Safety Committee
4760 555	<p>“Stress Relief”</p> <p>Short program targeted for employees in the workplace. Designed to help people who perceive stressful situations to better cope with this illness or perceived illness.</p>	7:00	General Audience
4761 CC	<p>“Dealing with Stress”</p> <p>Feeling strong and well-rested will not only make your employees happier people - but it will make them better workers too. This award-winning video program highlights the stress-producing scenarios unique to industrial environments.</p>	16:00	General Audience
4762	<p>“Managing Stress on the Job: The Scientific Approach”</p> <p>In this program, Dr. Bunch teaches us how to utilize proven relief methods to help reduce personal and job related stress by building natural defense mechanisms that can ward off its harmful effects.</p>	20:00	General Audience
4763	<p>“Fitness and Wellness”</p> <p>Shows employees how small changes in lifestyles can produce big benefits. While wellness is a gradual process, eliminating negative lifestyle factors can help keep employees healthy.</p>	15:00	General Audience
4764	<p>“Workplace Nutrition: A Recipe For Optimum Health”</p> <p>Our population is now fatter than at anytime in history. About two out of three adults and almost a fourth of our children are either overweight or obese. High fat and sugary fast foods have become the norm while sedentary lifestyles further add to the problem. Obesity, which is directly associated with diabetes, cancer, heart attacks, and strokes, is now second only to smoking as a major cause of preventable death. Consequently, obesity-related illnesses are drastically increasing medical costs for companies around the world. Dr. Bunch will reveal the real reasons underlying the fattening of today’s population and offer a highly effective, no-nonsense approach to eating healthily and losing fat.</p>	12:00	General Audience

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4765	<p>“Working Smart: Reducing Risks of Sprains and Strains”</p> <p>Joint, ligament, muscle and tendon strains, often referred to as soft tissue injuries, are common disorders in the workplace today, especially in the current aging generation. Dr. Bunch, using a valuable on-the-job stretching program, will describe how employees can prevent muscle imbalances and weakening of tissues that can increase their vulnerability to unnecessary sprains, strains and joint injuries through a greater understanding of key ergonomic principles. He will also discuss the effective medical management of employee soft tissue disorders.</p>	12:00	General Audience
500 <i>Avail. in DVD & VHS</i>	<p>“Back Safety: Lift Well, Live Well”</p> <p>Almost everyone has had back pain at one time. Sometimes it hurts a lot. But you're much better off taking care of your back before pain sets in. This video shows how you can "head off back pain" when you use your head and remember to protect your back from injury.</p> <ul style="list-style-type: none"> • Back basics • Warning signs • Positive steps • Proper lifting • Exercise 	15:00	General Audience
501 <i>DVD</i> <i>CC</i>	<p>“Back Injury Prevention Through Exercise” - DVD</p> <p>This program will outline a pro-active approach to back injury prevention. Specifically, a routine of exercise that will build up the strength and endurance of your back. Remember, a strong healthy back is less prone to injury.</p> <p>Topics covered in this video are:</p> <ul style="list-style-type: none"> • Exercises to do before work • Exercises to do at home 	7:00	General Audience
561 <i>CC</i>	<p>“Back At Work”</p> <p>This video reviews proper lifting procedures and helps workers realize how important lifestyle is when it comes to avoiding back injuries. In fact, this program should make a positive impact on every aspect of your employees' performance at work and at home. Emphasize importance of lifestyle, proper lifting procedures, consequences of shortcuts, posture, exercise & physical fitness.</p>	16:00	General Audience
4365	<p>“Stress Management for Supervisors and Employees”</p> <p>This program is designed to explain stress on the job, how to control and manage it. Recognition of stress symptoms, how it interferes with productivity, and how it can become a serious liability if not properly managed are covered.</p>	20:00	Supervisors; Management